# 高一下英语作文范文(精选8篇)

来源：网络 作者：心上人间 更新时间：2024-01-13

*高一下英语作文范文1Language is essential; language is what we use to communicate among others. it is something that joins us just...*

**高一下英语作文范文1**

Language is essential; language is what we use to communicate among others. it is something that joins us just as strongly as it separates us. There are many different “languages” in the world but really they are all bound by certain rules, they all have a format that they follow, all of them have nouns, verbs, tenses, and adjectives.

Language is almost like a math, the point of it is that when you speak, you try to reach a conclusion with a different person, and in math you use equations to solve problems and reach conclusions, one is numbers the other is words.

**高一下英语作文范文2**

>分担家务

Mother is always the greatest person in the family,because she takes care of everything, she does allthe housework, though she is a housewife, what sheis so heavy and great.

妈妈总是家里面最伟大的人，因此她照料著家里的一切，她做了所有的家务，虽然她是一个家庭主妇，但是她所做的繁重而伟大。

I nearly help my mother to do the housework, when I go home after school, I always go out toplay with my friend and then until the dinner, I will e back.

我几乎不怎么帮她做家务，当我放学回家后，我总是出去和我的朋友玩，然后直到晚饭时间，我才回来。

Now as I grow up, I start to realize that I need to help my mother, I should share somehousework, so that I can reduce her burden.

现在我长大了，我开始意识到我需要帮助妈妈，我应该分享家务，这样就能减少她的负担。

Since I help my mother with the housework, she looks so happy, she will praise me in front ofher friends.

自从我帮助妈妈做家务，她看起来很开心，她会在她朋友面前表扬我。

I feel proud of myself.

我为自己感到自豪。

**高一下英语作文范文3**

>体育的魅力

For most boys, they love to see basketball match, because they love to play it.

对于大部分男生来说，他们喜欢看篮球比赛，因为他们喜欢打篮球。

While today, more and more girls fall in love with sports, they also bee the big fans.

然而今天，越来越多的女孩也喜欢上运动，她们也成为超级粉丝。

Since the Olympic Games held in Beijing in 20\_, people are passionate about sport, more and more sports are known by the public.

自从20\_年奥运会在北京举行，人们对体育富有 \*\*\* ，越来越多的运动为大众所知。

I am a big fan of tennis match, once a famous athlete said one ball could change everything, you will never know the result until the last minute, I think that is the charm of sports.

The athletes never give up and fight for the last minute, they inspire people to hold on, their spirit moves so many people.

运动员们永不言弃，奋战到最后，他们的精神鼓励人们坚持，感动了很多人。

**高一下英语作文范文4**

>做家务

The new year is ing, it means that I am older, Iam not the little girl any more, I must makesomething different from the old me.

新的一年到来了，这意味着我老了一点，我不再是个小女孩，我必须比以前的我有所作为。

Before, I was so lazy to do the housework, when mymother asked me to do it, I would make someexcuses and then ran away.

以前，我很懒于做家务，当妈妈叫我去做的时候，我会找一些借口，然后逃跑。

Now I need to learn to take some responsibility, I should share the housework and relieve mymother’s burden.

如今我需要学着去担当责任，我应该分享家务，减轻妈妈的负担。

The new year gives me the new task, I must learn to broaden my vision and gain theknowledge, so that I can make some progress.

新的一年给予我新的任务，我必须开阔眼界，增长知识，这样才能有所进步。

I am so happy that I am older and grow up, I want to bee mature and let my parents beproud of me.

我很高兴我变的年长了，也长大了，我想要变得成熟，让父母为我骄傲。

**高一下英语作文范文5**

>How to spend sundays

Some of us always spend Sundays aimlessly. We can seldom derive profits from the valuable hours (time) of Sundays. This is indeed a great pity. Though Sundays are set aside as a day for rest, we must make good use of them.

We know that our school lessons are usually not sufficient. We should often utilize Sundays to read reference books. In this way we will increase our knowledge. Besides, we must be engaged in sports or outing so as to strengthen our bodies.

**高一下英语作文范文6**

Youth comes only once in a lifetime, therefore, it is important that we should not waste those years in idleness and bad living.

This is also the time when our memories are are able to learn more during this time than when we become older. During our younger years, we have the enthusiasm to set high goals for ourselves. We also try to overcome obstacles which are placed in our way.

If we realize how precious youth is, we will be fulfilled when we are young as well as when we are older. If we waste our youth, we will spend the rest of our lives wishing we could be young again.

**高一下英语作文范文7**

>情绪

We are not god, so we will have the emotions all thetime, when we meet difficulties, we will feeldistressed, when we are treated unfairly, we will beangry.

我们不是上帝，因此我们总是会有情绪，在我们遇到困难时，会感到沮丧，在我们得到不公平的待遇时，会生气。

We must learn to deal emotions, so that we canmove on.

我们必须学会处理情绪，这样才能向前看。

When the emotions e, we must tell ourselves to calm down, we can get angry for a while,but not all the time, only when we calm down can we think in a clear way.

当情绪来临的时候，我们必须告诉自己要冷静，我们可以生一会气情绪问题，但是不能一直生气，只有当我们冷静下来，才能清楚地思考。

We can also find a way to relieve our emotions, like going to KTV or just talking to friends.

我们也能够找到方法来处理我们的情绪，比如去唱歌，或者和朋友聊天。

We have to face emotion problems now and then, if we do the right thing, then all is well.

我们不得不时而不时地面对，如果我们的处理正确，然后一切都会好起来。

**高一下英语作文范文8**

>团圆

Before the New Year, people will have a big dinner, itis called reunion dinner.

在新年来临之际，人们会吃一顿丰富的晚餐，那就是团圆饭。

People pay special attention to it, they would dropdown everything and e back to home for it.

人们很注重这顿饭，他们会放下手中的一切事情，回到家中吃饭。

The dinner is not just for eating the delicious food, the most important thing is that all thefamily members get together.

晚餐不仅仅是为了吃美味的食物，最重要的是家中所有的成员聚集在一起。

People are busy for their work, they don’t have much time to visit their parents, the reuniondinner provides people the chance to talk to their relatives and promotes their multi-understanding.

人们忙于他们的工作，没有太多的时间来看望父母，团圆饭给人们提供了一个机会，和亲人聊聊天，促进彼此之间的了解。

This moment is very precious, so no matter what people do, they will go home on that daywithout hesitation.

这样的时刻是很珍贵的，因此无论人们在你做什么，他们都会在那天毫不犹豫地回到家里。

The meaning of reunion will be last forever and people should remember it all the time.

团圆饭的意义将会一直延续下去，人们应该一直记着。

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