# 202\_年专八英语作文范文总结(优选24篇)

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*20\_年专八英语作文范文总结1Smoking should be banned Nowadays, tobacco is more harmful than drug to people\'s health, therefore many p...*

**20\_年专八英语作文范文总结1**

Smoking should be banned Nowadays, tobacco is more harmful than drug to people\'s health, therefore many people think that smoking isn\'t banned that is a direct and primary reason to induce this kind of problem

The main reason is that tobacco is a silent killer to smokers According to a WHO report four million people die yearly from tobacco-related diseases, that is one death every eight seconds

Another reason is that more and more young people are under 18 years old who smoke cigarette have been blinded by the deceit of tobacconists Smoking among adolescents rose in the 1990s in several developed countries， such as China, Vietnam and Thailand Tobacco is a global threat Because of tobacco smuggling, the legal retailing and distribution systems are badly affected, and faced with increased lawlessness and heavy tax losses

In conclusion, smoking should be banned, because of the hazard it poses to people\'s health.

**20\_年专八英语作文范文总结2**

Going to class also teaches students responsibility and discipline. Having to be at a particular place at a particular time prepares them for getting a job. Being at a place on time with an assignment completed prepares them for a career.

In short, by going to class students learn more than just information from the teacher. They also learn how to learn, how to work with others, and how to work responsibly. These are not optional skills in life, so attending classes should not be optional in college.

Clear Your Mental Space

Think about the last time you felt a negative emotion-like stress, anger, or frustration. What was going through your mind as you were going through that negativity? Was your mind cluttered with thoughts? Or was it paralyzed, unable to think?

The next time you find yourself in the middle of a very stressful time, or you feel angry or frustrated, stop. Yes, that’s right, stop. Whatever you’re doing, stop and sit for one minute. While you’re sitting there, completely immerse yourself in the negative emotion.

Allow that emotion to consume you. Allow yourself one minute to truly feel that emotion. Don’t cheat yourself here. Take the entire minute---but only one minute---to do nothing else but feel that emotion.

When the minute is over, ask yourself, “Am I wiling to keep holding on to this negative emotion as I go through the rest of the day?”

Once you’ve allowed yourself to be totally immersed in the emotion and really fell it, you will be surprised to find that the emotion clears rather quickly.

If you feel you need to hold on to the emotion for a little longer, that is OK. Allow yourself another minute to feel the emotion.

When you feel you’ve had enough of the emotion, ask yourself if you’re willing to carry that negativity with you for the rest of the day. If not, take a deep breath. As you exhale, release all that negativity with your breath.

This exercise seems simple---almost too simple. But, it is very effective. By allowing that negative emotion the space to be truly felt, you are dealing with the emotion rather than stuffing it down and trying not to feel it. You are actually taking away the power of the emotion by giving it the space and attention it needs. When you immerse yourself in the emotion, and realize that it is only emotion, it loses its control. You can clear your head and proceed with your task.

Try it. Next time you’re in the middle of a negative emotion, give yourself the space to feel the emotion and see what happens. Keep a piece of paper with you that says the following:

Stop. Immerse for one minute. Do I want to keep this negativity? Breath deep, exhale, release. Move on!

This will remind you of the steps to the process. Remember; take the time you need to really immerse yourself in the emotion. Then, when you feel you’ve felt it enough, release it---really let go of it. You will be surprised at how quickly you can move on from a negative situation and get to what you really want to do!

**20\_年专八英语作文范文总结3**

Nuclear Technology: Benecial or Disastrous?

One question that has caused a great deal of controversy over the years is nuclear technology. Although it offers a number of advantages in world peace and green power, it is also a dangerous technology. Nuclear weapons pose the greatest threat to life. Even the use of nuclear technology for peaceful purposes also carries some serious risks. In this essay, however, I intend to show how the benets of such technology counterbalance its disadvantages.

The opponents of nuclear power generally base their arguments on the danger it presents to the world. There are two main dangers: the risk of nuclear warfare and the nuclear disasters. The danger of nuclear war is obvious and if one thinks about Chernobyl, it is easy to understand why people are worried about nuclear power, as it can cause major suffering.

There are, however, good reasons for believing that nuclear technology is generally advantageous. The first of these is that there has not been a major world conflict since the invention of nuclear weapons. Although nuclear weapons have enlarged the mechanism of war by threatening to kill more people more secretly and more horribly than those of the past, it is generally agreed that such weapons should be the last thing to be thought of as a means to win a war because there would be no winner in any nuclear conflict. If anything goes wrong, the scale of destruction on human lives and civilization is beyond imagination. The nightmare of Hiroshima is a vivid memory, so nuclear weapons hidden in stock somewhere serve to maintain world peace by theory of counter-attack .

The other most significant benefit relates to the environment. Perhaps the greatest danger facing our world today is a combination of global warming and the greenhouse effect. This danger is caused partly by burning fossil fuel, which leads to our polluted atmosphere. Nuclear power, however, is a much greener alternative which does not have such negative effects.

Already power plants have been in operation in a number of countries. These are successful examples to be followed. All in all, although it is true that nuclear weapons pose the greatest threat to life, the use of nuclear technology for peaceful purposes is really bene cial. In all appearances, the fear of war is overcome by the need for economic development.

**20\_年专八英语作文范文总结4**

Some people are committed to their dreams and work hard to achieve their goals． What is guiding them is a kind of illusion．Some people think that illusion is good for success while others argue that it is not so good because it may get people unrealistic． As far as I am concerned， illusion is necessary in our life only if it is encouraging and realistic．

There are several reasons．First of all， there is power in illusion． The illusion can lead people to the path they want to go on and it gives us passion． We need to live each moment wholeheartedly， with all our senses so that we can find pleasure in the fragrance of backyard garden， the crayoned picture of a six－year－old， and the enchanting beauty of a rainbow． The illusion can be enthusiastic love of life that puts sparkle in our eyes， a lilt in our steps and smoothes the wrinkles from our souls．

Secondly， we are born with wide－eyed， enthusiastic wonder as anyone knows who has ever seen an infant’s delight at the jingle of keys or the scurrying of a beetle． It is this childlike wonder and illusion that gives enthusiastic people such a youthful air， no matter how old they are． For example， the famous cellist Pablo Casals would start his day by playing Bach. Music， for him， was an elixir that made life a never－ending adventure． As author and poet Samuel once wrote， “Years wrinkle the skin， but to give up enthusiasm wrinkles the soul.”

Lastly， people with illusions also love what they do， regardless of money or power or title． If we cannot do what we love as a full－time career， we can as do a part－time vocation， like the head of state who paints， the nun who runs marathons and the executive who handcrafts furniture． We cannot afford to waste tears and energy and time on “might－have－beens”． We need to turn the tears into sweat as we go after “what－can－be”．

To sum up， God gives each bird its food， but he does not throw it into its nest． Wherever you want to go， just cherish your precious illusion and let your dream be realized．

**20\_年专八英语作文范文总结5**

>A Factory near the Neighborhood

Having a factory near where one lives brings with it both advantages and disadvantages. An obvious advantage is an increase in the number of available jobs, and many people in the community might find employment in the new factory. The factory would bring money into the community in other ways as well. It would have to pay some taxes to the local government, and workers might go shopping or eat at a restaurant in the area before or after their shifts.

However, the factory would bring some disadvantages, too. Depending on what kind of factory it is, it might pollute the environment and bring down property values. It would be sure to increase traffic in the area, causing congestion and making it unsafe for children to play outside. Finally, the neighborhood would become a noisy, busy place. For all of these reasons, I would be opposed to the construction of a new factory near my community. While the employment opportunities would help the community, I believe it would be better for residents to commute to work and preserve the peace of our neighborhood.

**20\_年专八英语作文范文总结6**

Some people like to eat out at food stands and restaurants, while others like to prepare food at home. Often it depends on the kind of lifestyle people have. Those with very busy jobs outside the house don’t always have time to cook. They like the convenience of eating out. Overall, though, it is cheaper and healthier to eat at home. While eating in restaurants is fast, the money you spendcan add up. When I have dinner at restaurant with a friend, the bill is usually over twenty dollars. I can buy a lot of groceries with that much money. Even lunch at a fast-food stand usually costs five or six dollars for one person. That’s enough to feed the whole family at home.

Eating at home is better for you, too. Meals at restaurants are often high in fat and calories, and they serve big plates of food--much more food than you need to eat at one meal. If you cook food at home, you have more control over the ingredients. You can use margarine instead of butter on your potatoes, or not put so much cheese on top of your pizza. At home, you can control your portion size. You can serve yourself as little as you want. In a restaurant, you may eat a full plate of food ^v^because you paid for it^v^. It’s true that eating out is convenient. You don’t have to shop, or cook, or clean up. But real home cooking doesn’t have to take a lot of time. There are lots of simple meals that don’t take long to make. In fact, they’re faster than eating out, especially if you think of the time you spenddriving to a restaurant, parking, waiting for a table, waiting for service, and driving home.

Both eating at restaurants and cooking at home can be satisfying. Both can taste good and be enjoyed with family and friends. I prefer cooking at home because of the money and health issues, but people will make the choice that fits their lifestyle best.

**20\_年专八英语作文范文总结7**

We have just finished our military have to admit that I have so much feelings to express! This has been the first time for me to get in touch with my new doubt it has left a good impression in my has a beautiful scenery and a good environment for study as well,especially equipped with many advanced facilities. I feel very happy to study here.

During the training period,I had experienced a great hardship due to the hot weather and severe time passed by,I gradually adapted to everything and felt myself much more strong to the hardship we , there was a lot of fun during the training. I has enjoyed a good relationship with my new classmates.

Now that the training is over, I still have learned a lot which can benefit my life in the future. I cant wait any more to start my new life in high school.

**20\_年专八英语作文范文总结8**

As a saying goes,^v^Where there is a will, there is a way^v^.

All the people in the earth spend their life on many kinds of item,such as family,friendship,career and so we will rush into trouble when going for seem to walk into a forest as we are lost and go without a accurate then we get down,be need the passion of our we lack in to overcome hardship is a willing heart,which helps us build up confidence and light our way to the beautiful future.

With a wll,a beggar can become a a will,nothing could stop a determined man stepping all have a goal,and we were born for it,a pure and wonderful is the movitation of our if we hold a will are we able to face a storm and expect for a sunny it is never too late to keep a wll.

**20\_年专八英语作文范文总结9**

Happiness is important in our life. In fact, happiness is always around you if you put your heart into it.

I will never forget one thing. Once, I had a bad mark at a math test. I was shy and afraid to meet my parents. But when I got back home late, my parents knew what happened, they said to me: “It doesn’t matter, my child. Remember we’ll be always beside you when you need help. We believe you can be better next time. Never give up!” I was moved and made up my mind to work harder and harder.

I feel happy. Whenever I am in trouble, I can feel my parents’ love. I want to be a good child for my parents.

>【参考译文】

幸福在我们的生命中很重要。事实上，幸福总是围绕着你，如果你把你的心。

我永远不会忘记一件事。有一次，我在数学考试中得了个不好的分数。我害羞和害怕见到我的父母。但是当我回家晚了，我的`父母知道发生了什么事，他们对我说：“没关系，我的孩子。记住，当你需要帮助的时候，我们会一直在你身边。我们相信你下次会更好。永不放弃!“我很感动，下定决心要更加努力地工作。

我感到快乐。每当我遇到困难，我都能感受到父母的爱。我想成为我父母的好孩子。

**20\_年专八英语作文范文总结10**

专八复习冲刺阶段，英语作文该怎么备考才能得高分呢?背些不同主题的范文，或许可以帮到你，下面是新东方在线英语专八频道整理的一系列英语专八作文范文。

Your friends have the opportunity to choose either one of two types of major field of study, which one would you suggest your friend to choose and why?

1) A major that would allow him to complete and get a degree faster so that your friend could start working full-time sooner

2) A major that requires many years of study but would provide him with more employment opportunities and job offers in the future.

**20\_年专八英语作文范文总结11**

PART V WRITING (45 MIN)

With the continued growth of online teaching systems and integration of massive open online courses (MOOCS) into higher education, college study will never be the same for both professors and students. The following are opinions from both sides. Read the excerpts carefully and write your response in about 300 words, in which you should:

1. summarize briefly the opinions from both sides;

2. give your comment.

Marks will be awarded for content relevance, content sufficiency, organization and language quality. Failure to follow the above instructions may result in a loss of marks.

University

The University of Washington (UW) in the US isn\'t shy about the benefits and drawbacks of online education. UW concedes online courses may be more effective for self-directed learners, and students who are not organized and in possession of good time-management skills may struggle. Thus, students should ask themselves whether they are capable of learning independently before signing up for online coursework.

UW also mentions online courses may not be able to accurately replicate the vibrant sense of intellectual community that has been at the heart of higher education for ages. This might lead some to miss out on learning and networking opportunities.

Students

Jasmine Barta of Arizona State University: I take about half my classes online each semester, and I’ll tell you why : Online classes are the secret to a happier, fuller and less stressful college experience. Some students complain about the lack of social interaction and the ease with which they can forget to meet a deadline. But for me these concerns fall flat in the face of the convenience, flexibility and independence online learning offers.

Chang Hanyi of Boston University: In order to squeeze in some extra learning without taking the focus away from my major, I enrolled in a pass/fail online reading and writing workshop. The coursework is actually as demanding as my other regular language classes. But what I have learned so far is beyond my expectations. My professor assigns weekly assignments each Monday, and I am required to do readings, write study blogs and take quizzes regularly. I am also required to respond to comments from my professor and classmates. So, taking online courses doesn\'t mean zero physical interaction with your instructors. My professor even invited me to face-to-face meetings four times to address article structure in my writing assignments. My professor also uploads video clips to review class content and audio files to clarify some thorny points. Despite the hard work, I still enjoy cyber interaction with my professor and classmates.

Yang Yang of Peking University: With MOOCS, we are no longer confined to a classroom at a certain time slot. Whenever I feel in the mood to study, I take out my laptop or iPad to watch course videos. I am now taking Legal Writing and Research on Coursera, a popular MOOCS platform. Each week, four or six courses videos are released for us students to learn. Apart from the teaching sessions, there are also quizzes to assess whether I have grasped the knowledge well. Quiz scores make up 32 percent of my final score. The great thing about the quizzes is we even have them before each course. This encourages me to finish all the reading and preview the class early. Although MOOCs are improving my learning experiences, this new form of teaching cannot compete with traditional ways of learning in terms of teacher-student interaction. I used to ask questions immediately after class. But with MOOCs, we only have office hours for question and answer sessions. Most of the time, I won\'t bother to go.

Write your response on ANSWER SHEET FOUR.

//范文//

My Views on Online Teaching System or Platforms？

Modern technology has innovated the way teaching and learning can be in people’s life. Online teaching system or platforms is a recent phenomenon and consequently it is controversial. In spite of the fact that both universities and students have embraced this new style of teaching and learning, there are still worries and concerns. Considering both sides, it is clear that online teaching system or platforms can help students achieve higher learning effectiveness despite its drawbacks.

College students now enjoy greater benefits. Firstly, thanks to modern technology, learning online gives students access to a wider range of courses. With Internet access, a wide variety of courses, some of which are published by elite professors of top universities, have become accessible to students from all over the world. The online platform provides a far wider range of courses than that you would find in any school or college. Secondly, the flexibility and mobility given by the online teaching system makes students learn at any time anywhere in their convenience. They have great freedom of choice when they learn online. Thus, it reduces the amount of time they spend on commutes.

On the other hand, online teaching and learning is much demanding and requires students’ full commitment and independence. Admittedly, for those who are not self-disciplined and motivated, it is likely that they will end up with struggling with unsatisfactory results. Meanwhile, although online interaction with professors and partners is very convenient, it still cannot replace classroom’s simultaneous face-to-face communication. Thus, universities should work out methods to prevent the above mentioned problems that are likely to arise.

In conclusion, with the greatest technological boom in education, online learning or MOOCS, is an irreversible trend. So, the question really is not “Which one?” but rather, “How can we combine both?” The answer is that each performs its own functions. Undoubtedly, this revolutionary practice in education will continuously have more far-reaching consequences and will dramatically reshape the nature of higher education.

**20\_年专八英语作文范文总结12**

Is a sound social environment necessary for people to be good to others

Helping others has always been a virtue in traditional Chinese culture, but nowadays many people dare not offer help to those in need, for fear of getting into trouble. The issue has aroused public debate over the climate of morality and credibility, and many people sigh over the moral degeneration. In my opinion, while social environment is necessary for people to be good to others, each inpidual should try his or her best to do good deeds and be sympathetic with others, instead of waiting for the environment to improve.

There is no denying that some tragic events turn out to be traps by people with evil intentions, so people are becoming more risk-conscious and are more wary of traps and deceits. some people even wonder, ‘Is our society hostile to good people?’ The question may sound ridiculous but many people apparently think so. They believe that our current society provides a bad environment for good people doing good things, and good people pay a high price for being compassionate. In fact, such kind of things only accounts for a pretty small percentage, but massive media coverage makes the situation seem serious. Actually, most people around me are kind, warm-hearted and helpful, and I am quite delighted in their company. So I believe media should pay more attention to publicizing good people and exemplary deeds to enhance our confidence, rather than exposing disgusting behaviors.

At the same time, as John Donne puts it, “No man is an island, entire of itself. Every man is a piece of the continent, a part of the main.” Since everyone of us is a component of the society, it is each inpidual’s conducts that form social morality. Just imagine it is you who need help, what would you feel if everyone watches indifferently or suspiciously? So, put yourself in other’s position and be sympathetic. If we do nothing but wait for the environment to improve, nothing will happen. Only by removing the fence around our kind consciousness can we reverse the regress of social ethics, and make our world full of warmth and happiness. Therefore, if help is needed, never hesitate to lend a helping hand. It will make you happy and feel better about life.

In sum, I contend the idea that while social environment is necessary for people to be good to others, it is each inpidual’s responsibility to offer help to those in need, and together we build up a more harmonious society.

**20\_年专八英语作文范文总结13**

Different people have different hobbies. Some like singing some like playing and others like collecting.?

I like collecting things too. But I don’t like collecting stamps or coins. And instead I like collecting cartoon books drawn by Japanese. I like them because the pictures in the books are all very beautiful and many stories are exciting and nice.?

Many parents and teachers don’t think that the cartoon books are very good for students but I don’t agree with them. I know some of them are not good but just some. Beauty always needs to be discovered. The books include many kinds of life and spirit and also many things we have never heard about before. Besides that I also like collecting beautiful pictures VCDs photos etc.?

When I see some good things I’ll save money for them. When it’s enough I’ll buy them and bring them home. I always put them on a shelf and keep them clean and tidy.

**20\_年专八英语作文范文总结14**

People have different views on what children should do at a very early age. Some think that children should begin their formal education and start to spend most of their time on studies. Others believe that it is still time for young children to play. Both views are based on respective ground.

Those who argue for the playing time for children suggest that children at a very early age are still too young to focus their attention on learning. Their brain may not be ready for serious studies such as comprehension and memorizing learning materials. These people are partially right, for it is true that young children can hardly concentrate. Their attention on one thing lasts for no longer than 15 minutes or so. But we can arrange classes for shorter periods, can’t we? And we can shift teaching subjects. Through putting them tostudy, young children are occupied with learning but not with playing.

Those who argue for children’s early commencement for formal education believe that being put to studies, children can develop good habit of studying, for the process of learning helps develop children’s mental abilities like the ability to memorize, the ability to understand and the ability to do simple calculation. Children’s habit of studying and love for learning are of great importance to youngsters because these two things set up the sound foundation for their future studies.

Having children start formal education at a very early age benefits young children much more than simply letting them play most of their time. A good habit needs a long time to develop to become a second nature. More importantly, it is better to develop a good habit before a bad one may grow. Similarly, the love for learning should take roots before the love for playing is established.

**20\_年专八英语作文范文总结15**

^v^Hello Donat, two big events happened this week. Thank you. Hello everyone.

Two big events happened this week. Our classmate Li Jia, with the help of her teacher, was trying to practice her oral English on Wednesday afternoon. She won the first prize in the English speech contest.

How exciting it is that we should learn from her. Yesterday, we donated schoolbags and RMB for students in Sichuan Mr. Li donated RMB by himself.

The most important thing is that as a student, we don\'t have to care how much we should pay. The most important thing is to express our love. Thank you.

中文翻译：

“多纳特你好，这周发生了两件大事，谢谢大家，大家好，这周发生了两件大事，我们的同学李佳在老师的帮助下，周三下午一直在努力练习口语，她在英语演讲比赛中获得了一等奖这是多么令人兴奋啊我们应该向她学习昨天我们为四川的学生捐赠了书包和人民币李先生一个人捐了人民币，最重要的是作为一个学生，我们不必在乎我们应该付出多少，表达我们的爱才是最重要的，谢谢。

**20\_年专八英语作文范文总结16**

My mother is sixty-three years old, and for the last forty year she has been the village doctor. She has a small clinic that she prepares medicine and treats small injuries, and also sells canned powder milk. Our house has people in and out at all hours of the day and night. The villagers always like to come to her clinic to see the doctor and to meet their neighbors, too. Almost all the villagers come to my mother when their baby is due. My mother is very good at predicting the day the baby will come.

Sometimes my mother will not get enough sleep if the babies come late at night or early in the morning. There are special rooms for the mother and baby, and usually they stay at the doctor\'s house about twenty-four hours. We always like to see the new babies get their first bath because they look so red and small. All the village people know and trust my mother because she is such a quiet, kind, and experienced friend of theirs.

**20\_年专八英语作文范文总结17**

What Kind Of Life To Live-Realistic Or Romantic?

There has always been an argument between the young and the old about what kind of life to live-realistic or romantic. Young people tend to think real think that real lofe is as dramatic and fascimating as it is in the novels and movies while more experiened adults think this na?ve daydream is certain to be broken by later experiences and everyone should learn to get used to the dull routine of his everydy life.

However, there are some inadequacies in the opinions on the part of both sides. Life will be unimaginable if everything we do is only for realistic purpose, and the same is true if what we do everyday is just to enjoy ourselves. So it’s not difficult for us to see that neither way can ensure a happy life.

In my opinion, a real happy life can never be separated from either of the two ways. On the one hand, let’s enjoy life-enjoy the excitement of sports. On the other, let’s not forget our work. Happy life can never go without hard work.

**20\_年专八英语作文范文总结18**

My favorite is freedom that I can do everything for mine without thinking!

^v^We do not stop playing because we are old;we grow old because we stop playing.^v^There are secret to staying young,being happy and achieving the life,it’s my want.

I don’t think anything,but reality is the opposite for my I play game,I need consider that if it would spend my times for my work,and when I do anything I was very trouble to choice if that can I do?So,I don’t want this life and I need a new behavior to do anything without I can play with work together to do anything,as long as I do not disturb others,and do not break the regular life.

And for my thing that I do,I wouldn’t regret for it,because I just regret what I not do,as the elder usually don’t have regrets for what we did,but rather for things we did not only people who fear death are those with regrets.^v^

**20\_年专八英语作文范文总结19**

Faced with the question whether it is worthwhile to spend a year or two voluntee?ring in western China, many college students would probably shake their heads, seeing it as a waste of valuable learning time. However, I will give an affirmative answer without hesitation, because this experience can apparently benefit us in many ways.

First, it is a great opportunity for us to apply the knowledge we have acquired at college. Different from temporary part-time jobs, a longer volunteer work experience is truly fulfilling and rewarding. As English majors, we can learn to use and teach the language effectively in real classes; as education majors, we can experiment with those textbook theories in helping manage a school or instruct the younger; those who study engineering can take this chance to turn their ideas and skills into running machines, new bridges and broad roads. From this experience, we will better understand our schoolwork and even build up considerable expertise in our chosen fields.

Second, we can gain a great sense of satisfaction by making contributions in an underdeveloped region. Right now, the western China is suffering from both the short?age of resources and that of talents in its course of development. If we can step into the needed roles by simply sacrificing a year or two, we will be able to make some differ?ence to the situation as a whole. Imagine how proud you will be when telling your fami?ly and friends how you have taught the illiterate to read, and how you have helped to change the look of a backward town. Compared with the great sense of pride you feel, a year\'s time is just a small price to pay.

Third，we can establish a deep friendship with local people. On the one hand, if you truly love and help the people you work with, they naturally love and help you back. Take a senior I know for example, who served two months as a teacher in a dry northwestern town. During the period of water shortage, both his students and their parents voluntarily kept water for him, sometimes despite their own need. Recalling his days there, he said they were not easy but he could not help missing them. Probably many volunteers would feel the same as him. While we are giving care, support and help, we often get back more including a

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