# 初中优秀英语作文范文四篇

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*初中的学生是不是很纠结要怎样写好英语作文呢？初中的英语作文拿高分也是可以的哦。以下是为大家整理推荐关于初中优秀的英语作文，希望对大家有所帮助。　> 初中优秀英语作文篇1：How to keep healthy 如何保持健康　　What is...*

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　> 初中优秀英语作文篇1：How to keep healthy 如何保持健康

　　What is the most important thing in the world？ I think it is health.You can take away our money, house, car, or even our clothes and we can survive. But if our health was taken away, we would surely die. That is why we always try to eat in a healthy way and exercise regularly.

　　什么是世界上最重要的事情？我想，答案应该是健康。我们可以在没有钱、房子、车子，甚至衣服的情况下，活着。但是如果我们的健康被带走了，我们肯定就活不下去了。这就是为什么我们总是努力以一种健康的方式吃东西和规律地运动。

　　In order to eat healthily, I usually avoid eating food high in fat, like french fries or cookies. I also eat little meat. I eat a lot of vegetables and fresh fruit which are full of vitamins. Taking exercise every day helps us build a strong body. Regular exercise is an important part of keeping me healthy.

　　为了能吃得健康，我常常避免吃高脂肪的食物，比如炸薯条或甜点。我也很少吃肉。我会吃很多的蔬菜和富含维他命的新鲜水果。每天做运动有助于我们拥有强健的身体。有规律的运动是我们保持身体健康的一个重要部分。

　　What\'s more, I think friends are an important part of one\'s health. Many studies show that people with a wide range of social contacts get sick less than those who don\'t. I always feel better when I am with friends than when I am alone. When I am with my friends, I always laugh. Laughing is also an important part of health. I like to laugh with my friends.

　　还有，我认为，朋友也是让我们保持健康的重要部分。许多研究显示，有复杂人际关系的人比较不容易得病。当我与朋友一起时，我总是感觉比单独一个人好。当我与朋友一起时，我总是笑声不断。欢笑也是健康的重要组成部分。我喜欢和朋友一起大笑。

　　By eating properly and exercising regularly, I can keep my body at a proper weight and keep healthy. By spending time with my friends, I can keep my mind as well as my body happy. These things sound easy to do, but not many people can manage them. I think a strong will is necessary if we want to keep healthy.

　　通过合理的饮食和规律性的运动，我可以保持身体健康和体重适中。与朋友一起的时光，可以让我的思想和身体一样开心。这些事情听起来很容易去做，但没有很多人能成功做到。我想，我们如果想要健康，那强大的意愿是需要的。

　>　初中优秀英语作文篇2：My Pet Cat 宠物猫

　　I have a very beautiful cat. Its colour is white and yellow. Its name is Haahua. I think it is my favourite cat.

　　我有一只非常漂亮的猫猫。它的颜色是黄白相间的。它叫Haahua。我觉得它是我最爱的一只猫猫。

　　She likes playing with the bell. She loves catching mice. Though it is a kind of animals, I treat it as my friend. Sometimes I give her some fish or pork to eat. She looks like a fool when she meows. Wherever I am walking, she follows me.

　　她喜欢玩铃铛。她爱抓老鼠。尽管它是动物，我把它当成我的朋友。有时候，我会给她吃一些鱼肉或猪肉。当她“喵喵”叫时，她看上去傻乎乎的。无论我在哪里散步，她总是跟着我。

　　How happy I am! How nice my friend is! I love her more and more.

　　多开心的我呀!多棒的朋友呀!我越来越爱她了。

　　>初中优秀英语作文篇3：我的购物经历 My Shopping Experience

　　Once I was in Beijing, I went shopping in the Front Gate Walking Street, for I wanted to buy some souvenirs for my friends.

　　有一次我在北京，我去步行街购物，因为我想买些纪念品给我的朋友。

　　There were so many things on sale that I didn\'t know what to buy. Suddenly, I saw two statues which looked so beautiful. I decided to buy them. So I asked the price. “It’s twenty yuan each,\" said the boss. I tried to make a bargain with him. He refused at first, but when I was going to leave, he stopped me and said,\" OK, you can have both of them at ten yuan.\" Therefore, I bought both of them home at last.

　　卖有很多东西，我不知道要买什么了。突然，我看到两个雕像，看起来非常漂亮。我决定买它们。所以我问价格。“每个二十元，”老板说。我试图与他讲价。一开始的时候他拒绝了，但是当我要离开时，他拦住了我，说，“好吧，两个十元。因此，我最后买了两人回家。

　　I was very happy on that day, because it was the first time that I had made a bargain with a businessman so successfully.

　　那天我很开心，因为那是第一次我与商人讲价结果是如此成功的。

>　初中优秀英语作文篇4：Less Pressure, Better Life 如何减压

　　Hello, boys and girls!

　　Pressure is a serious problem in today’s world. Students in our class are under too much pressure. Some students can’t get on well with their classmates, while others may worry about their exams.

　　I’m always under pressure, too. My parents want me to be the top student in class. So they send me to all kinds of after-classes at weekends. Last Monday evening, I had a talk with my mother. I told her I was not lazy. I really felt tired. I needed time to relax. My mother agreed with me at last. So I think a conversation with parents is necessary to solve the problem.

　　That’s all. Thank you!

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