# 3分钟脱稿英文演讲5篇范文

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*只有学识丰富，才能在短暂的准备时间内从脑海中找到生动的例证和恰当的词汇，使脱稿演讲增添魅力。这就要求演讲者具备一定的自己所从事的专业知识，并能了解日常生活知识，如风土人情、地理环境等。下面给大家分享一些关于3分钟脱稿英文演讲5篇，供大家参考...*

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**3分钟脱稿英文演讲(1)**

Dear teachers， dear students：

hello everyone!

The topic of my speech is \"the hardness of life\"

The vast desert， a tree stand， the show is a monument to the image.

Towering mountains， thousands of tree stand up， as is a magnificent theGreat Wall.

The long river， all the trees stood up into a dragon of glory.

We are a symbol of too much， and too much. But I believe that my image isnot \"the gentlest hands， skin， such as Diorskin\" Lin Daiyu， nor is the modern\"unkempt and shabby\"， \"Su Qier\". We are a symbol of hope and vitality. So weshow in front of others should be inserted without pleats， face without scale，modest and polite gestures exudes a stream of heroic spirit， the image of thevigor and vitality of the modern new youth， a into the embodiment of the spiritof nature.

Someone once said， life is a kind of hardness， integrity and dignity oflife is propped up the hardness of bone. \"Better life\" and \"the Kui back in theday， and not ashamed on the ground\"， which is always the traditional virtue ofthe China. Li Bai\'s \"the eyebrow nengcui Zheyaoshan powerful thing， so that Imay not be happy Yan\" this awe inspiring atmosphere of the verse and whether itwill make those no self-esteem people to shame? Loss of self-esteem is aworthless person， and we as the vanguard of the times， if drown in the darknessforever， or to do a dauntless hero， a flower in the wind and rain sonorous rose.The answer is self-evident. 　　Desert desolate also has the monument stands，Castle Peak again proud， but also have the great wall around， the river againquiet， also there is a dragon in the recumbent. But the time can be changed， ourimage， our glory remains the same. Because we pride， because we are confident，because we have a fresh life. And because of this， it is a vast desert riparianlong， Qingshan was evergreen， the hardness of life is forever.

**3分钟脱稿英文演讲(2)**

Good afternoon， teachers! First please allow me to introduce myselfbriefly。

My name is Xie Tianyuan。 I am 17 years old。 My birthday is Jan。 1st 。 It’sjust New Year’s Day。 I e from Class 13， Grade 2 of Junan No。 1 Senior HighSchool。

I am a cheerful teenager，so my hobbies is extensive。 In my spare time Ilike playing table tennis and soccer。After school， I like to surf the Internetor listen to music。 I also will put into the reading to enrich my knowledge， inorder to understand the world。 I like reading and I often borrow books from theschool library。 I enjoy reading books because the books can make me happy andsunny every day。

Then I will say sth。 about my family。 There are three people in myfamily，my mother，father and me。 My father is a strict but kind man。 He alwaysputs his own heart on his business。 My mother is a teacher。 She does prettywell。 No matter what they do， or how busy they are， they always give me theirdeep love。 I love them， too。

As long as you work hard，there will be a harvest。 This is my motto。 I’llfollow this path and study hard。

That’s all。 Thank you。

**3分钟脱稿英文演讲(3)**

Nothing is difficult if you put your heart on it。 Nothing is easy if youdon’t try your best。

We often hear people say， “Never give up。” This can be encouraging wordsand words of determination。 A person who believes in them will keep trying toreach his goal no matter how many times he fails。 In my opinion， the quality ofdetermination to succeed is an important one to have。 Therefore， I believe thatwe should never give up。

One reason is that if we give up too easily， we will rarely achieveanything。 It is not unusual for us to fail in our first attempt at somethingnew， so we should not feel discouraged and should try again。 Besides， if wealways give up when we fail， we will not be able to develop new skills and growas people。 Another reason we should never give up is that we can learn from ourmistakes only if we make a new effort。 If we do not try again， the lesson wehave learned is wasted。 Finally， we should never give up because as we work toreach our goals， we develop confidence， and this confidence can help us succeedin other areas of our lives。

Probably the greatest example of persistence is Abraham Lincoln。 Born intopoverty， Lincoln was faced with defeat throughout his life。 He lost eightelections， twice failed in business and suffered a nervous breakdown。

He could have quit many times - but he didn\'t and because he didn\'t quit，he became one of the greatest presidents in the history of our country。

Lincoln was a champion and he never gave up。

In short， it is important that we don’t give up when working for our goals。Whether we succeed in the end or not， we will learn something， and what we learnwill help us to bee better， more confident people。 Furthermore， if we give up，we have no chance of attaining our goals， but if we keep trying， there is alwaysa chance that we will succeed one day。Thank you very much!

**3分钟脱稿英文演讲(4)**

As the saying goes， what wakes you up in the morning is not your alarmclock， but you dream. The future is unknowable， but dream give us the directionsome moment maybe the reality is harsh and you are suffering much. If you have adream， even a very small one， it will light your life in the darkness and keepyou hiding from the reality， for dream will give you the energy to fight.

However， sometimes it seems that what is practical and sensible does notconnect with your most treasured dreams. I am a freshman ，indeed my college lifeis not as colorful as imagined before，all plans and goals just be hung up。I’mvery afraid that even if I graduated from college， I still couldn’t find a joband then had a better life. Faced with the cruel reality，we college studentsshould really make good use of these facilities and learn as much usefulknowledge as possible。Then after graduation， we would find it’s much easier toget a decent job.

When I am a little girl，my father gave me two cups filled with soil，heasked me to water one cup every day。Two weeks later，tender leaves appeared inthe cup that I watered everyday。Father said to me：“The seed represents for yourdream，without sweat and effort，it won’t come out no means will your dream turninto reality if you never pay for it.”

From this story I learn that If I intend to full my dreams ，I must workhard，make efforts ，and get prepared ，otherwise I will get no possibility tosucceed.

**3分钟脱稿英文演讲(5)**

Let me begin my speech with a replay of scenes familiar to most， if notall， of those present here today.

\"Mum， I\'m sorry， but I need 3，000 yuan for my tuition this year.\"

\"Mum， it is my friend\'s birthday tomorrow， I must buy her a present.\"

\"Mum， this jacket was out of fashion long ago， would you do me a favor?\"

Take. Take. Take. The relationship between a mother and a child alwaysseems to follow such a pattern. I know my mother is always there for me，providing me with everything I need; from food to clothing， from tuition topocket money. I never thought twice about all she did until one day she said，\"Will there be a time that you\'ll say you have taken enough from me? \"

Like a child endlessly asking， we humans， throughout history， have beencontinually demanding what we desire from nature. We enjoy the comfort andbeauty of our furniture， yet we never bother to think about the serious soilerosion caused by deforestation. We take it for granted that we must warmourselves in winter times， yet we seldom realize the burning away of preciousnatural resources. We appreciate all the prosperity from the development ofmodern industry， yet few would give the slightest consideration to the globalair and water pollution caused by industrial wastes. Our ruthless exploitationhas permanently impaired our mother earth. As we tragically learned from lastsummer\'s floods. we cannot continue our carelessness.

Finally， standing here at the threshold of the 21st century， we cannot helpthinking of our posterity. Nature is not only the mother of the presentgeneration， but also the mother of the generations to come.

How severely our descendents will criticize us if we leave them a barrenand lifeless mother? How much more they will appreciate us if we give them aworld of harmony to inherit? Let us start respecting and caring for nature fromnow on. Let us start the campaign of creating a mutually beneficial relationshipbetween people and nature right from this moment. With this new start， I firmlybelieve， that our children， and our children\'s children will live in a brand newage of green trees， clean air， crystal water， blue sky and an even morepromising world!

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