# 青春英语三分钟演讲5篇范文

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*青春不是年华，而是心境。青春不是桃面，丹唇，柔膝，而是深沉的意志，恢宏的想象，炙热的情感。青春是生命的深泉在涌流。青春是天边的虹，转瞬即逝，却又柔美异常。青春是清晨的雾，朦胧含蓄，却又适合徜徉。下面给大家分享一些关于青春英语三分钟演讲5篇，...*

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**青春英语三分钟演讲(1)**

Ladies and Gentlemen：

Good afternoon! I’m very glad to stand here and give you a short speech.today my topic is “youth”. I hope you will like it , and found the importance inyour youth so that more cherish it. Do you know what is youth? How do you masteryour youth?

Youth is not a time of life, it is a state of mind ; it is not rosy cheeks, red lips and supple knees, it is a matter of the emotions : it is thefreshness ; it is the freshness of the deep springs of life .

Youth means a temperamental predominance of courage over timidity of theappetite , for adventure over the love of ease. This often exists in a man of 60more than a boy of 20 . Nobody grows old merely by a number of years . We growold by deserting our ideals.

Years wrinkle the skin , but to give up enthusiasm wrinkles the soul .Worry , fear , self –distrust bows the heart and turns the spirit back to dust.

Whether 60 of 16 , there is in every human being ‘s heart the lure ofwonders, the unfailing childlike appetite of what’s next and the joy of the gameof living . In the center of your heart and my heart there’s a wireless station: so long as it receives messages of beauty , hope ,cheer, courage and powerfrom men and from the infinite, so long as you are young .

When the aerials are down , and your spirit is covered with snows ofcynicism and the ice of pessimism, then you are grown old ,even at 20 , but aslong as your aerials are up ,to catch waves of optimism , there is hope you maydie young at 80.

Thank you!

**青春英语三分钟演讲(2)**

No young man believes he shall ever die. There is a feeling of Eternity inyouth, which makes us amend for everying.To be young to be as one of theImmortal Gods. One half of time indeed is flown-the other half remains in storefor as with all its countless treasures; for there is no line drawn, and we seeno limit to our hopes and wishes. We make the coming age our own-

The vast, the unbounded prospect lies before us, including our dreams.

So I\'ll say:Concentrate upon your dreams and they will become materialactualities. Through concentration we work out our dreams in physical life. Yourfuture depends upon the dreams you are forming now. Your past dreams aredetermining your present. Therefore, if you want a bright future, you must beginto prepare for it today.

We say a man is as changeable as the weather. What is meant is his dreamschange. Every time you change your idea you think differently. You become like arudderless boat on an ocean. Therefore realize the importance of holding to yourdream until it becomes a reality .

Catch the star that holds your destiny, the one that forever twinkleswithin your heart. Take advantage of precious opporyunities while they stillsparkle before you. Always believe that your ultimate goal is attainable as longas you commit yourself to it.

Though barriers may sometimes stand in the way of your dreams, rememberthat your destiny is hiding behind them. Accept the fect that not everyone isgoimg to approve of the choices you\'ve made, have faith in your judgement, catchthe star that twinkles in your heart, and it will lead you to your destiny\'spath. Follow that pathway and uncover the sweet sunrises that await you.

Take pride in your accomplishments, as they are stepping stones to yourdreams. Understand that you may make mistakes, but don\'t let them discourageyou. Value your capabilities and talents for they are what make you trulyunique. The greatest gifts in life are not purchased, but acquired through hardwork and determination. Finding the star that twinkles in your heart for youalone are capable of making your brightest dreams come true.

So don\'t think that you are neglected, or not understood, or notappreciated. zsuch thoughts are the thoughts of failure.

Don\'t pity yourself, criticise yourself. You know that the only thing inthe world that you have got to count upon is yourself.

**青春英语三分钟演讲(3)**

Distinguished judges， teachers， dear friends：

Hello， everybody! My name is， I come from. Today， I am very glad to standhere and share with you my most sincere speech‘Flying youth， master ourfuture!’

Life is a process of growing up. Saying goodbye to childhood， we step intoanother important time of life‘the youth’ver， who can really say what the youthis ? A period of time? A belief? An attitude to life? Or anything else? We don’tknow.

A famous poet said ‘ youth is a lovely song ，where nothing is impossible ;youth is a meaningful book， you’ll be never bored of it ;youth is a rapid river，it keeps on flowing day and night ;youth is a cup of tea ，it shows youdifferent kinds of tastes in your life. ’

As youth is so precious， of course， we must treasure it ’t let the limitedtime pass by， leaving nothing of significance to our future. Actually， youth hasa lot to do with our future. It’s necessary for us to prepare ourselves well forthe future to come. So， what should we do? Here ，I’ll point out some tips tohelp equip ourselves

First of all， recognize the direction of your future. In other word， thinkof what you’d like to be some day. A teacher ? A doctor ? A writer? Don’t afraidof thinking big and great e you are young ， you can dream of doing anything andbecoming anyone in the future

What’s more ， never ignore the power of knowledge. Read more books andtravel around. For one thing， it can increase your knowledge， for another， it’llbroaden your horizon.

Last but not the least ， stick to your dream. It easier said than done.After all， future is not all roses. So， we should have enough courage anddetermination to overcome all the difficulties.

I firmly believe one sentence that‘If you think you can， of course youcan!’Just believe we can make it! Keep on walking towards our dream. Flyingyouth ，master our future. From today， from now on ，from Duping Middle School !Ready ?

That’s all. Thank you so much for your attention !

**青春英语三分钟演讲(4)**

Distinguished judges, teachers, dear friends:

Hello, everyone! My name is cheng xiang yan , I am a junior student comefrom life science institution .Today, I am very glad to stand here and sharewith you my most sincere speech‘Flying youth, master our future!’

Life is a process of growing up. Saying goodbye to childhood, we step intoanother important time of life in the pace of young, facing new situations,dealing with different problems.....

However, who can really say what the youth is ? A period of time? Abelief?An attitude to life? Or anything else? actually, everyone has hisownunderstanding of young, it is a period of time of beauty and wonders, onlyafter you have experienced the sour , sweet ,bitter and salty, can you reallybecome a person of significance.

Just like A famous poet said ‘ youth is a lovely song ,where nothing isimpossible ,youth is a meaningful book, you’ll be never bored of it ;youth is arapid river ,it keeps on flowing day and night ;youth is a cup of tea ,it showsyou different kinds of tastes in your life.

As youth is so precious, of course, we must treasure it .Don’t let thelimited time pass by, grasping the young will means a better time is waiting foryou in the near future.

So,It’s necessary for us to prepare ourselves well for the future to come.having a view on those great men in the history of hunman being, they all madefull use of their youth time to do things that are useful to society, to thewhole mankind, and as a consequence ,they are remembered by later generations,admired by everyone. so do something in the time of young, although you may notget achievements as these greatmen did ,though not for the whole world, just foryoueself, for those around! So, what should we do when we are young? Here,I’llpoint out some tips to help equip ourselves.

First of all,think of what you’d like to be some day. A teacher ? A doctor? A writer? Don’t afraid of dreaming of big and great .Since you are young , youcan dream of doing anything and becoming anyone in the future. What’s more ,never ignore the power of knowledge. Read more books and travel around. For onething, it can increase your knowledge, for another, it’ll broaden yourhorizon.

Last but not the least , stick to your dream. It easier said than done.After all, future is not all roses. young is just like blooming flowers, theyare so beautiful when blooming, which make people feel happy, but with timepassing by, after they withers ,most people think they are ugly. and so it isthe same with young, we are enthusiastic when we are young, then we may lose ourpassion when getting older and older. So we should have enough courage anddetermination to overcome all the difficulties in struggling on the road.

I firmly believe one sentence that‘If you think you can, of course youcan!’Just believe we can make it! Keep on walking towards our dream. Flyingyouth , master our future. From today, from now on , are you Ready ? That’s all.Thank you so much for your attention !

**青春英语三分钟演讲(5)**

Saying goodbye to childhood，we step into another important time in the paceof young，facing new situations，dealing with different problems……

everyone has his ownunderstanding of young，it is a period of time of beautyand wonders，only after you have

experienced the sour ，sweet ，bitter and salty can you really become aperson of time of young is limitted，it may pass by without your attention，andwhen you discover what has happened ，it is always too ping the young well meansa better time is waiting for you in the near future，or the situation may beopposite .

having a view on these great men in the history of hunmanbeing，they allmade full use of their youth time ，to do things that are useful to society，tothe whole mankind，and as a cosquence ，they are remembered by later

generations，admired by do something in the time of young，although you maynot get achievements as these greatmen did ，though not for the whole word，justfor youeself，for those around!

the young is just like blooming flowers，they are so beautiful whenblooming，they make people feel happy，but with time passing by，after they withers，moet people think they are so it is the same with young，we are enthusiasticwhen we are young，then we may lose our passion when getting older and we musttreasure it ，don\'t let the limitted time pass by ，leaving nothing ofsignificance.

**青春英语三分钟演讲5篇**

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