# 3分钟中小学英文演讲5篇范文

来源：网络 作者：空谷幽兰 更新时间：2025-03-13

*演说时的姿势也会带给听众某种印象，例如堂堂正正的印象或者畏畏缩缩的印象。虽然个人的性格与平日的习惯对此影响颇巨，不过一般而言仍有方便演讲的姿势，即所谓“轻松的姿势”。要让身体放松，反过来说就是不要过度紧张下面给大家分享一些关于3分钟中小学英...*

演说时的姿势也会带给听众某种印象，例如堂堂正正的印象或者畏畏缩缩的印象。虽然个人的性格与平日的习惯对此影响颇巨，不过一般而言仍有方便演讲的姿势，即所谓“轻松的姿势”。要让身体放松，反过来说就是不要过度紧张下面给大家分享一些关于3分钟中小学英文演讲5篇，供大家参考。

**3分钟中小学英文演讲(1)**

ladies and gentlemen， boys and girls，

i am chinese. i am proud of being a chinese with five thousand years ofcivilization behind. i‘ve learned about the four great inventions made by ourforefathers. i‘ve learned about the great wall and the yangtze river. i‘velearned about zhang heng and i‘ve learned about zheng says the yellow rivercivilization has vanished?i know that my ancestors have made miracles on thisfertile land and we‘re still making miracles. who can ignore the fact that wehave established ourselves as a great state in the world， that we have devisedour own nuclear weapons， that we have successfully sent our satellites intospace， and that our gnp ranks no. 7 in the world? we have experienced theplunders by other nations， and we have experienced the war. yet， based on suchruins， there still stands our nation----china， unyielding and unconquerable!

i once came across an american tourist. she said， ―china has a history offive thousand years， but the us only has a history of 200 years. five thousandyears ago， china took the lead in the world， and now it is the us that isleading.‖ my heart was deeply touched by these words. it is true that we‘restill a developing nation， but it doesn‘t mean that we can despise ourselves. wehave such a long-standing history， we have such abundant resources， we have suchintelligent and diligent people， and we have enough to be proud of. we have

reasons to say proudly： we are sure to take the lead in the world in thefuture again， for our problems are big， but our ambition is even bigger， ourchallenges are great， but our will is even greater.

i am chinese. i have inherited black hair and black eyes. i have inheritedthe virtues of my ancestors. i have also taken over responsibility. i am sure，that wherever i go， whatever i do， i shall never forget that i am chinese!

**3分钟中小学英文演讲(2)**

Time， was a strange thing， it makes all sickness and death。 When there issomething born of time， from that moment the beginning of time has passed。 Howto we do? We can only seize the opportunity to seize life， to do the masters oftheir own destiny。

I have thought about a problem， what is time? I think that time is of themind in life when the runway， and it is responsible for the pletion of a missionof a subpision。

Can not recover the past， the past is a good time regardless， or painfuland have to stay in our memory， our experience has enriched and matured ourthinking。 Occasionally， the memories， can regulate our emotions， purify ourhearts。 Has been really obsessed with old things is not desirable because it ismore important now。

I read a Soviet writer Nicholas? Alec? Ostrovsky\'s book \"How to MakeSteel\"， I was moved to this section of the article so that impressed me： \"Lifebelongs to the people only once。 one\'s life should be spent this way： when helook back， he does not regret the years wasted， not because of the shame 。 Thus，in death， he will be able to say ： \'I own a whole life and energies arededicated to the world\'s most magnificent cause - the cause of humanity andthestruggle of liberation。 \" Yes ah life time were more valuable it， especially thejuvenile time。 From now on， I have to cherish。

I\'ve heard such a story： The pressure in the rubble and stones following agrass， it is a longing for the sun to reach it the will of Health， no matter howheavy stones above， between the rocks and stones How to narrow the gap， italways twists and turns， the tough and up through to the ground。 Its root to thesoil under the long shoots to the ground it stands， this is an irresistibleforce of life， to prevent its stones were thrown to the。 Xiaocaohu a vitality sogreat that people can not help but sigh。

Yes ah， life will be like this， like the grass， no matter whatcircumstances， are making progress will never bow， the only way of life is thebest， the most meaningful。 Time is of the essence， time is gone forever， and wemust treasure this good time， study hard， grow up， the effectiveness of themotherland。 It is also the so-called \"one inch by one inch gold time， gold-inchinch time。 Let us cherish the time with it!

**3分钟中小学英文演讲(3)**

good afternoon!

honorable judges，dear teachers and close friends.i’m very glad to standhere to share my speech with y i’m going to talk about dreams.

everyone has a dream.

martin luther king had a dream-and we can all recall his civil rightsknight had a dream-and now the whole world knows his nike slogan“just doit”!

i also have a dream，but not only a simple one.

when i was in primary school，my dream was that i would be a doctor when igrew up.i’ll be the first person who produces a new kind of medicine can maketeachers relax when they are busy correcting their students’ exercises andpreparing their use one day when i woke up at midnight，i found my father，asenior chinese teacher，was still busy with his work.i was deeply moved.i wish myfather could be healthy and relaxed every minute.

now i’m a senior grade two student，all my classmates and i are workinghard，we all know the college entrance examination which will come in the year of \_\_ is a big problem for must study harder and harder in order to go to a gooduniversity，then when we finish our school，we can find a good job in dream isalso gh now i’m not good at study，i’ll try my best.

i know fantasy is hard to come true，bue dream can.

i’ll work hard for my dreams，i’ll never give up.

thank you!

**3分钟中小学英文演讲(4)**

Distinguished judges， teachers， dear friends：

Hello， everybody! My name is， I e from。 Today， I am very glad to stand hereand share with you my most sincere speech‘Flying youth， master our future!’

Life is a process of growing up。 Saying goodbye to childhood， we step intoanother important time of life‘the youth’ver， who can really say what the youthis ? A period of time? A belief? An attitude to life? Or anything else? We don’tknow。

A famous poet said ‘ youth is a lovely song ，where nothing is impossible ;youth is a meaningful book， you’ll be never bored of it ;youth is a rapid river，it keeps on flowing day and night ;youth is a cup of tea ，it shows youdifferent kinds of tastes in your life。 ’

As youth is so precious， of course， we must treasure it ’t let the limitedtime pass by， leaving nothing of significance to our future。 Actually， youth hasa lot to do with our future。 It’s necessary for us to prepare ourselves well forthe future to e。 So， what should we do? Here ，I’ll point out some tips to helpequip ourselves

First of all， recognize the direction of your future。 In other word， thinkof what you’d like to be some day。 A teacher ? A doctor ? A writer? Don’t afraidof thinking big and great e you are young ， you can dream of doing anything andbeing anyone in the future

What’s more ， never ignore the power of knowledge。 Read more books andtravel around。 For one thing， it can increase your knowledge， for another， it’llbroaden your horizon。

Last but not the least ， stick to your dream。 It easier said than done。After all， future is not all roses。 So， we should have enough courage anddetermination to overe all the difficulties。

I firmly believe one sentence that‘If you think you can， of course youcan!’Just believe we can make it! Keep on walking towards our dream。 Flyingyouth ，master our future。 From today， from now on ，from Duping Middle School !Ready ?

That’s all。 Thank you so much for your attention !

**3分钟中小学英文演讲(5)**

I have a dream today。

I have a dream that one day every vally shall be exalted， every hill andmountain shall be made low， the rough places will be made plain， and the crookedplaces will be made straight， and the glory of the Lord shall be revealed， andall flesh shall see it together。

Wow， what a dream it has been for Martin Luther King。 But the changingworld seems telling me that people gradually get their dreams lost somehow inthe process of growing up， and sometimes I personally find myself saying goodbyeunconsciously to those distant childhood dreams。

However， we meed dreams。 They nourish our spirit; they representpossibility even when we are dragged down by reality。 They keep us going。 Mostsuccessful people are dreamers as well as ordinary people who are not afraid tothink big and dare to be great。 When we were little kids， we all dreamed ofdoing something big and splashy， something significant。 Now what we need to dois to maintain them， refresh them and turn them into reality。 However， thetoughest part is that we often have no ideas how to translate these dreams intoactions。 Well， just start with concrete objectives and stick to it。 Don’t letthe nameless fear confuse the eye and confound our strong belief of future。Through our talents， through our wits， through our endurance and through ourcreativity， we will make it。

Hold fast to dreams， for if dreams die， life is a broken-winged bird thatcannot fly。 Hold fast to dreams， for when dreams go， life is a barren fieldfrozen with snow。 So my dear friends， think of your old and maybe dead dreams。Whatever it is， pick it up and make it alive from today。

3分钟中小学英文演讲5篇

本DOCX文档由 www.zciku.com/中词库网 生成，海量范文文档任你选，，为你的工作锦上添花,祝你一臂之力！