# 高中英语 TheHumanities-人文科学作文素材

来源：网络 作者：紫云飞舞 更新时间：2024-08-30

*第一篇：高中英语 TheHumanities-人文科学作文素材The Humanities-人文科学 Since I was an elementary school student, I have been doing a great ...*

**第一篇：高中英语 TheHumanities-人文科学作文素材**

The Humanities-人文科学 Since I was an elementary school student, I have been doing a great deal of reading and writing.I like philosophy, politics, and science as well as fairy tales.I study history carefully, especially the history about our own people and country.It is always enjoyable to sit on the grass in an open sir place reading my books.It is quite natural and clear to me that my major in college will be one of the humanities.I imagine that a career in teaching humanities will be challenging and attractive.One day when I hold conversations with young students in classroom or any place, we will discuss a philosophy of life, ways of thinking, the idea of democracy, ideas of right and wrong, and ideas of beauty.

**第二篇：高中英语作文素材**

The Importance of Enough Sleep 来源：2024年期中考试

话题：生活

创建者：山东省淄博第五中学徐晓东

有范文 要求：

随着人们越来越认识到睡眠的重要性，3月21日被定为世界睡眠日。请你以睡眠的重要性为内容写一篇文章，介绍睡眠不足对高中生的危害并提出建议，投稿给校报。100词左右

范文：

Recently I have found many of my classmates feel sleepy and tired during class．It’s obvious that they stay up too late studying or doing something else at night．

Lack of sleep does great harm to us students．For one thing，we can’t concentrate in class if we don’t get enough sleep．As a result，our studies will be affected．For another，it may lead to problems like overweight(obesity)and heart trouble．Moreover，we may get angry and impatient easily due to lack of sleep.Therefore，getting enough sleep is extremely important．To do so，it is a good sleeping habit that we need to form．Go to bed early and get up early．Then we should promote our efficiency to study．

How to deal with rejection 要求：

请阅读下面短文，并按照要求用英语写一篇150词左右的文章。

Big or small, rejection affects us all.Harry Potter was rejected.So was The Twilight Saga.If authors J.K.Rowling and

Stephenie Meyer hadn‗t kept trying with publisher after publisher, we‗d all have missed out on some great adventures.Rejection doesn\'t have to be about the big thing like not getting into your top college, not making the team, or not getting asked to the prom(舞会).Everyday situations can lead to the feeling of rejection, too, like if your joke doesn\'t get a laugh, if no one remembers to save you a seat at the lunch table, or if the person you really like talks to everyone but you.Feeling rejected is the opposite of feeling accepted.But being rejected(and we will all be at times)doesn‗t mean someone

isn‗t liked, valued, or important.It just means that one time, in one situation, with one person, things didn‗t work out.Rejection hurts.But it‗s impossible to avoid it altogether.In fact, you don‗t want to— people who become too afraid of rejection might hold back from going after something they want.Sure, they avoid rejection, but they‗re also 100% guaranteed to miss out on what they want but won‗t try for.【写作内容】

以约30个词概括上文的主要内容。

以约120个词就―How to deal with rejection‖这一话题发表你的看法，内容包括：

(1)讲述一次你被拒绝的经历；(2)你当时的感受；(3)你认为应该如何正确面对拒绝。

【写作要求】

作文中可以使用亲身经历或虚构的故事，也可以参照阅读材料的内容，但不得直接引用原文中的句子。【评分标准】

概括准确，语言规范，内容合适，语篇连贯。

范文：

Everyone has experiences of being rejected.Although rejection makes us feel hurt, we can never avoid it, or we‗ll certainly miss out on things we want.Three years ago, I competed with my classmates for an important role in an English show to be held in my school.I was so eager to participate in it that I practiced hard in my spare time.However, I was turned down in the last round.I felt really disappointed and deeply hurt because my friends made it but I failed.Personally, if we can deal with rejection well, it will have a minimal effect on us.First, we should have a positive attitude toward rejection;that is to say, we ought to acknowledge it and keep reminding ourselves that rejection is always a possibility.Second, we can tell our family or friends what happened and how we feel about it or even cry if we want to — it‗s a natural way to release our emotions.Last but not least, we should consider rejection as an opportunity for self-improvement and try our best to get accepted next time.What I Want to Speak out Most 来源：20102011浙江苍南中学高二上学期期中英语试卷

话题：成长

创建者：苍南中学批改网

有范文 要求：

最近你校对高二学生进行了一次问卷调查，调查内容和学生的反馈情况见下表。请你以“What I want to speak out most”为题写一篇英语短文，向《21世纪报》报刊投稿。对校长 对老师 对家长

1.创造良好校园环境 1.增加自主思考时间 1.„„

2.让大家劳逸结合 2.笑脸是阳光，上课时不要太严肃 2.„„ 3.多倾听学生心声

注意：

1、短文应包括上述要点，可适当增加细节，以使行文连贯。

2、词数100词左右，题目和开头已给出，不计入总词数。

3、用黑色水笔书写，否则不给分。

What I want to speak out most As a senior two student, I have many things in mind to speak out.Firstly, to the headmaster, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

范文：

What I want to speak out most As a senior two student, I have many things in mind to speak out.Firstly, to the headmaster, I\'d like to suggest creating a better environment for us to live and study in.As you know, we devote all the time to our lessons, so we\'d like more time to relax.For us, relaxation is equally important.Besides, we hope to have more communication with you so that you can hear more about our opinions.Secondly, to the teachers, we hope you can give us more free time to think for ourselves and smile more in class, because smile is sunshine.Finally, to our parents, we expect you to have a better understanding of us.Meanwhile, to be independent, we need more space of our own.(108 words)Treasure Our Lives 来源：2024-2024学年黑龙江省鹤岗一中高二上学期期中英语试卷

话题：其他

创建者：鹤岗一中批改网

有范文 要求：

近年来酒后驾车致死案件接连发生，引发了社会高度关注。请你根据以下内容，以“Treasure Our Lives”为题在你的个人博客上发文，奉劝司机朋友珍爱生命，切莫酒后驾车。案 例 2024年10月29日，河南一警察酒后驾车发生事故，导致5死3伤 呼 吁 关爱生命，社会和家人；拒绝酒后驾车；自我防范 措 施 提出至少两项措施。

参考词汇：pedestrian n.行人

consequence

n.结果 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

范文：

Treasure Our Lives

With the number of private cars increasing rapidly, traffic accidents due to drunk driving occur frequently, leading to tragic consequences.On October 29, 2024, drunk driving in Henan resulted in five deaths and three injuries.These accidents not only cost the lives of many people but also ruined the life of many others.Harmonious society calls on people to treasure their lives as well as that of their family.Drivers must obey the laws and traffic rules, and say “no” to drunk driving.At the same time, severe punishment should be carried out without mercy, and the sale of alcohol should be limited in restaurants.For the sake of safety, pedestrians are never too careful while crossing streets and never run red lights.Only when everybody obeys traffic rules, can we enjoy a happier life.Chinese Young People\'s Life Goals Today 来源：辽宁省辽宁师大附中高二2024-2024学年上学期期中考试英语试卷

话题：目标

创建者：批改网

有范文 要求：

最近的一项调查表明如今的中国青年的人生目标比过去要显得多元化。这种选择的变化表明社会在进步，人们的生活目标较以前更为实际。比例 目标 手段

53.5% 挣钱给自己买一房一车 71.9%的人说将努力拼搏以实现人生的目标 44% 提高生活质量 43.7% 成为富人

23.9% 找一份好工作

【参考词汇】

多元化(的)：persified

调查对象：respondent 【写作要求】 1.以上述信息为材料写一段短文。可以根据实际适当发挥； 2.中心突出，语意连贯，层次清晰．书写规范； 3.不少于100字，4.标题不计入字数。

范文：

Chinese Young People\'s Life Goals Today

A recent survey shows that in today\'s society, Chinese young people\'s life goals have become more persified than before.When young people are asked what they will struggle for, more than half of the respondents choose to earn enough money to buy a house and a car for themselves.In addition to this practical goal, some people, about 44%, pick up their life goal as improving their life quality or to be a rich person while 23.9% of the respondents are simply satisfied to have a good job.As for how to achieve their life goals, most of them prefer struggling to realize their dreams.The survey shows that the society is making progress and people\'s life goals have become more practical.减轻青少年压力 要求：

目前许多中学生承受着很大的心理压力。而青少年压力过大会对身心健康不利。请根据下面表格的内容，从压力产生的原因、利弊方面，并结合自己的实际，谈谈如何减轻压力。压力产生的原因 来自生活中很多琐事，如：有太多事要做、别人的评价、与朋友不和等。学习负担过重；考试结果不理想。父母、老师的期望过高。

压力的益处 适度的压力可以激发人的潜力，去主动抓住机会，完成具有挑战性的工作。压力的危害 太大的压力会有损身心健康，长期处于压力之中会导致头痛、失眠、高血压、心脏病等疾病。

减轻压力的方法(你的观点，不少于两点。)

注意：1.对所给要点，逐一陈述，适当发挥，不要简单翻译； 2.词数150左右。开头已经写好，不计入总词数。提示：负担burden n.;潜力 potential n.;失眠 insomnia n； 评价 comment n.;期望 expectation n.;激发 inspire v.Stress is an unavoidable part in our normal life.范文：

Stress is an unavoidable part in our normal life.It may result from the small things, such as having too many things to do in a limited time, others\' comment, and being unable to get along with friends.Besides, the great burden of study, failure in exams as well as parents and teachers\' expectations also leave us under great pressure.On one hand, stress can inspire our potential so that we can grasp the opportunity to finish the challenging work.On the other hand, too much stress can affect our physical and mental well-being.If the stress lasts a long time, it may cause headaches, insomnia, high blood pressure, and even heart disease.It also keeps us in depression.When stress does occur, it\'s important to recognize and deal with it.A large number of physical activities can reduce anxiety.Sharing our stress with others can be of great help.Making time for fun, for example, listening to music may be good medicine.Sometimes even crying is an efficient way to release stress.Loving Our School, Protecting Our Environment 来源：湖南省怀化五中2024-2024学年高二上学期期中补考英语试题

话题：校园

创建者：湖南省怀化五中批改网

有范文 要求：

你所在的班级将要举办一次主题为“热爱校园；保护环境”的英语演讲比赛。请写一篇英语演讲稿，要求从以下三个方面进行阐述，并举例加以说明。

词数：100左右

参考词汇：校园 campus

设施facilities

Hello, everyone.It‘s nice to speak about ―loving our school, protecting our environment‖, and I think each of us can do something.范文：

Hello, everyone.It‘s nice to speak about ―loving our school, protecting our environment‖, and I think each of us can do something.The first thing we can do is to make our campus more beautiful.Every one of us may plant a tree in the school, or organize a thorough cleaning on the campus.We can also form a good habit of putting the rubbish in the trash can.The second thing we can do is to protect the facilities in our school.When we leave the classroom, we should never forget to turn off the light or close the door.We should not leave the tap water running or waste any materials in the laboratory room.If everyone does one thing for our school, I believe we will turn our school into a better place to study and live in.Thank you for listening!

Self–Discipline 来源：2024-2024学年广东省龙川一中高二下学期期中考试英语试题

话题：目标

创建者：广东省龙川一中批改网

有范文 要求：

请根据以下任务说明和写作要求,写一篇幅150词左右的英文短文。

Self–Discipline(自律)

An elderly carpenter(木匠)was ready to retire.He told his employer his plans to leave the house building business and live a more leisurely(悠闲的)life with his wife.The employer was sorry to see his good worker go and asked if he could build just one more house as a personal favor.The carpenter said yes, but in time it was easy to see that his heart was not in his work.He built the house carelessly and used inferior(较差的)materials.It was an unfortunate way to end his career(职业).When the carpenter finished his work and the employer came to inspect(视察)the house and handed the front-door key to the carpenter.“This is your house,” he said, “my gift to you.” What a shock!What a shame!If he had only known he was building his own house, he would have done it all so differently.Now he had to live in the home he had built none too well.So it is with us.Think of yourself as the carpenter.Build wisely.It is the only life you will ever build.Your life tomorrow will be the result of your attitudes and the choices you make today.以约30个词概括本文的故事； 2.以约120个词写一篇短文，包括如下要点:(1)你读短文后的感想；(2)叙述你的一次真实或虚构的对某一件事高度自律或负责的经历；(3)那次高度自律或负责的经历对你的影响。注意：1.文中可使用自己的亲身经历或虚构的故事，可也以参照阅读材料的内容,但不得直接引用原文中的句子。2.信中不能出现真实姓名和学校名称。写作要求：概括准确，语言规范，内容合适，篇章连贯。

范文：

When a carpenter was building the last house before retiring, he was absent-minded and did not take it seriously.But finally his employer gave the house to him, which made him regretful.I firmly believe that self-discipline matters a lot for success.As the saying goes, the first and best victory is to conquer the self.Life is a continuous process of fighting and one can not achieve success without self-discipline.I once took part in a summer camp.At the end of the camp, everyone was so tired that they left the camp with lots of rubbish.However, I stayed behind to help the trainers clean the rubbish.To my great surprise, I was told that cleaning the rubbish was the last test of the camp, so I was the only one who was announced qualified.The experience makes a big difference to my studies and life.I think self-discipline is an important factor in my learning English well.Therefore, do not let a lack of self-discipline be an obstacle to your success.改变思维

来源：2024-2024学年湖北长阳县第一高级中学高二上期中英语试卷

话题：生活

创建者：湖北长阳县第一高级中学批改网

有范文 要求：

请根据以下提示，结合事例，写一篇英语短文。

If your life feels like it is lacking the power you want and the motivation you need, sometimes all you have to do is change your point of view.注意：

无须写标题，不得照抄英语提示语；

除诗歌外，文体不限；

文中不得透露个人姓名和学校名称 词数120词左右。

范文：

Life is never what you have expected.Some day you might be stuck in a dilemma where you lack the power you want and the motivation you need, in which case it is high time you should shift your point of view.Take myself for example, there was a time when I moved into another school.Not fitting in with the new environment, I didn\'t dare to talk with the others, let alone get on well with them.However one of my classmates came to my aid, inviting me to join their study club.Not until then did I realize I could have adapted to the new surroundings if I had changed my point of view earlier.Without properly shifting your views, the flowers of success won\'t blossom.So change your point of view right now!

读书的好处

来源：2024年期中考试

话题：学习

创建者：山东省德州市第二中学王秀芹

无范文 要求： 假设你是高二学生李华，你们学校的英语校报征集有关读书的好处的英文稿件。请根据以下提示英语写一篇短文。要求：词数 100左右

1.世人都说金银好，而我认为读书才是无价宝。2.读书使人充实、完美，知识使社会进步。3.要坚持活动老，学到老。

中学生课堂注意力

来源：2024-2024学年江西省南昌二中高二下学期期中考试英语试卷

话题：校园

创建者：批改网

有范文 要求：

最近你校就“中学生课堂注意力”在学生中进行了调查，下面的表格为你校的调查结果(表中数据为学生人数百分比)。请你向某英文报纸投稿，根据所提供的信息介绍调查结果并根据提示给出改善建议。

注意：字数：150左右；其它建议至少两点；首句已给，不计入总词数。注意力集中情况 能够集中注意力:40% 不能够集中注意力:60% 注意力不能集中的原因 课堂干扰:30% 睡眠不足与疲劳:70% 改善注意力的建议 教室：通风明亮 课堂：积极参与课堂活动 课间：适量活动及适当休息 其它建议？(至少两点)

Our school has made a survey about how long middle school students can fix their attention in class during each period.\_\_\_\_\_\_\_\_\_\_\_\_\_

范文：

Our school has made a survey about how long middle school students can fix their attention in class during each period.The result shows that only 40% of the students can draw their attention to their class, while the rest of them can not concentrate on the lesson.30% of the students think the problem is caused by all kinds of noises in the classroom;the other part of students consider lack of sleep and tiredness as the major causes.Therefore, we advise that the classroom be bright and the air inside stay fresh.As for students, they should try their best to be active in class in order not to be disturbed by others.During the breaks, they can take some exercise or have a little rest in the classroom.Also, it is necessary to balance their diet.Talking to the classmates may also help them relax.Keep in mind that all work and no play make you achieve less in your studies.良好饮食习惯

来源：2024-2024学年河北省石家庄市第一中学高二上学期期中考试英语试卷

话题：生活

创建者：第一中学批改网

有范文 要求： 假设你是李华，你们学校将对“良好饮食习惯”这一话题进行讨论。请根据下列提示，用英语写一篇发言稿。内容要点应包括：

部分同学的饮食习惯 良好的饮食习惯 个人看法 不吃早餐爱吃零食偏食饮食过量 饮食多样化饮食定时定量 重要性：有助于身体健康„„

注意：1.发言稿必须包括所有内容要点，可根椐内容要点适当增加细节，使行文连贯，符合逻辑。2.发言稿开头已为你写好，不计入总词数； 3.词数：100左右。4.参考词汇：偏食be particular about food

零食 snack Dear friends，As we all know, we are what we eat.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

范文：

Dear friends，As we all know, we are what we eat.Therefore, it\'s very important for us to form healthy eating habits.However, bad eating habits are still very common among us students.Some of us often go to school without breakfast；some like to have snacks;some others are particular about food；and still some eat or drink too much.All these bad habits will surely do harm to our health.To keep fit, we should have various healthy diets, which generally include proper amounts of fish, meat, vegetables, fruit as well as main food.Besides, we\'d better have meals regularly.In my opinion, we should try to develop healthy eating habits to build up a strong body.Only in this way can we have enough energy to study better.That\'s all.Thank you!

Nothing Succeeds Without a Strong Will 来源：2024-2024学年山东省济宁市任城一中高二上学期期中检测英语试卷

话题：成长

创建者：批改网

有范文 要求：

It is universally acknowledged that people cannot succeed or achieve their targets without a strong will and persistence.No one can deny the fact that persistence is the key point in accomplishing one\' s task.Strong will is a kind of good quality which successful people should own.注意： 1.不得照抄英语提示语。2.除诗歌外，文体不限。3.内容必须结合生活中的一个事例。4.文中不得透露个人姓名和学校名称。5.词数为120左右。

范文： Nothing Succeeds Without a Strong Will

It is universally acknowledged that people cannot succeed or achieve their targets without a strong will and persistence.One of the most typical examples is that in the present-day society, a growing number of people give up or fail to quit smoking just because of their poor willpower during the process.A variety of factors may account for this phenomenon as follows.For one thing, no one can deny the fact that persistence is the key point in accomplishing one\'s task.It is of importance for people to stick to their original aim.A great number of smokers would stop smoking a couple of days after they have made their determination, but only a few of them may succeed in the end.For another, the people who cannot quit smoking may easily be affected by his circumstance and surroundings.In that case, people tend to fail to resist various temptations around them.From what has been discussed above, we may safely come to the conclusion that only by concentrating on the object and strong self-discipline can we obtain our goals successfully in the future.Should Students Make Friends Online? 来源：2024-2024学年江苏宿迁汇文中学高二上期中英语试卷

话题：生活

创建者：江苏宿迁汇文中学批改网

有范文 要求：

你校学生对于学生网上交友持不同意见。请你用英语写一篇关于学生网上交友的短文，介绍学生的不同观点，并表达自己的看法： 赞成的理由 反对的理由 你的看法 广交朋友

可自由表达思想 利于外语学习浪费时间 影响学习可能上当受骗 „„

注意：

1.文章必须包括表中的全部内容，你的看法至少写两点。

2.词数为120词左右。(开头已给出，不计入词数)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

范文：

Should Students Make Friends Online?

Students have different opinions on this.Some students say yes.They express their reasons as follows.Firstly, the Internet can help them make various friends.Secondly, they can express their feelings and thoughts freely.Thirdly, chatting online is also helpful for their language study.However, other students have the opposite view.They have their own reasons.They argue that chatting online is a waste of time, and that their time should be spent meaningfully on study.In addition, some students get cheated online.From my point of view, making online friends is not a bad thing if we are careful enough.Anyway, the Internet widens our eyes and enriches our knowledge.However, we should not spend too much time on it and we need to be careful with the people we chat with.Only in this way can making online friends be valuable to us.New Life, New Challenge in New Term 来源：2024-2024学年浙江桐庐分水高级中学高二上期中英语试卷

话题：校园

创建者：浙江桐庐分水高级中学批改网

有范文 要求：

进入高二年级以来，经过了文理分班。在新的班集体里，在生活上，你又认识了一些新老师并交了新的朋友；在学习上，你又有了新的挑战。以New life, new challenge in new term为题，用英语写一篇短文，简述你在生活和学习中的状况，并就以该话题谈谈你的感受。

注意： 1.表达中必须包含题中所给意义，运用适当的词组和句型，可以适当发挥。

2.词数100左右，开头已经写好，不计入总词数。注意卷面干净。

3.表达中请勿提及真实校名和姓名。

New life, new challenge in new term

Since the beginning of Senior two, we havepided into the liberal arts and sciences classes.\_\_\_\_\_\_\_\_\_\_\_\_

范文：

Since the beginning of Senior two, we havepided into the liberal arts and sciences classes, fortunately, I\'m studying in my science class now.It\'s quite nice that we are studying here because I am interested in maths and physics, we also have a new subject—biology.Believe it or not, because of his/ her humor, I like my biology teacher very much.In addition, what interests me most is to explore the amazing world by his/ her teaching in biology class.What\'s more, we\'re getting along well with our classmates in new class.Teachers in our class are so kind that they are popular with us.Particularly, we have a better teamwork among us, so it is cheerful that we made better performance in school sports meet.Thanks to our teachers and classmates, I have made great progress in study as well as in life.I believe that I will have a sunny personality and achieve my dream with their care and teaching.How to Deal With Study Pressure 来源：2024-2024学年湖南省醴陵市三校高二上期中英语试卷

话题：学习

创建者：批改网

有范文 要求：

假设你是校学生会成员李华，为了更好地发现和解决同学们中存在的学习压力问题，学生会以How to Deal With Study Pressure为主题于上周采访了200名高二的学生。请你根据以下调查结果写一份报告，并谈谈自己或身边的同学释放压力的有效方法。

听音乐: 35%

做运动：40%

向同学或朋友倾诉：15%

向老师或父母倾诉：10% 参考词汇： 释放 release

注意：1 词数：120个左右 2 可以适当增加细节，以使行文连贯

范文： Nowadays, more and more Senior Three students are getting stressed in their studies.In order to find some effective ways to release their stress, a survey was carried out last week.Altogether, 200 students were interviewed, and the results are as follows.About 40% of the students let out their stress by doing sports.They play football, go for a swim, or play ping-pong, for instance.Meanwhile, another 35 of the students release their stress by listening to different kinds of music.About 15% of them like to tell their problems to their classmates or friends.They feel much better after having a talk with them.Only 10% of the students choose to discuss their problems with their parents or teachers.I\'m always under pressure, too.I think a conversation with our parents or teachers is helpful, and that taking exercise can help us to relax when we are under pressure.Let Books Be Our Good Friends 来源：2024-2024学年河北石家庄第二实验中学高二上期中英语试卷

话题：人生

创建者：河北石家庄第二实验中学批改网

有范文 要求：

提示：(1)书是我们的朋友。(从书与知识的关系、知识与人生的关系来说明。)(2)历史上的伟人都爱书。(从读书与伟人所以能取得事业成功的关系来阐述)(3)结论：书能使我们了解过去、瞻望未来，是世上最宝贵的东西。要求：1)根据上面的提示，写一篇题为“Let Books Be Our Good Friends”的说理文。(2)字数：120个左右。Let Books Be Our Good Friends \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

范文：

Let Books Be Our Good Friends

Books are our friends because they are bridges to knowledge.Knowledge is valuable because it enriches our life and brings us happiness.Almost all great men in the history of mankind loved books.We have every reason to believe it is the knowledge in books that led them to success.There is no genius without books.Because books give them knowledge and knowledge gives them power.A man is half blind if he is unable to read.Books make us able to learn about the past and look forward to the future.They are the most valuable things in the world.Let books be our good friends all the time.Taking Part in School Activities 来源：2024-2024学年福建安溪第一中学高二上期中英语试卷

话题：校园

创建者：福建安溪第一中学批改网

有范文 要求：

面对繁重的高中学习任务，高中生对参加学校活动有着不同的看法，请以Taking Part in School Activities为题，用英文写一篇120词左右的短文，着重介绍两种不同的观点和态度，最后谈谈你个人的看法。

很多学生持拥护态度，认为我们不能死读书，参加学校活动可以丰富学校生活；学到实践知识；„„

不少学生漠不关心，认为学生的任务就是学习，学生应该充分利用时间学习，„„ 注意：

1、首段已给出，不计入词数。2.适当分段，使用恰当的连接词、过渡词句。

参考词汇：实践知识practical knowledge 高考college entrance examination Taking Part in School Activities

We had a heated discussion about whether senior high school students should take active part in school activities.As for school activities, students mainly hold two views.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

范文：

Taking Part in School Activities

We had a heated discussion about whether senior high school students should take active part in school activities.As for school activities, students mainly hold two views.Many students are very enthusiastic about school activities because they think that learning from textbooks is not their only task and they should take every chance to get some practical knowledge.Besides, after long hours\' study, they can relax themselves by participating in school activities.However, a large group of students take little interest in them and spend most of their time on study.They believe that they should make full use of time to study and that school activities have nothing to do with their further development.As far as I am concerned, I prefer the first view.On the one hand, we can learn a great deal from other students we meet in activities.Furthermore, modern society requires many qualities of young students, so “book worms” can\'t keep up with the times.How to Overcome the Pressure of Exams 来源：2024-2024学年福建漳州芗城中学高二上期期末考试英语题

话题：校园

创建者：福建漳州芗城中学批改网

有范文 要求：

根据调查，每次考试时总有些同学出现头晕、乏力、睡眠不足和食欲不振等“紧张情绪”。请你用英语写一篇短文，介绍一下你是如何对待考试及如何克服考试紧张情绪的。

短文应包括以下内容：

1、平时努力学习，正确对待考试；

2、考前适当运动，正常作息；

3、睡前洗个热水澡、喝杯热牛奶有助于睡眠。

注意：

1、文章开头已经给出，但不计入总词数；

2、词数：100左右。

How to overcome the pressure of exams \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

范文： As we all know, most of us middle school students feel somehow nervous whenever we\'re taking an important exam.There is no doubt that exams are important to us students, but it\'s more important to have a right attitude towards them.As a matter of fact, exams are no more than a means of evaluating, therefore, there is no need to worry too much about the results.Only studying hard very day and making good preparations for exams can we avoid suffering from the pressure of exams.We\'d better go out for a walk or do some outdoor exercise before exams.Besides, having enough sleep can make us full of energy and make it possible for us to perform well in the exam, A hot bath or a cup of hot milk before going to bed might help you have a sound sleep.So, my suggestion is: don\'t worry about exams, try to relax yourself.

**第三篇：高中英语作文素材一**

高中英语作文素材

（一）写人的英语作文素材

我最好的朋友 My Best Friend 与To introduce myself 自我介绍 希望大家喜欢，谢谢大家对-的支持。

he has a short hair but long cilia,and he is a friendly student who never bicker with others,so he is very popular,too.In a word,Tom is a good student.To introduce myself 自我介绍

I’m 15 years old and I live in the city of Wuhan.I study very well.I have a brother.Everyone loves us.But they often compare my brother with me.This makes me angry.I don’t want to be like my brother.I only want to be myself.I am an active boy.I like sports very much.I am good at swimming.I also like riding a bike.Because my home is far from school, I ride to school every day.I am kind-hearted.If you need help, please come to me.I will try my best to give help to you.I hope we can be friends.（1）描绘人的词汇

外貌 Physical Appearance

fat 肥胖的;thin 瘦的;slim 苗条的;overweight 超重的 slight 瘦小的;身高（height），tall 高的;short 矮的;tallish 有些高的;

发型（hair style），straight 直的;curly 卷发的;pigtails 辫子

bald秃头的；

性格(character/nature)

sensitive敏感的, easy-going 随和的active 积极的,主动的introverted

[\'intrəvɜ:tid] adj.(性格)内向的 www.feisuxs extroversive

[.ekstrə\'vɜ:siv] adj 外向的；

（二）英语作文万能句子

1.熟记以下句型

want to do sth

help sb with sth

Help sb do sth ask sb to do sth forget to do sth

take sb to sp

stop doing sth

get/Tell sb to do sth see sb do sth

see sb doing sth

hear sb doing sth

be angry with sb teach sb to do

fill A with B

decide to do sth

like doing sth hope/wish to do sth

remember/forget to do sth

begin/start to do sth There is/are sb doing sth

it is kind/dangerous of/for sb to do sth so+adj/adv…that+句子

it takes sb some time to do sth Not…until…

it is happy/glad/sad…to do sth

How+adj+主语+bel

What+a/an+adj+名词（单）！

Too+形容词/副词+to do sth 2.掌握以下词组

be good at

be late for

be worried about

be interested in

be busy dong sth be afraid of

on one’s way to+地点 have a good time

have a rest have sth done

look after

look over

look like

look the same

look at look+形容词

get ready for

Get on/off

get up

get down

get to turn on/off/up/down

learn from sb

do well in

take away

take sb to sp take sth with sb

take one’s temperature

take off

give up doing

pick up put up

put down

put on

put sth+介词+地点

go away

go on doing

go into go out of

go back to

go home

go along

make friends

make one’s bed 3.熟练掌握以下搭配

Listen to the music

talk to sb

read books write a diary

walk to school smile to sb run on the playground

take jumping exercise See a film

watch TV

ask sb for help

tell stories

sit at table lie on the bed Sleep in bed

play basketball/football

Sing a song

laugh at sb have breakfast/lunch/supper

Clean my bedroom

swim in the river

lay on the ground

teach me English throw about litter Wear a red coat fall off/down on

go shopping/fishing/swimming/boating

do

some cooking/washing/shpping

ride a bike to sp

混淆点：lie（躺）-lay-lain-lying

lay（放置/下蛋）-laid-laid-laying feel（感觉）-felt-felt-feeling

fall（跌倒）-fell-fallen-falling die（死）-died-died-dying-dead（形）-death（名）4.句子中只能出现以下谓语结构

（1）行为动词（表示动作和状态的词）原形

单三

过去式（2）系动词+表语（形容词为主）feel/taste/smell/look/sound+形 be+形/名/介短/数 get/turn/become+形（名）keep+形

（3）情态动词+行为动词原形 can/may/must/need(not)+v（4）助动词+行为动词 be+ving do not/does not/did not/+v have/has/had+过去分词 be+过去分词（被动语态）will/would/be going to+v原 5.真正理解五种简单名结构（1）主语+不及物动词（2）主语+及物动词+宾语（3）主语+系动词+表语

（4）主语+及物动词+间接宾语（人）+直接宾语（物）（5）主语+及物动词+宾语+宾语的补足语

说明：及物和不及物动词就是句子的谓语，不外乎以上四种谓语结构 6.添加剂

现在把主要连接词，分类列下，供大家参考。常见的有 when

before after as soon as 表示“反意见”：

But,however 然而，如：③Jim is intelligent but lazy.表示“举例示范”：

For example, in other words,换句话说 常用的名言和谚语 Better early than late.宁早勿迟

It is never too late to learn.学习永远不嫌晚。

Where there is a will, there is a way.有志者事竟成。

Health is better than wealth.健康胜于财富。

Parents are the first teachers of the children.父母是孩子的第一任老师。Time waits for no man.时不待人。Knowledge is power.知识就是力量。开头句子：

As we know, we students are very tired because of study.Just as the saying goes: “Every coin has its two sides”,television has both advantages and disadvantages.正像谚语所说：“任何硬币都有两面”，电视即有优点也有缺点。The problem of..is important/serious/..to us.Now let me talk something about it.结尾句子：

In a word,I think I will have a good time in … I believe everything will be better in the fulture.I am sure the world must be better if we all give our love to others./if we all make a contribution to it.Let us do it hard/try our best to do it.（三）高考英语作文结尾万能公式

1． 结尾万能公式一：如此结论 说完了，毕竟要归纳一番，相信各位都有这样的经历，领导长篇大论，到最后终于冒出个“总而言之”之类的话，我们马上停止开小差，等待领导说结束语。也就是说，开头很好，也必然要有一个精彩的结尾，让读者眼前一亮，这样，你就可以拿高分了！比如下面的例子：obviously（此为过渡短语）, we can draw the conclusion that good manners arise from politeness and respect for others.如果读者很难“显而见之”，但说无妨，就当读者的眼光太 浅罢了！更多过渡短语： to sum up, in conclusion, in brief, on account of this, thus 更多句型： thus, it can be concluded that…, therefore, we can find that… 2． 结尾万能公式二：如此建议 如果说“如此结论”是结尾最没用的废话，那么“如此建议”应该是最有价值的废话了，因为这里虽然也是废话，但是却用了一个很经典的虚拟语气的句型。拽！obviously, it is high time that we took some measures to solve the problem.这里的虚拟语气用得很经典，因为考官本来经常考这个句型，而如果我们自己写出来，你说考官会怎么想呢？ 更多句型： accordingly, i recommend that some measures be taken.consequently, to solve the problem, some measures should be taken.8

**第四篇：高中英语 WhenWillItStop作文素材**

When Will It Stop After The World Trade Center were destroyed by terrorist attack on September 11th ,2024, the USA began to object to the terrorist activities.In the past three years, the USA and Afghanistan and Iraq have broken out two wars.And the one with Iraq was even more ruinous.It appears to us that what the USA have done is just for human’s peace.But in actual fact, it just asks for it’s own benefit under the words that they were against the terrorist activities.And I think the USA and England have a war with Iraq just on the purpose that they demand more oil.As a result, Japan also send it’s army to Iraq now, for the same reason.But they only said that they are against the terrorist activities.The more they are against it, the more terrorist activities the world suffers.They are destroying the world’s peace.Therefore, when should the action against terrorist activities stop? I’m looking forward to this day, which is wished to come as early as possible.

**第五篇：高中英语 ILovethisGame作文素材**

I Love this Game

I Love this Game Everyone has many teachers during the school time.But there is one which is best among them always staying with you.That is interest.Interest can be a very good teacher.It guides you to discover things you are interested in and explore the mysteries of some amazing thing.When your teacher asks you to learn something, you are forced to, not active.But if you are interested in something, you will be glad to study it.You will search the Internet to find information or ask someone who knows something about it.You will try your best analyze it and understand it.Doing so always has a good effect on yourself.The famous basketball player, Michael Jordan once said: “I love this game.” When asked why he could get great achievements in basketball.Interest became the teacher of Jordan.The love of basketball took him into the glory of success.Rooted in everyone’s heart, interest is not far away from us.What’s the most important is how you take it.Our hearts are many wireless stations, the more you receive messages sent by interest, and the more successful you will be.

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