# 高中英语演讲稿范文带翻译(18篇)

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*高中英语演讲稿范文带翻译1Good morning,Everyone!早上好，大家!I will talk about am an active like many kinds of sports,such as walking,skati...*

**高中英语演讲稿范文带翻译1**

Good morning,Everyone!

早上好，大家!

I will talk about am an active like many kinds of sports,such as walking,skating,climbing,cycling and sports gives me a good health and brings me a lot of fun.

我将谈论体育。我是一个活泼的男孩。我喜欢很多运动，如散步，滑冰，登山，骑自行车，跳绳。做运动让我健康，给我带来了很多乐趣。

Now,I will tell you about my cycling often ride my bicycle when I am like to ride my bicycle on a road near my is an empty are no cars and few people walking on the is about four kilometers has several long it is very good for I ride down the slopes,the bicycle runs very fast,and I feel I am ’s a very good feeling for I ride up the slopes,it is very difficult,but it is a good training for always try my best to ride up as long as there gives me lots of fun.

现在，我将告诉你关于我的自行车运动。我经常骑我的自行车在我的自由。我喜欢在我家附近的道路骑自行车。它是一个空的路。没有汽车，很少有人走在路上。这是约四公里长。它有几个很长的坡。所以它是骑自行车很好。当我骑下山坡，自行车跑得很快，我觉得我在飞翔。这对我来说是一个非常好的感觉。当我骑上斜坡，它是非常困难的，但它对我来说是一个良好的训练。我总是尽我最大的努力去骑了尽可能长的。自行车也给了我许多乐趣。

Everyone can get ill,but doing sports is a good know an English saying “Exercise one hour a day,keep illness away.” My own story has proved once had an had to go to see the doctors and take medicines very doing sports for several years,I have recovered now.

每个人都会生病，但做运动是个好医生。我知道每天锻炼一小时的一句英语谚语“，让病。“我自己的故事证明了它。我曾经有过的疾病。我不得不去看医生，吃药，经常。经过几年的运动，我已经恢复了，现在。

Doing sports gives me a strong body and brings me lots of if you want to be strong,please do sports;if you want to enjoy a happy life,please do sports,too.

做运动让我强壮的身体，给我带来了很多乐趣。所以如果你想强壮，请做运动;如果你想快乐的享受生活，也请做运动。

Thank you

**高中英语演讲稿范文带翻译2**

Respect teacher, dear students:

Everybody is good, the eye of my speech today is -- my youth!

First of all, I want to ask you that question, could you tell me the classmate of everyone, what is youth?

There must be many different answers. My answer is, the gorgeous flower, burning passion, ambition of an eagle, this is our youth. Youth, what a dazzling word. And four seasons in a year, in the same way, life is there are four seasons. Youth is like spring all the year round, is the season of planting, just went to the spring will come again next year, and youth is gone forever. Youth is the season of struggle not to waste life joke. Because the youth is so short, sometimes could recall, has gone with the wind. We can\'t afford to waste of youth, our youth beautiful because of the struggle.

My youth, my boss

If I were to ask everyone here, and your youth who is leading? You will say: my youth, my boss. Yes, our youth is our family. But I want to say is, our youth how to make decision. Is in the world of the game Still using QQ chat all day, or sleep to twelve o \'clock every day. My youth, my family, not called you to squander the youth, if in the game every day, your youth is not in your family, but the game in charge of your youth. We through the cold window study hard twelve or thirteen years, came to the university, may not be admitted to our ideal university, may have no choice to our own like professional. This is not the reason why we fall, is not the reason why we waste youth. My youth, my boss. Not want us to squander our youth, wasted our time. But to make decision, we struggle of youth, youth encouraging words.

My youth, my dream!

Since talk about youth, you must be without dream. We brought the dream of university, but like a lot of people forget our initial dream. Not surf the Internet every day is just hanging around, on this day one day just hanging with the game, gradually lost our dream, willing to fall, willing to ordinary. If you forget their original dream, if not forgotten dreams, and whether in the struggle for your dream? This world is never lack of visionary, lack is practitioner, have a dream to strive, to achieve them. My dream is to become a senior engineer, although very far away, but I never give up, has always been striving for a chase. Distant dream on the fly, the wings up to chase. In order to their dreams, struggle! Don\'t be hesitated.

My youth, my family!

My youth, I struggle with!

My youth, I no regrets!

My speech. Thank you all!

尊敬的老师、亲爱的同学们：

大家好，今天我演讲的目是——我的青春！

首先，我想问大家一那个问题，请问各位同学，青春是什么？

一定有很多种不同的回答。我的回答是，花一样的绚烂，火一样的激情，鹰一样的抱负，这就是我们的青春。青春，多么耀眼的文字。一年又四季，同样，人生也有四季。青春就犹如一年四季里的春天，是播种的季节，只是春天去了来年还会再来，而青春一去不复返。青春是奋斗的季节而不是可以挥霍闹着玩的年华 。因为青春是那样的短暂，有时还没来得及回忆，已经随风而逝。我们的青春经不起挥霍，我们的青春因奋斗而美丽。

我的青春，我做主

如果我问在座的各位，你们的青春谁做主？你们一定会说：我的青春，我做主。不错，我们的青春是有我们做主。但我想说的是，我们的青春该怎样做主。是在游戏的世界里厮杀 还是整天用QQ聊天，抑或是每天睡到十二点。我的青春，我做主，不是叫你挥霍青春，如果每天都在游戏里厮杀，你的青春就不在是你做主了，而是游戏在做主你的青春。我们通过十二年或十三年的寒窗苦读，来到大学，或许没有考上我们的理想的大学，或许没有选择到我们自己喜欢的专业。这不是我们堕落的理由，更不是我们挥霍青春的理由。我的青春，我做主。 不是要我们挥霍我们的青春，虚度我们的年华。而是要做主，我们奋斗的青春，激扬文字的青春。

我的青春，我的梦想！

既然谈青春，就一定少不了梦想。我们带这梦想来的大学，但是好像很多人都忘了我们最初的梦想。每天不是上网就是到处瞎逛，就在这一天有一天的瞎逛与游戏中，渐渐的遗忘了我们的梦想，甘愿堕落，甘愿平凡。各位是否忘记了自己最初的梦想，如果没有忘记梦想，又是否在为实现梦想而奋斗呢？这个世界从来就不缺少梦想家，缺少的是实践家，有梦想就要去奋斗，去实现。我的梦想是成为高级工程师，虽然很遥远，但我从来没有放弃过，一直就奋斗着，追逐着。远方有梦在飞翔，奋起双翅起追逐。为了自己的梦想，奋斗吧！别在犹豫。

我的青春，我做主着！

我的青春，我奋斗着！

我的青春，我无悔！

我的演讲完毕。谢谢大家！

**高中英语演讲稿范文带翻译3**

In this competitive society it is essential to know how to sell yourself in order to get the job you want. That means you must be able to market your best features and present yourself in the best light. After all, you never get a second chance to make a first impression.

There are several things you can do to project a good image in an interview. First of all, look like a winner. Dress conservatively and well, and you\'ll look like you\'re going to the top. Second, communicate clearly. Consider each question carefully and respond with total honesty. Remember to make eye contact and maintain good posture. You need to look attentive but also at ease. Third, have a positive and assertive attitude. It\'s important to appear confident of your ability and optimistic about your future. Finally, be prepared. Present a professional resume and be ready to explain everything in detail.

By following the advice above, you are bound to make a good impression on potential employers. Then you will be able to choose the best opportunity for you and take that first step towards success.

如何自我推销

在这个竞争激烈的社会中，为了得到你想要的工作，知道如何自我推销是很重要的。也就是说，你必须能够销售你的特点，并把你的一面呈现出来。毕竟，第一印象定江山。

要在面试时表现出好的一面，你可以做几件事情。首先，要看起来像个赢家。穿着保守而体面，会使你看起来像是就要成功了。第二，要能清楚地表达。仔细地考虑每个问题，并据实回答。记得要和对方有目光接触，并保持良好的姿势。你必须看起来专注而自在。第三，态度要积极而有自信。对你的能力有信心，并对你的未来感到乐观是很重要的。最后，要充分准备。递上一份专业的简历，并准备好详细解释每件事。

遵照以上的建议，你就一定会给可能成为你老板的那些人，留下好的印象。然后你就可以选择对你而言的机会。并踏出迈向成功的第一步。

**高中英语演讲稿范文带翻译4**

Hello, ladies and gentlemen. It’s great to be here. First of all, thanks for your coming. Tonight, what I am gonna talk about is innovation. Who can tell me what is innovation? We all know that, since 1978, China has been through the greatest changes brought by the reform and opening-up. So what we can see from the reform and opening-up? The power of innovation. That’s why I am here. I am here to show you my Chinese dream. I want to talk about the future and how we\'re going to win it.

If we want to make innovation. But firstly, we should make sure that China is a place where we can make it if we try, where we can go as far as hard work and big dreams will take us. We understand that it’s not going to be a cakewalk, this competition for the future, which means all of us are going to have to do our best. We are going to have to win the future by being smarter and working harder and working together.

Innovation is the spirit of our country, the motive force for our country’s prosperity. Sparking the imagination and creativity of our people, unleashing new discoveries -- that\'s what China will do better than any other country on Earth. From the moment we have a new idea, we can explore it; we can develop it with a research grant; we can protect it with a patent; we can market it with a loan to start a new business. We’ve got a chain that takes a great idea all the way through. We must be confirmed that, today, the challenges we face are real. They are serious and they are many. They will not be met easily or in a short span of time. But we will somehow find a way to overcome the difficulties.

My major is . My job is to discover or create new drugs for many diseases like cancer. You know that laboratory is the place where miracles happen. Believe it or not. What I do can save millions of people’s lives. For a long time, what challenges me is how to commercialize research. You come up with a great idea, but moving that new discovery from theory to practice or from the lab to the marketplace, that\'s really a big job. That’s what we should focus on. We need to act with a sense of urgency-to study and work and create as if the fate of the country depends on us-because it does. It depends on us. Thank you!

Our new president Xi Jinping came up with the dream of the Chinese nation\'s rejuvenation on December 29, 20xx. He said: the Chinese dream is a dream of national strength prosperity and people\'s happiness. Our people have an ardent love for life. They wish to have better education, more stable jobs, more income, greater social security , better medical and health care, improved housing conditions and better environment,They want their children to grow well, have ideal jobs and lead a more enjoyable life. To meet their desire for a happy life is our mission.\_

2He also expounded his views of realizing

our great dream. He said : To realize the dream, China must take the road of socialism with Chinese characteristics. The country must also foster the Chinese spirit,in which patriotism and the spirit of reform and innovation play a core role, and unite billion people of all ethnicities into a great source of strength.

3I always ask myself what

can I do for our great Chinese dream ? As we all know that the wiser the youths are ,the wiser the nation will be;the wealthier the youths are ,the wealthier the nation will be;the stronger the youths are ,the stronger the nation

will be. Here the word wealthy means: enriching our knowledge reserve. As a new generation of science, every one here shouldering the great historical mission of ma-ki-ng china powerful and strong. You may say that this may exaggerate our role, but I want to say you are wrong. If I am a little screw our great dream may be a multifunction and complex machine. Through this example I just want to say I am very tiny but I am indispensable .

I believe that as long as all of our university students unite together and perform our own functions that study hard in school and work hard after we graduating from university . we must be able to achieve our great dream meanwhile enrich ourselves unwittingly!

President Xi also said:We are closer than in any other time of history to the goal of rejuvenating the Chinese nation. We are more confident and capable of achieving this goal than in any other period of history,\_

lets us unite together to realize Chinese nation\'s great rejuvenation to struggle!

**高中英语演讲稿范文带翻译5**

The longer I live, the more I realize the impact of attitude on life.

Attitude to me is more important than facts.

It is more important than the past,than education,than money,than circumstances,than failures,than successes,than what the other people think, say,or do.

It is more important than the appearance,the giftedness or skill.

It will make or break a company,a church ,a home.

The remarkable thing is we have a choice every day, regarding the attitude we will embrace for that day.

We cannot change our cannot change the fact that people will act in acertain cannot change the inevitable.

The only thing we can do is play on the one stage we that is our attitudes.

I am convinced that life is ten percent what happens to me ,and ninety percent how I react to so it is with you.

We are in charge of our attitudes.

我活得越久，就越意识到态度对生活的影响。

对我来说，态度比事实更重要。

它比过去、比教育、比金钱、比环境、比失败、比成功、比别人的想法、说的话或做的事都重要。

它比外表、天赋或技能更重要。

它将成就或毁掉一个公司、一座教堂、一个家庭。

值得注意的是，我们每天都有选择的机会，关于这一天我们将采取的态度。

我们不能改变我们的过去。

我们无法改变人们会以某种方式行事的事实。我们无法改变不可避免的事实。

我们唯一能做的就是在我们拥有的舞台上表演。这就是我们的态度。

我相信生活中有百分之十的事情发生在我身上，百分之九十的事情发生在我如何应对它。你们也是如此。

我们对自己的态度负责。

它山之石可以攻玉，以上就是虎知道为大家带来的5篇《高中英语演讲稿带翻译》，希望对您有一些参考价值。

**高中英语演讲稿范文带翻译6**

What is friendship?It is not food that we eat when we are starved but it can help fill up our empty mind when we feel lonesome. It is not clothes to wear when we are frozen but it is able to keep a stream of warmth welling up our heart. It is not a book that we read but it provides guidance to our life. Friendship is untouchable but it exists and touches people’s heart. It is something wonderful.

Friendship is about solicitude. When we get ill in bed our friends will put aside what they are doing and come immediately to us. They will sit by our bed so that they can get what we need at the moment promptly.

Friendship is about encouragement. When we fail and find ourselves hopeless and helplessfriends will be there accompanying us bracing us up and seeing it through with us.

Friendship is about consolation. When we weep in grief our friends will be around us hearkening to our bitter experience and trying their level best to make us feel better.

Nevertheless it is superficial to perceive friendship as gaining benefits from others. Friendship is more than that. We can’t merely receive. We ought to repay as well because friendship is reciprocal.

Friendship is about tolerance. We can’t expect our friends to be flawless because no one is perfect. We should be magnanimous enough to accept some of their shortcomings which they endeavor hard but fail to get rid of.

Friendship is about forgiveness. They shouldn’t be considered as bad friends even if they do something wrong to us. We are supposed to listen calmly and even-temperedly to their words as well as accept their sincere apology. A trifle is not supposed to injure a great friendship.

Friendship is about constant attention. Long time of neglect will upset our friends. If we let nature take its course without taking any action friendship will eventually wither like a flower which has been left without caring for too much time.

Now it won’t be so hard to realize that friendship is not as easy as it may seem. It is like the reservoir which will dry up if one doesn’t constantly pipe water into it. It is like the glass which is fragile and needs careful attention. It is sometimes difficult to handle.

To conclude friendship is a mutual spiritual assist. We get supported and helped while at the same time support and help our friends.

友谊是什么?这不是我们所吃的食物当我们饥饿的，但它可以帮助填补我们的空虚的心灵的时候，我们觉得寂寞。它是不穿的衣服时，我们被冻结，但它是能够保持一股暖意涌上我的心。这不是一本书，我们读到，但它提供了指导我们的生活。友谊是不可触摸的但它的存在，触动了人们的心。这是很棒的东西。

友谊是关怀。当我们生病在床，我的朋友会把他们正在做的事情，我们马上来。他们会坐在我们的床上，这样他们就可以得到我们所需要的时刻及时。

友谊是鼓励。当我们失败时，发现自己的绝望和无助，朋友将在那里，陪伴着我们，支撑我们，与我们看到它通过。

友谊是安慰。当我们在悲伤的哭泣，我的朋友会在我们身边，倾听我们的遭遇，竭力让我们感觉更好。

然而，它是把友谊作为获得的好处从其他表。友谊比。我们不能仅仅接受。我们应该报答因为友谊是相互的。

友谊是宽容。我们不能期望我们的朋友必须完美无瑕，因为没有人是完美的。我们应该大度足以接受一些他们的缺点，他们的辛勤努力而无法摆脱。

友谊是关于宽恕。他们不应该被视为坏朋友即使他们错了我们的东西。我们应该很安静甚至他们的话以及宽容地接受他们的真诚的道歉。一点不应该伤害了一段伟大的友谊。

友谊是持续的关注。长时间的忽视将会打乱我们的朋友。如果我们不采取任何行动的性质采取其当然，友谊最终会枯萎，像一朵没有关心太多的时间。

现在，就不难认识到友谊并不像它看起来那么容易。它就像水库，这将枯竭，如果不经常管水的时候。它就像玻璃，这是脆弱的，需要小心注意。有时很难处理。

最后，友谊是相互的精神帮助。我们得到的支持和帮助，同时支持和帮助我们的朋友。

**高中英语演讲稿范文带翻译7**

Distinguished teachers,dear classmates:

Today,the title of my speech is,the teacher study,chasing dreams.

In a string of campus,had my mother\'s footsteps,she had told me a lot of let her remember one time,look a lot of the teacher\'s name,she often inspires me with that kind of gratitude and the five-star red flag flying high,many students like me,our mom and dad went out from one of the campus,they are proud of his Alma mater,the teacher to make model,constantly struggle,with the knowledge and confidence for us to build a happy life environment,the patron saint of our life.

Today,people coming from all directions,and glory in the are pleased that we are proud!

Sunrise view,under the wide river,JianShi one are compared to the party is to train spacious walkway,the four seasons constant new garden,garden lawn like a blanket,shaded by trees and group building,and a model with underwater sound to one and will celebrate her seventieth birthday,advancing with The Times JianShi one bearing the weight of rich history and culture background,send to the five hundred thousand people of high hopes.

In calling upon society in advance, classmates,time and tide wait for no man! Of our fathers,and the teacher\'s cultivation,we are here to accept the baptism of youth,from here to chase the a teenager\'s stubborn,correction arose up coordinates;Full power to study hard,make life more firmly believe that respect for the teacher,you,is our lead.

Every day,English teacher again and again repeated his patience;The math teacher rounds of interpretation of his profound;The teacher in charge teacher day after day superposition with his persistence and teacher,a day\'s homework in the morning mist combinations,and trying to impart knowledge;In the dim light of night off every classmate,selfless fearless devoted love.

Into the school gate,at the beginning of my study is not good,thanks to the teacher for more than a semester inculcation,there is obvious improvement in my grades,I am proud of the progress of his subjects,like I get this exercise opportunity today,full of confidence.

Beautiful campus,it is the green shade to caress,blossoming flowers will are proud of the teacher to study;Study for volunteers,chasing \'re going to have one hundred times harder;Tomorrow,we can make the dream come true!

Thank you teacher!

Thank the classmates!

尊敬的各位老师，亲爱的同学们：

你们好!

今天，我演讲的题目是，《尊师勤学，追逐梦想》。

在一串的校园里，曾有过我妈妈的足迹，她给我讲过很多让她记忆犹新的一中岁月，历数过好多好多老师的名字，她经常用那种感恩和荣誉激励着我。在高高飘扬的五星红旗下，很多同学跟我一样，我们的爸爸妈妈从一中的校园走了出去，他们以母校为荣，以老师作榜样，用知识和信心不断打拼，为我们建造了幸福的生活环境，成为我们生命的守护神。

而今，大家从四面八方走来，也荣聚在这所校园里。我们欣慰，我们自豪!

朝阳观下，广润河畔，人们把建始一中比作是培育英才的一方沃土。宽敞清洁的走道，四季常新的花园，碧如绒毯的草坪，绿树与群楼掩映，书声与水声同唱。而今，建始一中又将迎来她七十岁的生日，与时俱进的建始一中承载着丰厚的历史文化底蕴，寄予着五十万人的殷切希望。

社会在前进，时代在呼唤。同学们，时不我待!父辈的寄托，老师的培育，我们在这里接受青春的洗礼，从这里去追逐梦想。丢掉少年时期的顽劣，修正勃发向上的坐标;充实勤学苦练的本领，打造绚丽多彩的人生。我坚信，尊敬的老师，您，就是我们的引路人。

每天，英语老师一遍又一遍的重复着他的耐心;数学老师一轮又一轮的诠释着他的深邃;班主任老师一天又一天的叠加着他的执著和汗水。我们的老师，顶着晨雾组合一天的功课，身心竭力地传授知识;披着夜色送走每一个同学，无私无畏地倾注关爱。

初进校门的时候，我的学习并不好，感谢老师一个多学期的谆谆教诲，我的成绩有了明显的提高，我为自己学科的进步而感到自豪，就像我今天获得的这次锻炼机会一样，充满信心。

美丽的校园里，正是有了绿荫呵护，鲜花就会朵朵盛开。尊师为荣，致力勤学;勤学为志，追逐梦想。今天，我们要有百倍的努力;明天，我们才能梦想成真!

谢谢老师!

**高中英语演讲稿范文带翻译8**

every one of us,rich or poor,should at least have one or two good friends will listen to me when i want to speak,will wipe my eyes when i cry,will take care of me when i am sick,and my friends will go together with me side by side through this journey of life.

as students,we could share more time with our friendship in our young hearts is pure,fresh and often feel very lucky to have a lot of good when i had justin as one of my best was my english teacher from the met him in 1996 when i was a student who could only speak very little was a vivid young man with a bright smile on his face,and he always had his special way to make the class active and taught us english by telling stories,playing games,singing songs,and even could still remember very clearly that one afternoon when we fin-ished our class,we went to some other classes to sing songs for them,just like what people do in the states on christmas was so interesting and was an excellent teacher,because he taught us not only how to study english well,but also the way to find out the beauty of the world and the way to be angels to others\' know there was friendship and pure love in our this valuable emotion neither nationality nor age was important,the real importance lay in faith,under-standing,and is the best friend i have ever had,and i know i will cherish those days of staying together with him as the best part of my memory.

friendship is a kind of treasure in our is actually like a bottle of wine,the longer it is kept,the sweeter it will is also like a cup of we are thirsty,it will be our best choice,but when we have enough time to enjoy ourselves,it is also the most fragrant drink.

however,in this fast-developing modern society,the reality is not and more people forget to enjoy the beauty of life and -the beauty of work hard in order to gain a higher position,in the society and to earn more money for their course,we don\'t deny that it is important to find a bet-ter place in our lives,but we wish more and more people could pay a little more attention to themselves and their of us have to spare some time for personal have to find the chance to express our emotion and staying with our friends,we can release ourselves can do whatever we want,we can laugh together,talk together,and even cry should say that being together with our best friends is the most wonderful moment of our lives.

as we know,we would feel lonely if we didn\'t even have a it doesn\'t mean we could depend on our friends all the is a famous motto saying that “a friend is like a quilt with cotton wadding,but the real thing that keeps you warm is your own temperature.” it is really have to work hard together with our friends,encourage each other and help each we receive love and friendship,we should repay as much as we can.

finally,let\'s pray together now that one day,all of us could find the person we want to find,and could enjoy a real beautiful friendship in our \'s pray the flower of friendship be-tween our friends and us would always bloom brightly in our hearts.

我们每一个人，富裕还是贫穷，至少应该有一个或两个好朋友。我的朋友们会听我的，当我想说话的时候，会抹去我的眼睛当我哭泣，会照顾我当我生病了，和我的朋友会和我一起并排通过这次旅行的生活。作为学生，我们可以分享更多的时间与我们的朋友。友谊在我们年轻的心是纯洁的，新鲜和简单。我经常觉得很幸运，有很多好朋友。尤其是当我有贾斯汀是我最好的朋友之一。贾斯汀是我的英语老师来自美国。

我见到他在1996年当我还是一个学生，只能说很少的英语。贾斯汀是一个生动的年轻人和一个灿烂的微笑在他的脸上，他总有他的特殊的方式使课堂活跃和有吸引力。他教我们英语讲故事，玩游戏，唱歌，甚至跳舞。我仍然可以记得很清楚，当我们天色已类的一个下午，我们去了一些其他类为他们唱歌，就像人们在圣诞前夕在美国做些什么。它是如此有趣和令人难忘的。贾斯汀是一个优秀的老师，因为他不仅教我们如何学好英语，而且找到的美丽世界的方式和方法的天使到别人的生活。我知道有友谊和纯洁的爱在我们心中。面对这种宝贵的情感国籍和年龄是很重要的，真正的重要性在于信仰，理解，和关心。贾斯汀是我曾经遇到的最好的朋友，我知道我将珍惜那些日子和他呆在一起的最好的我的记忆的一部分。友谊是一种财宝在我们的生活中。它实际上是像一瓶酒，将其保存的时间越长，甜。也像一杯茶。

当我们口渴时，这将是我们的最佳选择，但当我们有足够的时间玩得很开心的，也是最芳香的饮料。然而，在这个快速发展的现代社会，现实不是。越来越多的人忘了享受生命的美丽和——美丽的友谊。他们努力工作为了获得一个更高的位置，在社会和为他们的工作赚更多的钱。当然，我们并不否认，重要的是要找到一个好地方在我们的生活中，但我们希望越来越多的人能更关注自己和他们的朋友。我们所有人必须备用一些个人生活的时间。我们必须找到机会来表达我们的情感和爱。当住在我们的朋友，我们可以完全释放自己。我们可以做任何我们想要的，我们可以一起开怀大笑，一起交谈，甚至一起哭。我应该说在一起与我们最好的朋友是我们生活的最美妙的时刻。我们知道，我们会感到孤独，如果我们甚至没有一个朋友。但这并不意味着我们可以依靠我们的朋友。有一个著名的格言说：“一个朋友就像一个被子棉絮，但真正的东西，使你温暖的是你自己的温度。

“这是真的。我们必须努力工作和我们的朋友一起，互相鼓励，互相帮助。当我们接受爱和友谊，我们应该报答尽可能多。最后，让我们一起祈祷，有一天，我们都能找到我们想要找到的人，并可以享受一个真正的美丽的友谊在我们的生活中。让我们之间的友谊的花朵祈祷我们的朋友和我们在我们的心总是绽放明亮。

**高中英语演讲稿范文带翻译9**

ladies teacher and classmate:

good am three class name is jane would like to thank you teacher and classmate giving me this chance to have book review ,as is is curiosity and reading.

now i would like to share learning mate experience,to speak frankly,i like reading books about maths ,especially problem sdving ones .i can learn how to control your brain and master analysis and logic from the process of counting and understanding the question you will meet a good name is patience in truth,during the process of math,we not only manage our brains,we also operate our hands,we learn ways to use our brains and develop a pair of skillful hands.

learning math has too many advantages,besides training our thinking and letting us know many most important thing is we will use the arithmetic all our lives,for example: counting the candy in our pockets,the score on examinations,even the speed dad drives the are so many examples in our lives,lastly,i want to say thank you again for listening to my book review and i hope you will like math as much as i like you very much!

各位老师和同学们:

早安,我是三年20班的学生,我的名字叫王乙真,我很感谢老师和同班同学给我这个机会在这里做心得报告.大家都知道,小朋友是好奇和喜欢读书的嘛.

今天我想跟大家分享我学习数学的心得.坦白说,我自己很喜欢阅读数学书籍,尤其是解题数学的书.其实,在学数学的过程中,我将学会运用我的头脑去分析和组合数字,并在计算和理解题目的过程中,慢慢的认识了一个很好的朋友,它名字就叫做-耐心.事实上在学数学过程中,我们不只「脑」在动,手也必须配合口诀在动,我们渐渐学了如何应用聪明的小脑瓜和一双万能的双手.

学习数学的好处实在太多了,除了训练思考之外,还可以认识很多的小朋友.最重要的是我们一辈子都会应用到数字的运算,例如计算口袋里的糖果,考试的分数,甚至爸爸开车的速度等等,这实在可以举太多太多生活的例子了.最後,我再次谢谢大家听我做心得报告和希望大家都跟我一样喜欢数学.谢谢你们!

**高中英语演讲稿范文带翻译10**

People always say in one life, they can’t be sailing plainly, it meanspeople will meet all kinds of difficulties and they are easy to feel frustrated,the one who gets over frustration, the one who becomes successful. When we meetdifficulties, we must learn to face it in the optimistic way, so we can see thehope and have the faith to move on. The difficult moment is just the smallinterlude of our lives. As the saying that failure is the mother of success, sowe need to learn lessons from failure and then when the time comes, we will getsuccessful. Facing frustration is unavoidable, if we can handle it well, we willwin.

人们总是说人的一生不可能一帆风顺，这意味着人们会遇到各种各样的困难，他们很容易会感到受挫，谁能走出挫折，谁就能获得成功。当我们遇到困难，必须要学着去乐观面对，这样我们才能看到希望，有信念前进。困难时刻不过是我们生活的小插曲。俗话说失败乃成功之母，我们要从失败中学到教训，当时机到来，我们就会成功。面对挫折是不可避免的，如果我们能处理好，就能赢得胜利。

**高中英语演讲稿范文带翻译11**

I love English

When I was seven,I started learning played games and sang English songs with other watched English \'s I discovered the beauty of the language,and began my colorful dream in the English world.

I hope I can travel around the world want to go to America to visit Washington,because my cousin is over course,I want to go to London too,because England is where English language I can ride my bike in Cambridge University,I will be very happy.

I hope I can speak English with everyone in the I\'ll introduce China to them,such as the Great Wall,and the gardens in will teaching people of the world about the beautiful language of our country.

I like the English learn English is once wanted to be an English teacher .I also like Chinese I was really young,I was able to remember lots of also wanted to be a teacher of I think that both of my dreams can come true: I will be able to use English to teach foreign friends Chinese and share Chinese culture with that more and more people will be able to get to know the 5000 years\' history culture,and the prosperity of our great China.

My future is not a am confident that it will come true.

(译文)：我爱英语

当我7岁，我开始学习英语。我和其他的儿童一起玩游戏和唱英文歌曲。有一次我看了英文动画片，它非常有趣。因此我发现了语言的美丽，并且在英语世界中开始了我五彩缤纷的梦想。

我希望有一天我能环游世界。我想去美国参观华盛顿，因为我的表哥在那里。当然，我也想去伦敦，因为英国是英语的发源地。如果能够在剑桥大学中骑着单车，那我会多么开心啊!

我希望我能和世界上所有的人用英语交流，当然我也会向他们介绍中国，比如长城和苏州园林。我会教世界上的人们说我们国家的美丽语言。

我喜欢英语，学习英语真是太好了。我曾经想要成为一名英语教师。我也喜欢汉语文学，很小的时候就能记住许多古诗，因为我也想成为一名语文老师。现在，我认为我的两个梦想都能实现：因为我要使用英文来教外国人中国文化。这样就会有越来越多的人了解中国五千年的历史文化的繁荣了。

我的未来不是梦，我相信它一定会实现!

**高中英语演讲稿范文带翻译12**

good morning,ladies and gentlemen,

last summer,i volunteered to work as an english teacher in a primary school for children of migrant be accurate,i didn\'t was dragged in my friends first hit upon the idea of this was all against it.\'what?\' to spend my vacation standing in the heat yelling at a bunch of nine-year-olds who couldn\'t even speak proper mandarin chinese?and \'s no pay for my am definitely not friends twisted my arms to have me join them.

unexpectedly，the first lesson i taught turned out a lesson for moment i stepped into the shabby was touched by the loud,respectful voices in unison.\'good morning teacher !\' instead of fooling around,the children were thirsty for knowledge and efficient in absorbing everything i was able to give made me despise myself for i hadn\'t even prepared for the the leaned over the squeaky desk,chatting with a sweaty boy in the front row.\_without air-conditioning,it\'s really hot you tired?\_ not at his \'s fine dad builds asphalt is really tiring and hot.

as summer enthusiasm as a teacher prepared my lesson carefully and even used some methods my teachers organized many group activities to give the kids enough the heat was also becoming less and less one-month volunnteer came to an i was leaving my last class,i turned back and saw smiling faces and waving before had i ever had such a feeling of was,nevertheless,mixed with a sense of enrichment,fulfillment and was paid for my work,amply paid,not in terms of money,but something more valuable.

my english was improved,i was able to teach it,although not very learned about the grassroots-level myself a heart is heart that not only beats for cares for others as volunteer work gave me a precious little chance of saying people like the little boy\'s father who construct highways and undergrounds,build up modern skyscrapers,and make our cities more and more help the children with their english was all i could do at present to show my gratitude to these unsung world may not have been fair to privileged and blessed people like me make their life i do for them,however,i know it can\'t be compared with what they have done to improve the quality of life in our and i realize that voluntary shouldn\'t be just a one-time personal should be a lifetime activity of of us are now offering assistance to the needy and to each other and our efforts have indeed made a difference schooling,---- or caring for the elderly in nursing homes,and helping out in 20xx beijing olympics,will not only contribute to the harmony of the world but elevate ourselves as once said,\_it\'s one of the most beautiful compensations of this life no man can sincerely try to help another without helping himself\_ he was hear that my university is going to organize another voluntary teaching program this time i won\'t be dragged will you !

早上好，女士们，先生们，

去年夏天，我自愿工作作为孩子的英语老师在一所小学的农民工。是准确的，我没有做志愿者。我被拖在字面上。当我的朋友第一次偶然发现这个项目的想法。我反对它。“什么？“度假站在一群9岁时的热大喊大叫的人甚至不能说正确的普通话吗？除此之外。没有支付我的辛劳。不。我绝对不会。我的朋友扭曲我的胳膊让我加入他们的行列。

出乎意料，第一节课我给了一个教训。当我走进一间破旧的教室。声，令我感动恭敬的声音。“老师早上好！”而不是鬼混，孩子们渴望知识和有效吸收我能够给他们的一切。这让我鄙视自己，我还没准备好。在休息期间。我俯身在吱吱作响的桌子，和前排的男孩。“这里没有空调，很热。你累了吗？“不是。他说。摇着头。这里很好。我爸爸建立沥青道路。这是很累人的。

随着夏天的先进。我作为老师的热情了。我认真准备功课，甚至使用一些方法我的老师使用。我组织了许多集体活动给孩子们的乐趣。奇怪的热量也变得越来越无法忍受。很快，我的月volunnteer结束。当我离开我的最后一节课，我回头，看见笑脸，挥舞着双手。我之前从来没有过这样一种悲伤的感觉。然而，与浓缩，混合满足和幸福。我是我的工作，充分报酬，不是钱，而是更有价值的东西。

提高我的英语，我可以教它，虽然不是很专业。我了解了基层社会。在自己的心正在增长。的心不仅为自己拍。但关心其他人。的志愿工作给了我一个宝贵的机会说谢谢。人们喜欢小男孩的父亲建造高速公路和地铁建立现代摩天大楼，让我们的城市越来越美丽。帮助孩子们与他们的英语都是我目前能做的给我的感谢这些无名英雄。他们可能没有被公平的世界。特权和幸福像我这样的人让他们的生活更美好。无论我做什么，但是，我知道它不能与他们所做的事情来改善我们的城市的生活质量。女士们，先生们。现在我意识到，自愿不应该只是一个一次性的个人经验。它应该是一个一生的活动每个人。我们中的许多人现在提供帮助穷人和彼此和我们的努力的确差异教育，——或者在疗养院照顾老人，并帮助在20\_年北京奥运会，将不仅有利于世界的和谐，提升自己。爱默生曾经说过：“人生最美丽的补偿之一，没有人能真诚地尽力帮助另一个没有帮助自己”他是对的。我听说我的大学会组织今年夏天另一个自愿的教学程序。这一次我不会拖。我将志愿者。谢谢你！

**高中英语演讲稿范文带翻译13**

“All the kids make fun of me”the boy cried to his mother.“They say I have a big head”

“Don\'t listen to them.”his mother comforted him.“You have a beautiful head .Now stop crying and go to the store for ten pounds of potatoes”

“Where\'s the shopping bag?”

“I haven\'t got one,use your hat.”

大脑袋

“所有的孩子都拿我开玩笑，”小男孩哭着跟妈妈说:“他们说我长了一个大脑袋。”

“别听他们的，”他妈妈安慰说:“你的脑袋长得很漂亮。好了，别哭了，去商店买10磅土豆来。”

“购物袋在哪?”

“我没有购物袋，就用你的帽子吧。”

**高中英语演讲稿范文带翻译14**

In this glorious summer, we will say goodbye! Who have experienced life in high school people would say, three years of high school time is very impressive, very profound. This is not only due to the tension of living under high pressure; Chengshan the pile, the examination paper to fly sky; and when the results fall the tears flow and the development plan. Life in the future, we will be thinking slowly, slowly tastes will appreciate the deep spiritual growth of high school three years away, will always cherish the memory of his life the first time all the hard work!

As your teacher, over the past three years, we have day and night together, together we have the honor to accompany you through life\'s most beautiful season of youth. We are willing to remember each bright smiling faces and those flowery sun everywhere, in the early morning Shusheng Lang. In this three-year period, we can not g

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