# 三分钟励志英语演讲稿5篇

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*演讲是阐明事理或抒发情感，进行宣传鼓动的一种语言交际活动。演讲同时也是一种对自身沟通能力的提升。以下是为大家准备的三分钟励志英语演讲稿5篇，供您借鉴。>三分钟励志英语演讲稿篇一　　ladies and gentlemen , good af...*

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>三分钟励志英语演讲稿篇一

　　ladies and gentlemen , good afternoon! i’m very glad to stand here and give you a short speech. today my topic is “youth”. i hope you will like it , and found the importance in your youth so that more cherish it.

　　first i want to ask you some questions:

　　1、do you know what is youth?

　　2、how do you master your youth?

　　youth

　　youth is not a time of life, it is a state of mind ; it is not rosy cheeks , red lips and supple knees, it is a matter of the emotions : it is the freshness ; it is the freshness of the deep springs of life .

　　youth means a temperamental predominance of courage over timidity of the appetite , for adventure over the love of ease. this often exists in a man of 60 more than a boy of 20 . nobody grows old merely by a number of years . we grow old by deserting our ideals.

　　years wrinkle the skin , but to give up enthusiasm wrinkles the soul . worry , fear , self –distrust bows the heart and turns the spirit back to dust .

　　whether 60 of 16 , there is in every human being ‘s heart the lure of wonders, the unfailing childlike appetite of what’s next and the joy of the game of living . in the center of your heart and my heart there’s a wireless station : so long as it receives messages of beauty , hope ,cheer, courage and power from men and from the infinite, so long as you are young .

　　when the aerials are down , and your spirit is covered with snows of cynicism and the ice of pessimism, then you are grown old ,even at 20 , but as long as your aerials are up ,to catch waves of optimism , there is hope you may die young at 80.

　　thank you!

>三分钟励志英语演讲稿篇二

　　good evening , ladies and gentlemen . i am joy and glad to give you a speech about stress , yes , just the topic you see on the screen.

　　psychologist tell us that stress is a state of worry caused by the problem of living , such as too much work or study , heavy responsibilities , and quickened pace of life .

　　statistics show that stress comes from every detail in our life . financial problems , poor health , being laid off may be the stress that most adults now suffering . as students in the university , we are also under our special stress . while study , having to take various tests and submit a project against a deadline may put a great pressure on us . and the things make us felt stressed may be our parents’s greater expectations on us than we could reach . later , when we are likely to graduate , some other problems will also annoy us . i think we will worry a lot about our ability to compete in the job market and how we can best use what we’ve learned at college in our future job .

>三分钟励志英语演讲稿篇三

　　Dear teacher and classmates:

　　I am very glad to make a speech here in this class again! This time, I\\\'d like to talk something about English.

　　I love English. English language is now used everywhere in the world. It has become the most common language on Internet and for international trade. Learning English makes me confident and brings me great pleasure.

　　When I was seven, my mother sent me to an English school. At there, I played games and sang English songs with other children . Then I discovered the beauty of the language, and began my colorful dream in the English world.

　　Everyday, I read English following the tapes. Sometimes, I watch English cartoons.

　　On the weekend, I often go to the English corner. By talking with different people there, I have made more and more friends as well as improved my oral English.

　　I hope I can travel around the world someday. I want to go to America to visit Washington Monument, because the president Washington is my idol. Of course, I want to go to London too, because England is where English language developed. If I can ride my bike in Cambridge university, I will be very happy.

　　I hope I can speak English with everyone in the world. I\\\'ll introduce China to them, such as the Great Wall, the Forbidden City and Anshan.

　　I know, Rome was not built in a day. I believe that after continuous hard study, one day I can speak English very well.

　　If you want to be loved, you should learn to love and be lovable. So I believe as I love English everyday , it will love me too.

>三分钟励志英语演讲稿篇四

　　Youth is not a time of life,it is a state of mind;it is not rosy cheeks,red lips and supple knees,it is a matter of the emotions:it is the freshness;it is the freshness of the deep springs of life.

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　　Thank you!

>三分钟励志英语演讲稿篇五

　　Good morning everyone, it\'s my pleasure to be here and talk about dreams and ambitions with you. When I was a primary school student I wrote in my composition that I want to be a scientist when I grow up. At that age I didn\'t know what is a scientist, nor did I know what is dream. I wrote it because it\'s a standard answer for a composition test. And I know if I wrote that I want to be a peasant I would be criticized and laughed at, no matter what reason I gave it. But now in university, one of my classmates changed my idea. At the career planning class when asked about our dreams, one of my classmates stood up and said, \" I want to be a peasant because I grow up in a peasant family and I love it.\" No laughter, no criticism, he was the only who winned a clapping.

　　It sets me thinking, which should be a man\'s dream? a scientist, or a peasant? It\'s not a simple question and my answer is both. This is exactly my understanding of this topic. Dreams are something we really want and are willing to try every effort to achieve, no matter how great or how small, no matter how others think, it depends on you.

　　Life is long, and we are just on the starting point. Finally we\'ll understand life is not just about making a living. There\'re something much more important than money and material enjoyment, that is spiritual wealth, that is dream. It\'s the process of your pursuit of dream, the process when you are trying, when you are seeking, when you are struggling, when you failed and restarted again and again with your determination, hardwork, and perseverance that make you, build you, and help you to lead a worthy and significative life, whether you\'ll achieve your dream or not, the result is not that important.

　　Thanks for listening!

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