# 生命与健康大学英语范文37篇

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*生命与健康大学英语范文 第一篇Money and the Meaning of LifeRecently, a professor of philosophy in the United States has written a book ...*

**生命与健康大学英语范文 第一篇**

Money and the Meaning of Life

Recently, a professor of philosophy in the United States has written a book called Money and the Meanlng of Life. He has discovered that how we deal with money in our day-to-day life has more meaning than we usually think. One of the exercises he asked his students to do is to keep a record of every penny they spend for a the way they spend their money, they can see what they

really value in life.

He says our relation with others often becomes clearly defined when money enters the picture. You might have a wonderful friendship with somebody and you think that you are very good friends. But you will know him only when you ask him to lend you some money. If he does, it brings something to the relationship that seems stronger than ever before. Or it can suddenly weaken the relationship if he doesn‘t. This person may say that he has a certain feeling, but if it is not carried out in the money world, there is something less real about it.

People just have an idea of making more and more money, but what is it for? How much do I need for any given purposes in my life7 In his book, the professor uncovered an important need in modern society: to bring back the idea that money is an instrument rather than the end. Money plays an important role in the material world, but expecting money to give happiness may be missing the meaning of life.

金钱与生命的意义

最近，美国一位哲学教授完成了一本名为《金钱与生命的意义》的书。他发现日常生活中人们如何对待金钱所展示出的意义比我们通常认为的更为深远。他让学生们所做的一项练习就是记录下他们一周来所花费的每一分钱。从花钱方式上，他们可以看到在生活中他们真正珍惜的是什么。

他说，一旦有金钱介入，通常我们与他人之间的关系就变得易于分辨了。也许你和某个人的友谊亲密无间，你觉得你们是相当不错的朋友。但只有当你向他借钱的时候你才会真正了解他。如果他借钱给你，这带给你们的关系一些什么东西使你们的关系也好像比以往任何时候都更为牢固。如果他不借钱给你，这就会突然削弱你们的关系。这个人可能会说他有某种感情，但如果不在金钱的世界加以实施，这种感情中就有些东西不那么真实。

人们只想着要赚越来越多的钱，但赚钱为什么呢?生命中的一个特定目标需要多少钱呢?教授在他的书中揭示了一个现代社会至关重要的需求：找回金钱只是工具而非目的这样一理念。金钱在物质社会中发挥着重要作用，但期望金钱带来快乐也许是对生命意义的误解。

**生命与健康大学英语范文 第二篇**

As the source of life, water is indispensable to human beings. People consume much water in production and daily life. Agriculture and industry account for most of mankind＇s water usage. Without adequate water supplies, human future is threatened.

Nowadays water shortages touch a large percentage of world population. According to one UN study in 1999, nearly one in five people lacks safemclean waterg WaterWelated diseases in some areas are killing people. Population explosion and water pollution make water crisis increasingly urgent. Water related problems are likely to worsen in the foreseeable future.

The situation is really alarming. Therefore, immediate and effective measures must be taken to protect and exploit water resources. Remember, where there is water, there is life. If we could not make proper use of water resources on earth, the last drop of water would be our teardrop.

**生命与健康大学英语范文 第三篇**

Thr is nothing complicatd about ating a propr dit. For good halth, at a varity of foods. Do not at th sam foods day aftr day! Foods should b slctd vryday from ach of ＇basic four.＇ Thy ar th four groups of food ssntial to propr nutrition: th milk group, mat group, vgtabl-fruit group, and brad-cral group, Your body will thn b supplid with all th nutrints it rquirs; thy ar watr, minrals, carbohydrat, fats and oils, protins, and vitamins. A prson＇s dit is dtrmind by his attituds, liks and disliks. If you at foods from ach of th basic four groups ach day, you will hav a balancd dit.

**生命与健康大学英语范文 第四篇**

An American west prospectors in return by the way friends desert, he alone trekking in vast wasteland. Winter arrived, wind clip out into the snow hit him, he had no food, and he had hurt his leg, shoes are. Feet in the blood. He can only to stumble in full cranky swamp, hills, stream of wasteland, very hard on. In his body is very weak, he met a Wolf.

He found the horse with the sick Wolf lies behind him, licking it his blood tailing him. Thus, two dying creatures dragging their dying carcasses across the desolation of ti hunting each other. In order to overcome this return alive, horse made him sick of the sick Wolf, finally in people with the wolves won the battle middleman, he bit the Wolf dead, and drink the blood of the Wolf. Finally he saved, makes life emit dazzling rays of light

**生命与健康大学英语范文 第五篇**

The famous saying “The greatest use of life is to spend it for something that will outlast it” is rather thought-provoking, which tells us the real meaning of life. It is contemporary social issue in China with common interests and permanent value.

In my view, there are good reasons to undertake meaningful things that exert positive and profound influence on society, such as protecting the environment, helping vulnerable groups as well as promoting education. To illustrate, Abraham Lincoln never wavered in his devotion to democracy and equality, whose life has become an inspiration in the United States and throughout the whole world. His life, though limited, definitely lasts longer, and is a life worth living. Likewise, a young person who aspires to be a great writer might decide to buy some literary books or spend weekends writing and refining his works. Without any aspiration, he might simply end up spending all his spare time surfing online or playing Internet games.

In brief, a meaningful life serves to motivate and guide us in our daily lives. It provides us with the focus and direction that enable us to work towards accomplishing a special goal, objective or task.

**生命与健康大学英语范文 第六篇**

Which is more important, wealth or health? Different people have different opinions.

Some people prefer wealth, holding that money can not bring everything, but without it, one can do nothing. In order to accumulate more money they can do anything. However, other people regard health as more important. Once health is lost, it is no use having a lot of money.

As far as I am concerned, I love wealth, but I value health more. Everybody wants to live a happy life. So they try their best to earn money which can ensure they lead a comfortable life, but if happiness and comfort are achieved at the cost of their health, how can they be happy? Without health money becomes meaningless.

In my opinion, no one agrees that a wealthy person without good health can be happy. So, just do our best to keep healthy.

这是更重要的是，财富或健康吗？这是更重要的.是，财富或健康吗？不同的人有不同的观点。

有些人喜欢财富，金钱不能带来一切，但如果没有，一个人可以什么都不做。为了挣更多的钱，他们可以做任何事。然而，其他人认为健康更重要。一旦失去健康，拥有很多钱是没有用的。

就我而言，我爱财富，但我更看重健康。每个人都想过上幸福的生活。所以他们努力挣钱可以确保他们过着舒适的生活，但是如果实现幸福和安慰他们的健康为代价的，他们怎么能快乐？没有健康的钱变得毫无意义。

在我看来，没有一个同意，一个富有的人没有良好的健康状况可以快乐。所以，只是尽力保持健康。

**生命与健康大学英语范文 第七篇**

树给我带来了清晰的空气，让我们的环境也变得美丽，树应该珍惜；水是生命之源，它让我们不再忍受口渴，水应该珍惜；可没有了生命这一切需要我们珍惜的东西都是空的，所以我认为生命更值得我们珍惜。

The tree has brought fresh air to me, so that our environment has become beautiful, tree should cherish; Water is the Source of Life, it let us no longer endure thirst, water should cherish; but no life is all we need to cherish the things that are empty, so I think we should cherish life more.

每个人只有一条生命，我们要好好的珍惜。可不能像一位三十几岁的妇女已有了一个八岁的孩子，可她对自己的生活很不满足，快结束自己的生命，便到农药店去买了一瓶农药，喝了下去。一位八岁大的孩子就永远的失去了妈妈，就这样一件微不足道的小事结束了自己的生命。我为这位妇女而感到惋惜，也为这位孩子而感到伤心。

Everyone has only one life, we should cherish it well. Not like a thirty year old woman had a child of eight years old, but her own life is not satisfied, soon to end his own life, went to the store to buy a bottle of pesticide pesticide, drank. A eight year old child lost her mother forever and ended his life with such a little little thing. I felt sorry for the woman, and I felt sad for the child.

你们一定记得乐观向上的霍金，因为一场病，让霍金要在轮椅上度过他的下半生。他比谁都有权利放弃自己的生命，可他没有，他乐观的精神，克服了种种困难，创造了一个个人间奇迹。

You must remember the optimistic Hocking, because of a disease, let Hocking spend the second half of his life on a wheelchair. He has the right to give up his life, but he has no, his optimistic spirit, overcome all kinds of difficulties, and create a personal miracle.

生命只有一次，是多么的`珍贵，当你失去了生命，无论用什么方法，也无法再从死神手中夺回。让我们对生活多一份勇敢，对生活多一份乐观，我相信你的生活一定会到处充满阳光。

Life is only once, how precious it is. When you lose your life, no matter what method you use, you can no longer take it back from the hands of death. Let us have more courage in life and more optimism about life. I believe that your life will be full of sunshine.

**生命与健康大学英语范文 第八篇**

There are many forms of life on earth: organisms, animals, plants, and human beings. Life is given to man only once. And there are many natural disasters that will destroy life. Since life is short and preeious, everyone wants to enjoy longevity.

The mode of life differes from person to person. A person＇s life may be one of great achievement. He may also lead a quiet life. A career man has a busy life. A self content man has an easy one. Yet everyone is writing his own life story with his actions.

The intelligent and diligent person makes his life full of vigor and vitality. He works and plays with zest. A lazy man＇s life is dull and spiritless. While in life he is lifeless.

As a youth, I choose to live a busy and meaningful life.

地球上有各种各样的生命：有机体、动物、植物与人类。人的生命只有一次。还有许多自然灾害能毁灭生命。由于生命短暂，因而人人都想长寿。

人的生活方式各异。一个人的一生可能成就非凡，也可能平平淡淡。有事业心的人一生忙碌，心满意足的人一生轻松，然而，每一个人都用自己的行动谱写自己生命的故事。

聪明、勤奋的人使自己的生活充满朝气，他热忱地工作和娱乐。懒惰的人一生沉闷，毫无生气，虽生犹死。

作为一个青年，我宁愿过忙碌而有意义的生活。

**生命与健康大学英语范文 第九篇**

我听说过这样一个故事——

有一个青年非常有天赋，他10岁具备初中知识，15岁以全市第五的`成绩考入清华大学，17岁又获得公费硕博连读。一切对于他来说都是那么的容易，显得得心应手。但成功后的他有些骄傲了，没有意识到还有差距。

一天，他听说又一个知识渊博的老人，比自己懂得更多，于是便向他提出挑战。那老人也欣然答应。他们最终决定翌日进行挑战。

第二天，这个青年找到那个老人，发现他已年近80，但精神焕发，鹤发童颜。几句客套话后，挑战开始。他们互相给对方出题。青年绞尽脑汁想出一道题，让那老人回答。只见老人思忖片刻，便有条有理地回答出来，没有丝毫漏洞。轮到老人出题了，随口出了一道题，青年半天也没有想出一点头绪。他不得不佩服老人的才识，但心仍有不甘，于是决定10天后再来拜访。这位老人爽快地答应了，还对他说了一句十分耐人寻味的话：“万物皆有高低。”

在这十天里，那个青年继续每天招待一大堆记者和拜访者，丝毫没有要努力的意思。十天很快就过去了，那个青年又来到老人家，进行第二次挑战。可想而知，结果跟上次一样。这个青年想：我从小天资过人，想不到还不如一个70多岁的老人。他正准备转身离去，老人却将他叫住，并对他说：“小伙子，你天赋很高，后天也受到了良好的教育，但你成功后却丢失了一份最宝贵的财富，那就是差距。其实差距就在你身边，但你没有去发现它，改进它，仍然在夜郎自大，其实人外有人，天外还有天。像你这样不找差距，不知进取，倒不如失败后去发现差距，弥补差距来的更有意义。”

这个青年听后，沉默了片刻，便告辞离去。今后他拒绝了一切记者的来访，潜心修学，长进颇多，也得到了更多的成功与财富。当他再想去找老人感谢当时的教诲之恩时，才听说他早已驾鹤西去了……

是差距让那个青年得到了成功与财富，没有了差距，那个青年就不会更上一层楼；没有了差距，那个青年就失去了一笔宝贵的财富；没有了差距，那个青年就不会做到臻善臻美。是差距带领着我们去奋斗，也是它，带领着我们走上成功的道路。

**生命与健康大学英语范文 第十篇**

Nowadays, the biggest problem in our world is the environment is broken. The environment around us gets worse and worse, and the environment pollution is becoming more and more serious all over the world. Many lakes and rivers are seriously polluted and much water is polluted by factories.

Many trees are cut down, and the animals don’t have home to go. The earth is our home and it is our duty to take care of it for ourselves and our future generations. Good environment can make people feel happy and fit. And the bad environment will bring illness to people. To protect the environment means to improve our life. As a middle school student, we must do our bit towards protecting the environment. It is our duty to do that. But what can we do for our Mother Earth?

In my opinion, I think protecting the environment should from ourselves. We shouldn’t throw the rubbish everywhere. And we should also tell others not to do that. We should put the trash into their own houses—trash bins. Whenever and wherever we see litter on the ground, we should pick it up and throw it into trash bins. Never spit in public. And don’t draw on public walls. As we know, water is the limited resources, and it is very important for human beings, we can’t live without water. But some people don’t care about it, and many cities need water now. So we shouldn’t waste the water.

How to save the water? I have some my own idea. First, we can use some water which we have used again. For example, we can use the water we wash rice to water the flowers. Second, we should turn off the tap when we leave. We should try to protect the water resource. To protect trees, we can go to plan as many trees as we can. We can use cloth bag instead of plastic bag while we are shopping.

And I think we should tell others to protect environment, too. We should stop the people who throw the trash on the ground, and tell them it’s wrong to do this. We can also write to the boss of factories which discharge the pollutant. We can call our friends to plant more flowers and trees together. We should let people realize the seriousness of the environment pollution.

**生命与健康大学英语范文 第十一篇**

那是一个夏天的长得不能再长的下午，在印第安那州的一个湖边。我起先是不经意地坐着看书，忽然发现湖边有几棵树正飘散入湖水里。我当时没有十分注意，只当是偶然风起所带来的。

It was a summer afternoon by a lake in Indiana. At first, I sat reading a Book casually, and suddenly found several trees floating into the lake. I didn\'t pay much attention to it at that time, only because of the occasional wind.

可是，渐渐地，我发现情况简直令人吃惊。好几个小时过去了，那些树仍旧浑然不觉地，在飘送那些小型的云朵，倒好像是一座无限的云库似的。整个下午，整个晚上，漫天都是那种东西。第二天情形完全一样，我感到诧异和震撼。

Gradually, however, I found that the situation was astonishing. After several hours, the trees were still carrying the small clouds unconsciously, as if they were an infinite cloud bank. All afternoon, all night, all over the place. The next day it was exactly the same. I was surprised and shocked.

其实，小学的时候就知道有一类种子是靠风力吹动纤维播送的。但也只是知道一道测验题的答案而已。那几天真的看到了，满心所感到的是一种折服，一种无以名状的敬畏。我几乎是一次遇见生命——虽然是植物的。

In fact, when I was in primary school, I knew that there was a kind of seed that was transmitted by wind blowing fibers. But only know the answer to a test. Those days saw, full of feeling is a kind of surrendering, a kind of nameless awe. I met life almost once - though it was plant.

我感到那云状的种子在我心底强烈地碰撞上什么东西，我不能不被生命豪华的、奢侈的、不计成本的投资所感动。也许在不分昼夜的飘散之余，只有一颗种子足以成树，但造物者乐于做这样惊心动魄的壮举。

I feel that the cloud seeds collide with something in my heart. I can\'t help but be moved by the luxurious, luxurious and cost free investment of life. Maybe there is only one seed enough to make a tree when it is floating around day and night, but the creator is willing to do such a breathtaking feat.

我至今仍然在沉思之际想起那一片柔媚的湖水，不知湖畔那群种子中有哪一颗成了小树，至少，我知道有一颗已经成长。那颗种子曾遇见了一片土地，在一个过客的心之峡谷里，蔚然成阴，教会她怎样敬畏生命。

I still think of the soft Lake in my meditation. I don\'t know which of the seeds by the lake has become a small tree. At least, I know that one has grown. That seed once met a piece of land, in the valley of a passer-by\'s heart, it became Yin and taught her how to fear life.

**生命与健康大学英语范文 第十二篇**

弘一法师在圆寂前，再三叮嘱弟子把他的遗体装龛时，在龛的四个角下各垫上一个碗，碗中装水，以免蚂蚁、虫子爬上遗体后在火化时被无辜烧死。好几次看弘一法师的传记，读到这个细节，总是为弘一法师对于生命深切的怜悯与敬畏之心所深深感动。

Before the death, master Hongyi repeatedly told his disciples to put his body in the niches, and put a bowl under the four corners of the niches, with water in the bowl, so as to prevent ants and insects from climbing on the body and being burned in the cremation. Seeing the biography of master Hongyi several times and reading this detail, master Hongyi is always deeply moved by his deep compassion and awe for life.

法国思想家史怀泽曾在《敬畏生命》一书中写道：他在非洲志愿行医时，有一天黄昏，看到几只河马在河里与他们所乘的船并排而游，突然感悟到了生命的可爱和神圣。于是，“敬畏生命”的思想在他的心中蓦然产生，并且成了他此后努力倡导和不懈追求的事业。

When he volunteered to practice medicine in Africa, one evening, he saw several hippos swimming side by side with their boats in the river, and suddenly realized the loveliness and sanctity of life. Therefore, the thought of \_fearing life\_ suddenly came into being in his mind, and became the cause that he diligently advocated and pursued since then.

其实，也只有我们拥有对于生命的敬畏之心时，世界才会在我们面前呈现出它的无限生机，我们才会时时处处感受到生命的高贵与美丽。地上搬家的小蚂蚁，春天枝头鸣唱的鸟儿，高原雪山脚下奔跑的羚羊，大海中戏水的鲸鱼等等，无不丰富了生命世界的底蕴。我们也会时时处处在体验中获得“鸢飞鱼跃，道无不在”的生命的顿悟与喜悦。

In fact, only when we have the awe of life, the world will show its infinite vitality in front of us, and we will always feel the nobleness and beauty of life. The ants moving on the ground, the birds singing on the branches in spring, the antelopes running at the foot of the snow mountain on the plateau, the whales swimming in the sea and so on all enrich the world of life. We will also get the Epiphany and joy of \_kite flying, fish leaping, and road everywhere\_ in our experience.

但自从人类文明时代诞生的那一天起，人类就再也没有用平等的眼光看待过其他的生命。可是这些生命却实实在在地存在于我们身旁。“万物平等”，是的，人们常常是这么说的，可是人类对那些和他们一样有生命的万物都做了些什么呢？

But since the birth of the era of human civilization, human beings have never looked at other lives with equal eyes. But these lives really exist beside us. \_All things are equal\_, yes, people often say so, but what has man done to all things that have life like them?

我们拿起了斧子、弓箭开始向大自然进攻。最终我们在森林中建起了房子，在篝火上烤起了野味。除了人类，其他生灵都被我们视为低级的生命。我们站起来，走到高山上看着我们的杰作：火光冲天、浓烟滚滚中大片的森林被毁，无数的动物失去了赖以生存的家园，很多生物种群渐渐绝迹……我们忘记了，人类也是自然之子，我们也是在艰难的挣扎中走到了今天。

We picked up axes, bows and arrows and began to attack nature. At last we built a house in the forest and roasted game on the bonfire. Except for human beings, other creatures are regarded as low-level life by us. We stand up and walk up to the mountain to see our masterpiece: the vast forests are destroyed in the fire and smoke, countless animals have lost their homes, and many biological populations are disappearing We forget that human beings are also the children of nature, and we have come to this day in a difficult struggle.

如果有朝一日，地球上那些珍贵的物种被人类消灭净尽时，我们会怎样想？

What would we think if the precious species on earth were wiped out by human beings one day?

因此，每当读到那些关于生命的故事，我的心中总会深切地感受到生命无法承受之重，如撒哈拉沙漠中，母骆驼为了使即将渴死的小骆驼喝到够不着的水潭里的水而纵身跳进了水潭中；老羚羊们为了使小羚羊逃生而一个接着一个跳向悬崖，因而能够使小羚羊在它们即将下坠的刹那以它们为跳板跳到对面的山头上去；一条鳝鱼在油锅中被煎时却始终弓起身体的中间是为了保护腹中的鱼卵；一只母狼望着在猎人的陷阱中死去的小狼而在凄冷的月夜下呜咽嗥叫……其实，不是只有人类才拥有生命神圣的光辉。

Therefore, whenever I read the stories about life, I always felt the unbearable weight of life. For example, in the Sahara desert, the female camel jumped into the pool in order to make the thirsty little camel drink the water in the unreachable pool; the old antelopes jumped to the cliff one by one in order to make the little antelope escape, so they could make the little antelope in them They were used as springboards to jump to the opposite mountain when it was about to fall; an eel was frying in an oil pan, but it always arched its body in the middle to protect the eggs in its belly; a female wolf looked at the dead wolf in the hunter\'s trap and whimpered and howled in the cold moonlight night In fact, it\'s not only human beings that have the pine brilliance of life.

有时候，我们敬畏生命，也是为了更爱人类自己，丰子恺曾劝告小孩子不要肆意用脚踩蚂蚁，不要肆意用火或用水去残害蚂蚁。他认为自己那样做不仅仅出于怜悯之心，更是怕小孩子的那一点点残忍以后扩大开来，以至于驾着飞机装着炸弹去轰炸无辜的平民。

Sometimes, we fear life in order to love ourselves more. Feng Zikai once advised children not to trample on ants with their feet, or use fire or water to kill ants. He thought that he did it not only out of pity, but also because he was afraid that the little cruelty of children would be expanded, so that he would fly planes and bomb innocent civilians.

确实，我们敬畏地球上的一切生命，不仅仅是因为人类有怜悯之心，更因为它们的命运就是人类的命运：当它们被杀害殆尽时，人类就像最后的一块多米诺骨牌，接着倒下的也便是自己了。

Indeed, we revere all life on earth, not only because of human compassion, but also because their destiny is human destiny: when they are killed, human beings are like the last domino, and then they fall.

**生命与健康大学英语范文 第十三篇**

寒鸦老师你好我是初三的学生，请你按中考标准给我指导。

这是我自找的中考题目，也是财富。

昏暗的灯光下，我艰难的进行着复习，睡眼朦胧的我眼皮渐渐不听使唤的打起架来。偶一瞥，便看见挂在墙上经过装裱的蒙娜丽杀像。

灯光下，暖和的黄色灯光照在蒙娜丽莎的脸上，面带微笑的她，默默的注视着我，亲切的眼神中母爱般看着我，如同一位母亲看着刚出生孩子在学走路，眼中充满慈爱而更多是充满慈爱的目光。

看着蒙那丽莎的画像，竟不觉的想起了母亲。初三了，可能对于初一是遥遥无期，而初2则是隔岸观火，深入初三的我，面对种种的不是应感到莫大的压力。

一次母亲听了我怨天尤人的诉说后，没有说什末，只是第2天送了我一幅蒙娜丽莎的画像，并对我说，这幅画我想会对你有帮助的，困难的时候看一眼这幅画吧，心情会好起来的。并拍拍的\'我肩膀。

我默默接过画挂了在墙上，每当我遇到困难的时候自暴自弃，准备偷懒时，便会感到注视的目光，抬头看一眼那蒙娜丽莎，仿佛看见他在说；”加油，我永远支持你，精神为之一镇的我重新投入学习之中。

沙沙的声把我拉回现实，门开了，母亲轻轻的送来了一杯热牛奶，并对我说，尽力而为，别累着身体。我点了点头。

生活中不如意十之八九，每当我遇到困难时，便想起了蒙娜丽莎，哪个在一旁默默注视你的人，她是我永远的财富。

**生命与健康大学英语范文 第十四篇**

Sports in our school with the development of sunshine sports \_concept\_, our school has undergone great changes, the school follows the concept of one hour of sports time every day, that is to say, healthy life in all life, regular training to keep healthy, since the concept into our school, all kinds of sports have become popular, changed the health of students and learning, it has also changed our school Life our life becomes more colorful, our spirit becomes better, our body is more healthy.

中文翻译：

体育在我们学校随着阳光体育“理念”的发展，我们学校发生了很大的变化，学校遵循每天体育时间为一小时的理念，也就是说，健康生活在所有的生命中，定期训练保持健康自从理念走进我们学校各种运动变得流行改变了学生的健康和学习它也改变了我们的学校生活我们的生活变得更加多彩精神变得更好我们的身体更加健康。

**生命与健康大学英语范文 第十五篇**

As technology become more and more advance basically the use of internet become more and more popular for modern generation. There are many advantages and disadvantages of the access to internet. Some of the advantages are; people can now shop online 24 hours a day 7 days a week, able to access the latest updates, able to chat with friends and family online without the need of a phone, you could share your photos with your friends online, best of all internet is globally wide. Even though the intent brings a lot of advantage to our daily life style there are also disadvantages from the use of internet, there are hackers which may get access to your personal information . credit details, virus that would damage your com\*r. Even though internet has disadvantages but it hasn’t affect people from using the internet because there are many special programs that protect us from hackers and virus.

**生命与健康大学英语范文 第十六篇**

In recent years, the news about saving others\' lives at the cost of one\'s own are frequently reported. Some people praise the people who save others, becuase it\'s traditional virtue in China to help those who are in need. However, some other people argue that it\'s not worth to save others lives at the cost of one\'s own and it should not be encouraged.

As far as I am concerned, the spirit of self-sacrifice is worthy for us to learn, but we should find amore appropriate way to avoid accident as well.

First, every life is precious and respected. Whenever somebody is in danger, we will certainly give them a hand to rescue the lifeif we could. It\'s our nature. However, it\'s unwise to take action without any considerations. For instance,somebody is drowning, if you are good at swimming, you could jump into the water to save the life; but if you can\'t swim, the best way for you is not jump into the water but shout loudly and ask others for help.

Secondly, some extra accidents can be avoided if we think carefully. There are too many stories about young and promising people sacrifice their own lives to save other but lost their own lives. It\'s quite debated about these cases. They all have their persuasive reasons and it\'s difficult for us to tell right or wrong between them.

In conclusion, we should study the noble spirit and action of those who sacrifice themselves to save lives. However, we should also try our best to find the best way to rescue others at the lowest cost. Anyway, all lives are precious, unique and respected and we don\'t want to see anybody lose their lives.

**生命与健康大学英语范文 第十七篇**

Health and vitality Caesar should first of all maintain physical and mental health. First, we should eat three healthy meals a day. We should eat enough vegetables and fruits every day and drink enough water.

Second, we should have enough fresh air, so we should go out and do enough sports every day. We should have enough sleep, because if we don\'t sleep well, we won\'t concentrate. We should develop good habits, wash hands in time, keep our body clean, wash our teeth at least twice a day, and don\'t smoke, because it is not only harmful to our health, but also costs a lot of money.

Don\'t forget to laugh every day.

中文翻译：

健康与活力凯撒首先要保持身心健康首先，我们应该每天吃三顿健康的膳食我们应该每天吃足够的蔬菜和水果喝足够的水第二，我们应该有足够的新鲜空气，这样我们就应该每天出去做足够的运动。我们应该有足够的睡眠，因为如果我们睡不好，我们就不会集中精力，我们应该养成良好的习惯，及时洗手，保持身体清洁，每天至少洗两次牙不要抽烟，因为这不仅对我们的健康有害，而且浪费了很多钱别忘了每天都笑。

**生命与健康大学英语范文 第十八篇**

我的财富不是万贯的家财，不是坎坷的经历，不是出众的文采；我的财富只是一个温暖的家，一张幸福的笑脸，一份简单的爱。这份爱温暖了我，拭去了我的眼泪，让我真正感悟到了亲情的真谛。

每次晚自习结束后，我总能在校门口看到一个熟悉的身影，那是爸爸，他是来接我回家的。走在回家的路上，耳边只听见“呼呼”的风声，时不时还伴有芦苇摇曳的声音，此情此景，和恐怖小说里描绘的差不多，只是少了几声尖叫。我害怕极了，但是一想起爸爸在身边陪着我，悬着的心又很快地放了下去。一路上，爸爸的话不多，但我已感到了温暖。

生活中，爸爸总是在我身边，默默地替我遮风挡雨、驱散黑暗，用独特的方式关心我。他的爱是我的财富。

每次和同学吵架后，我都会把自己关在房里，独自哭泣。妈妈总会在我最脆弱的时候出现，用她那粗糙的\'手拭干我的眼泪，然后把我搂在怀里，听我诉说心中的不快，帮我分析什么地方做得不对，告诉我应该怎样与同学相处。我是一个容易受伤的女孩，妈妈就像一位擅长包扎的护士，一个富有经验的心理医生，她总是想尽一切办法帮助我，让我少走弯路，阳光健康地成长。

妈妈的爱是我的财富。

爸爸的爱似明亮的火焰照耀着我，妈妈的爱似清澈的泉水环绕着我。这份爱流淌在我的血液里，充满了我的细胞，并且化作一种财富，永远装在我的心中。

以health and wealth健康与财富为题英语作文（扩展2）

——以health and wealth健康与财富为题英语作文3篇

**生命与健康大学英语范文 第十九篇**

财富指什么？从字面上看，财指钱财，富指富有，财富是指许多钱财。其实，财富的`概念早已不局限于钱财上了。对于学生来说，知识就是财富;对于工人来说，效率就是财富;对于农民来说，丰收就是财富;对于老人来说，光阴就是财富。对于不同的人，对财富有不同的定义。它不仅是钱财，也是人们生命中不可或缺的事物与感受。

而有些人只把财富当作物质上的享受，他们不惜用尽各种手段拼命挣钱，有钱后再去各种地方享受。对于这些享乐主义者们，我们可以说他们得到了一些财富，也可以说他们失去了不少财富。他们失去了内心的虔诚，失去了中华民族的优良传统，失去了真正的快乐。而这些失去的财富比他们得到的要多多了。

有些人因为破产、失业等原因自杀，这是最不知道珍惜财富的人了。生命与健康是人们最为宝贵的财富，一切的事情，都要在生命的基础上女工完成。当白发的老人回顾整个世界时，当危重的病人在留恋地望着周围的事物时，当牺牲的烈士还未完成自己的事业时，我们有什么理由不珍惜自己的生命！我们每个人都有着许多令别人羡慕的财富，我们却又因为这样那样的原因不珍惜甚至丢弃自己的财富，这实在说不过去。

总之，财富是一个相对的概念，对于不同的人有着不同的含义，我们应珍惜、保护好自己的财富，用它们来创造生活，让自己的人生多姿多彩。

**生命与健康大学英语范文 第二十篇**

每个家庭都会有一件十分珍贵的宝贝，我家也不例外，但我家的宝贝有点奇怪，因为它一点也不稀奇。但在我们的眼里它就是我们家最珍贵的财富。

其实，我家的财富就是一个小椅子，可别看只是一个小椅子，但它可有一个大来历。

说起这把小椅子，我其实也不太清楚，我也是听妈妈讲的，记得妈妈这样说：在妈妈小时候，家里很穷很穷，家里能有一个家具就算是有钱人家了，更别说是实木的。但在妈妈七岁时，我的姥爷也就是我妈妈的爸爸从外面捡回来一把实木的小椅子，弄干净后跟新的一样，而且十分漂亮，在椅子的上方还有一个十分巧妙的机关，打开机关就可以拉出一个小把手，把椅子提起来，这把椅子虽然是实木的，但一点也不沉。妈妈常常提着椅子到处玩，可以说妈妈的童年就是和这把小椅子度过的，妈妈长大后，直到有了我，这把小椅子还在家里，并且一点也没有损坏，还是完好无损，十分漂亮。

现在，我也喜欢提着小椅子到处玩，妈妈常说，我和她小时候一模一样，每次听到妈妈这样说，我总会不好意思地笑。

这把小椅子就是我家的财富，我一定会好好使用这把椅子，直到将来我也有了孩子，我也要让他同我和妈妈一样喜欢这把椅子，爱惜这把椅子，让椅子成为我们家永久的财富。

**生命与健康大学英语范文 第二十一篇**

Online shopping is becoming more and more popular for a number of reasons: prices are often lower online, we don\'t have to queue up in busy shops and we can buy almost any products imaginable with just a few clicks of our mouse. All these above are advantages of shoppiing on line, there are still some disadvantages of it, like some clothes we can\'t try them on, we don\'t know exactly about the size and color, so we can\'t choose them correctly. Also, there are fake and low qulity goods on line, so we can\'t avoid some time.

In the past, a lot of people were reluctant to shop online. Many were worried about the security of entering their card details on the internet and the reliability of the internet, but as shopping online has become more widespread, these worries have begun to disappear.

以health and wealth健康与财富为题英语作文（扩展7）

——财富与健康的英语作文3篇

**生命与健康大学英语范文 第二十二篇**

有人说，金钱是财富。有人说，爱心是一种财富，也有人说，宝藏是一种财富，我觉得挫折也是一种财富。

有人认为，挫折是人类前进的绊脚石，有人认为挫折就像是惊涛骇浪，将快速行驶的船冲毁，也有人说：“挫折是讨人厌的他可能会令人失去信心，停滞不前。”但我认为，有过挫折，才会让我们的意志更加坚定，有过挫折，才会让人想要变得强大 有挫折，才会令人进步。

古今中外，有多少人没有经历挫折，就能干出大事业，刘芳百世，令众人佩服。多少人因经历过挫折使一直变得更加坚定，理想也跟加确定。

例如被人们称为音乐巨人贝多芬，作为音乐家最害怕的失鸣降临到他身上时，他没有沮丧得从此放弃了音乐，，每天都在不停地练习，最后谱成了家喻户晓的绝曲——命运交响曲。这曲子表达出他对音乐的满腔热血，深深震撼到人们的心中，令每个听到这曲子的人都久久无法忘怀，永远记得这位没人。

还有西汉时期的司马迁，在为李陵求情后 汉武帝怒发冲天，将他打入地牢，在大臣们的求情后，给予司马迁两个选择 一是死刑，二是宫刑，无论是哪一个对他来说都很残酷，他在牢里层想过要寻短路，那时他想到了孔子受到的屈辱以及傲人的成就顿时感到全身拥有力量，毅然选择了第二个，继续完成·《史记》，《史记》是他一生的心血，亦是他艰苦劳动，并忍受了肉体上和精神上的痛苦和折磨，拿整个生命写成的永远闪耀着光辉的巨作。可谓是“史家之绝唱，无韵之离骚”

挫折是对勇气的最大考验，就是一个人能否做到败而不馁。失败，挫折可以锻炼我们，是我们更加坚强，所以 挫折也是一样财富！

**生命与健康大学英语范文 第二十三篇**

树，一年四季，从出生到死去都为人们默默地无私地奉献着。可人们却没有学会去做一些感谢它们的事，却认为它们的服务是理所应当的。

Trees, year round, from birth to death, are silently and selflessly dedicated to people. But people didn\'t learn to do something to thank them, but they thought their service was right.

春天，树上开满了花儿，浓郁的花香弥漫着整个世界，我们仿佛沉醉在花的海洋。夏天，那葱郁的绿色好似一阵阵凉风，吹散了我们心头的燥热，还可以让我们在一顶顶的“绿色大伞”下乘凉，看着太阳一寸寸地落下，数着星星一颗颗地闪现……秋天，它又结出了又大又美味的果实……

In spring, the trees are full of flowers. The strong fragrance of flowers pervades the whole world. We seem to be immersed in the sea of flowers. In summer, the lush green is like a gust of cool wind, which blows away the hot and dry heat in our hearts. It can also let us enjoy the cool under a top \_green umbrella\_, watching the sun fall inch by inch, counting the twinkling stars In autumn, it produces large and delicious fruits.

一年四季，大树一刻也停不下来，每天吸入人们不需要的二氧化碳，吐出我们必需的氧气。清新空气，美化环境，真是绿色环保卫士。等到它活到一定的年岁，它还会把自己的身躯奉献给人们，让我们盖房子；把根部给艺术家，雕刻出精美的根雕作品。

All year round, the trees can\'t stop for a moment. Every day, they breathe in the carbon dioxide that people don\'t need and spit out the oxygen we need. Clean air, beautify the environment, it\'s really a green guard. When it lives to a certain age, it will dedicate its body to people, let us build houses; give roots to artists, and carve exquisite root carving works.

树是伟大的。这个社会就是因为有了像大树这样的人和物，才会变得如此美好。我们应该珍惜大树那无私奉献的品质，像大树那样生活、学习，珍惜生命，让自己的每一天都过得充实而有意义。以后，以自己优秀。

Trees are great. This society will become so beautiful because of people and things like trees. We should cherish the selfless dedication of Dashu, live, study and cherish life like Dashu, so that we can live a full and meaningful life every day. In the future, with their own excellent.

生命的意义06-13

生命的意义06-15

生命的意义05-20

生命的意义03-13

生命的意义11-22

**生命与健康大学英语范文 第二十四篇**

On Saturday morning, I just get up, father commanded, online for him to buy a haier washing machine com\*r board.

Too good I think, I can also shopping on the Internet, I turned on the com\*r first, connect to the Internet, watching dad with, I\'ll open the \_ali wangwang,\_ and then search the haier com\*r board models. A: wow! A lot of com\*r version! See me dazzling, I one by one with the old com\*r version to check, I carefully looked at each socket on a com\*r and whether or not the top of the old, in the end I found 8 PC board, I look at the price you nine more than a dozen, some one hundred, some eight dozen, I chose a nine more than a dozen to dad, dad said: \_just take this one, I call father with somebody else to talk about the price, I order something like the rain, after opening and QQ chat as above, dad on fast typing, the other is talking about the price. Dad said:\_ eighty yuan ok selling does not get the man said, dad said to you again, at least how many yuan? Said the man, 88, 88 yuan said dad, later will buy you things well, the man put the price change to 85, I click the buy now and then call father enter alipay password soon showed successful purchase above can the father asked the man what time the arrival of the goods, the other said: \_on Sunday afternoon to shentong express delivery, I will come in the afternoon delivery.

I almost can\'t wait at home, finally arrived a bit more on Sunday afternoon, shentong express telephoned to say that the goods arrived, my father and I drove to across the campus shentong express delivery, the man asked my father\'s name, it is found, and then turned over dad signed my name, you can take away the I opened the package inside com\*r board intact, returned home on my com\*r, according to confirm the delivery of the transaction is successful, I will evaluate each other\'s attitude, I also know how to shopping on the Internet, listen to father say something online is cheaper.

**生命与健康大学英语范文 第二十五篇**

不同于西方色彩绚丽的油画，\*画透出的是一种清丽自然的韵味。对于初学作画的我来说，摹好一幅画可是一件难事。这幅作品有个简单的名字：《莲》。想不到淡雅高洁的莲花竟需要摹出如此繁琐的线条来，我东画一道，西扫几笔，心不在焉之间便在纸上留下了墨的污点。使莲花“出淤泥而不染”，我是做不到了。

“学须静边”，我们做任何事情都需要一份专注，一腔真情。就好比摹一幅画，它集墨彩于一身。画分三类，花鸟是古人对自然的领悟；山水是一种寄情于物，淡泊名利精神的传承；人物是古人价值观的变化。传统文化的流传需要专注与真情。世间万物亦是如此。

坐在考场上，带着那份永不消逝的财富，我专注的思索落笔。这种精神上的动力将永远使我受益。摒弃一切杂念，专注于眼下的事才是一种不可泯灭的财富。

愿你也能收获财富，始终如一！

再忆那朵凝聚我专注与精力的莲……

以health and wealth健康与财富为题英语作文（扩展6）

——以online shopping为题的英语作文10篇

**生命与健康大学英语范文 第二十六篇**

With the help of the Internet，shopping is not a difficult job. Just click your mouse to choose the article you like，and the shopping is finished. You needn\'t step out of the room。

It seems easy and quick. But there\'s always a trap(陷阱)online. If you are careless，it will bring you some trouble. You may find the color of the article is different from what you want，or the size is either too small or too big. If you want to be different，you\'d better not buy clothes online. Once you put on the clothes you bought online and go out，you will find many people wear the same clothes in the street。

So you must be careful，because everything has two sides。

**生命与健康大学英语范文 第二十七篇**

People hold various opinions on the purpose of life. Some think that they live for money, some for fame, some for fun. As to my opinion, I live for experiences, for experiences enable me to understand the true meaning of life.

The first reason of my belief is that money and fame are not adequate for leading a happy life. l see that many peop

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