# 英语演讲稿3分钟简单好背的汇编3篇

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*演讲稿也叫演讲词，它是在较为隆重的仪式上和某些公众场合发表的讲话文稿。演讲稿是进行演讲的依据，是对演讲内容和形式的规范和提示，它体现着演讲的目的和手段。演讲稿是人们在工作和社会生活中经常使用的一种文体。以下是小编整理的英语演讲稿3分钟简单好...*

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**【篇一】英语演讲稿3分钟简单好背的**

ndy shop of my own .But now ,when I am 16 years old ,standing here ,my dreams have already changed a lot.

I have got quite different experience from other girls.While they were playing toys at home,while they were dreaming to be the princesses in the story .I was running in the hard rain,jumping in the heavy snow,pitching in the strong wind.Nothing could stop me ,because of a wonderful call from my heart -- to be an athlete.Yeah ,of course ,I\"m an athlete,I\"m so proud of that all the time .

When I was 10 years old ,I became a shot-put athlete.The training was really hard ,I couldn\"t bear the heavy shot in my hands .But I always believe that \"god only help those who help themselves\".During those hard days,I find I was growing more quickly than others of the same age.To be an athlete is my most correct choice.But,I quit my team after entering high school because of a silly excuse.I really didn\"t want to stop my sports career anyway.

Today I say to you my friends that even though I must face the difficulties of yesterday ,today and tomorrow .I still have a dream .It is a dream deeply rooted in my soul.

I have a dream that one day ,I can run,jump and pitch just like I used to be.

I have a dream that one day , I can go back to my dream sports and join the national team.

I have a dream that one day ,I can stand on the highest place at the olympic games.With all the cameras pointing at me.I will tell everyone that I\"m so proud to be a Chinese athlete!

This is my hope .This is the faith that I continue my steps with!!!

With this faith ,I will live though the strong wind and heavy rain ,never give up !

So let victory ring from my heart,from all of you.When we allow victory to ring .I must be the one!

In my imagination,I\"m a bird ,a magical bird.I carry my dreams all with me by my big wings. I fly though the mountains ,though the forests ,over the sea,to the sun ,the warmest place in the aerospace!

Every night ,I have a dream ,I see a girl ---smiling~

**【篇二】英语演讲稿3分钟简单好背的**

Nowadays, more and more graduate student step in society to find a satisfied job. At the same time, we have a serious problem. When these students were finding jobs, the male were easier to get a job than the female.

Now the discrimination in employment became a common phenomenon. Even the tall educational background daughter graduate student is also very difficult to find the good job.

In my opinion, the phenomenon should be eliminated. Maybe many things which need much physical strength to finish. In this aspect, male should be more popular than female. But in many other aspects, female shouldn’t be discriminated. Because female could do many things which men could do . As far as we know, the female’s IQ don’t be lower than man. So these employing units shouldn’t discriminate female. Contrary, the woman more careful than many male person . In some aspects, woman more acuter than man.

Generally speaking, female should get the same treat as male.

My speech is over. Thank you.

**【篇三】英语演讲稿3分钟简单好背的**

good afternoon everybody!

its my honor to speak here and i am very glad to share my topic with all of you. today id like to talk about “my dream”. i do not just have one dream, in fact, i have three. they are: a healthy life, a happy family and to travel my great country.

i have always admired the long healthy life my grandparents have. they are older than 80 years of age and they are still alive and kicking! how do they do that!? my grandparents plant vegetables and grow rice themselves; even in their old age they still make food for themselves! i guess that is why they can remain healthy. more importantly they remain humble and never ask for too much from life. perhaps that makes them common, but they live a happy life. my grandmother once told me this:” i do not want to live long, only long enough for some grand children to be running around in my house”. i want to live a long, healthy and happy life just as they have.

since my graduation from primary school, until now, every time on my birthday i make the same wish. i wish my parents will not fight anymore. i am not complaining that they gave me a bad childhood, they just fight so much! i am unhappy but that does not mean they do not love me. they do! they love me with all their heart. i love my parents also; i want them to live a happy life as well.

i want to travel this great country of ours. i want to see the beauty of our country. i want to see the miracles that made this country great! i want to go from the east to west, from the north all the way down to the south! i have a dream, that one day i can travel and see my country with my family and friends! if that is not possible, seeing my country on my own is good enough also. if i can fulfill all three of my dreams in life, then god can take me away. i would be happy, and l would have lived a full and prosperous life.

thank you everyone for listening to my dreams.

i thank you!

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