# 3分钟英文演讲的作文5篇范文

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*说话的速度也是演讲的要素。为了营造沉着的气氛，说话稍微慢点是很重要，标准大致为5分钟三张左右的A4原稿，不过，此地要注意的是，倘若从头至尾一直以相同的速度来进行，听众会很无聊的。下面给大家分享一些关于3分钟英文演讲的作文5篇，供大家参考。3...*

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**3分钟英文演讲的作文(1)**

change the world? change ourselves

good evening， honorable judges， ladies and gentlemen。

it’s my great pleasure to stand here to present my speech—change the world，change ourselves。

it’s noticable that western holidays are becoming increasingly popular dayby day， while chinese traditional festivals are being somewhat neglected。 notlong before about 10 doctors in beijing university and qinghua unversityannounced that we should reject the invasion of western holidays ，because theyregard western holidays as an challenge against our traditional festivals andculture。

frankly speaking， i don’t quite agree with them。indeed， we should neverneglect or even discard our traditonal festivals as china boasts a brillianthistory and splendid traditions。 (examples)。but why can’t we absorb themeaningful western holidays and culture。

there are obvious reasons why some western holidays are so popular inchina。 on the one hand， some of the western holidays which we chinese don’t haveare reasonable and meaningful， such as father’s day and april fool’s day etc。 onthe other hand，the prevalence of globalization enables western culture toprevail in china。 overwhelmed by such a trend，chinese unconsiciously getinvolved in western holidays and culture。

with the further development of the whole world， the cultural communicationbetween different countries and nations becomes faster and more and moreimportant。 we are indeed from different nations， but we are the citizens of thesame world， so the outstanding culture of different nations is the commom wealthof everyone on the earth。the only way for us to protect our traditional cultureis to reject the foreign culture? the answer is definitely no。 what we ought todo is to spare no effort to educate chinese to get to know and treasure oursplendid traditions instead of rejecting foreign culture。 only by educating canwe set our confidence and belief towards our culture。 only by educating can wepreserve and promote the wealth that our ancesters left for us。

at last i’d like to share a famouse saying of gandhi with all of you ，thatis：if you want to change the world， then you must change yourself first。”

**3分钟英文演讲的作文(2)**

Dear teachers， dear students：

hello everyone!

The topic of my speech is \"the hardness of life\"

The vast desert， a tree stand， the show is a monument to the image.

Towering mountains， thousands of tree stand up， as is a magnificent theGreat Wall.

The long river， all the trees stood up into a dragon of glory.

We are a symbol of too much， and too much. But I believe that my image isnot \"the gentlest hands， skin， such as Diorskin\" Lin Daiyu， nor is the modern\"unkempt and shabby\"， \"Su Qier\". We are a symbol of hope and vitality. So weshow in front of others should be inserted without pleats， face without scale，modest and polite gestures exudes a stream of heroic spirit， the image of thevigor and vitality of the modern new youth， a into the embodiment of the spiritof nature.

Someone once said， life is a kind of hardness， integrity and dignity oflife is propped up the hardness of bone. \"Better life\" and \"the Kui back in theday， and not ashamed on the ground\"， which is always the traditional virtue ofthe China. Li Bai\'s \"the eyebrow nengcui Zheyaoshan powerful thing， so that Imay not be happy Yan\" this awe inspiring atmosphere of the verse and whether itwill make those no self-esteem people to shame? Loss of self-esteem is aworthless person， and we as the vanguard of the times， if drown in the darknessforever， or to do a dauntless hero， a flower in the wind and rain sonorous rose.The answer is self-evident. 　　Desert desolate also has the monument stands，Castle Peak again proud， but also have the great wall around， the river againquiet， also there is a dragon in the recumbent. But the time can be changed， ourimage， our glory remains the same. Because we pride， because we are confident，because we have a fresh life. And because of this， it is a vast desert riparianlong， Qingshan was evergreen， the hardness of life is forever.

**3分钟英文演讲的作文(3)**

Good morning!

It is really my honor to have this opportunity for a interview，I hope i canmake a good performance today。 I\'m confident that I can succeed。 Now i willintroduce myself briefly。

I am 26 years old，born in shandong province 。

I was graduated from qingdao university。 my major is electronic。and i gotmy bachelor degree after my graduation in the year of 20\_。

I spend most of my time on study，i have passed CET46 。 and i have acquiredbasic knowledge of my major during my school time。

In July 20\_， I begin work for a small private pany as a technical supportengineer in QingDao city。Because I\'m capable of more responsibilities， so Idecided to change my job。 And in August 20\_，I left QingDao to BeiJing andworked for a foreign enterprise as a automation software test engineer。Because Iwant to change my working environment， I\'d like to find a job which is morechallenging。 Morover Motorola is a global pany， so I feel I can gain the mostfrom working in this kind of pany ennvironment。 That is the reasonwhy I e hereto pete for this position。

I think I\'m a good team player and I\'m a person of great honesty to others。Also I am able to work under great pressure。

That’s all。 Thank you for giving me the chance。

**3分钟英文演讲的作文(4)**

One night， I plained to my mom about the lack of time。 Finally shesaid，\"you are short of time just because you waste precious minutes on plaintsand anxiety。 The point is， no matter how full your schedule is， if you tryreally hard， you can always fit in some thing more。\"

It is the same with filling the jar。 Even if you place a dozen fist-sizedrocks and a bucket of gravel into the jar， there is still space for sand andwater between the rocks and gravel。

The lack of time is just the excuse for my negligence of every singleminute。 I believe that the great piding line between success and failure canbe expressed in six words，\"I did not have enough time。\"The fact is I do haveexactly the same number of hours per day that were given to Helen Keller，Pasteur， Thomas Jefferson， and Albert Einstein。 The point is I have nevertouched upon the real meaning of life which lies in snatching， seizing andenjoying every minute of it。 No idleness， no delay， no procrastination， noplaint! It is during my moments of plaining or hesitation that my destiny isshaped。 Once I make full use of every moment， I believe that， my worries will begradually cut down to nothing。

Time is the most valuable of all our possessions， but the most perishableas well。 As Henry David Thoreau said，\"You must live in the present， launchyourself on every wave， find your eternity in each moment。\"

Whenever I fell the lack of time in the future， I will tell myself \"Carpediem ， seize the day， make every moment count。\"

**3分钟英文演讲的作文(5)**

Honorable Judges， fellow students:

Good afternoon!

Recently， ther is a heated debate in our society。 The college students arethe beneficiaries of a rare privilege， who receive exceptional education atextraordinary places。 But will we be able to face the challenge and supportourselves against all odds? Will we be able to better the lives of others? Willwe be able to accept the responsibility of building the future of ourcountry?

The cynics say the college students are the pampered lost generation， whichwould cringe at the slightest disfort。 But the cynics are wrong。 The collegestudents I see are eagerly learning about how to live independently。 We helpeach other clean the dormitory， go shopping and bargain together， and take parttime jobs to supplement our pocket money。

The cynics say we care for nothing other than grades; and we neglect theneed for character cultivation。 But again， the Liuxue86。 cynics are wrong。 Wecare deeply for each other， we cherish freedom， we treasure justice， and we seektruth。 Last week， thousands of my fellow students had their blood type tested inorder to make a contribution for the children who suffer from blood cancer。

As college students， we are adolescents at the critical turning point inour lives。 We all face a fundamental choice: cynicism or faith， each willprofoundly impact our future， or even the future of our country。 I believe inall my fellow classmates。 Though we are still inexperienced and even a littlebit childish。 I believe that we have the courage and faith to meet any challengeand take on our responsibilities。 We are preparing to assume newresponsibilities and tasks， and to use the education we have received to makeour world a better place。 I believe in our future。

3分钟英文演讲的作文5篇

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