# 英语演讲稿5分钟

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*英语演讲稿5分钟范文随着社会一步步向前发展,用到演讲稿的地方越来越多。来参考自己需要的演讲稿吧!下面是小编为大家整理的英语演讲稿5分钟，希望能够帮助到大家!英语演讲稿5分钟（精选篇1）Although, you are my adversa...*

英语演讲稿5分钟范文

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**英语演讲稿5分钟（精选篇1）**

Although, you are my adversary. But, you are not my enemy, you will give me strength, your resistance to make me strong, your spirit ennobles me... Thank you, my rival! Because of you, only then has taught me to cherish! Because of you, makes me beyond yourself!

This is the Olympic spirit, is the explanation of real competition. The arena of the race, you value in life requires the existence of rival makes sense, can be realized. No opponent, life would be boring; No opponent, success will lose should have a sense of achievement.

You are \"top players\" in study. Because of you, I desire to burst out for the first. So I work harder, more hard work. Though, I can\'t decide the outcome of the last, but my grades have been beyond my imagination, to my satisfaction. Thank you, my opponent! Because of you, make me to answer out of a satisfactory answer!

**英语演讲稿5分钟（精选篇2）**

how many people here in this room smile more than 20 times per day? raise your hand if you do. oh, wow. outside of this room, more than a third of us smile more than 20 times per day, whereas less than 14 percent of us smile less than five.

in fact, those with the most amazing superpowers are actually children who smile as many as 400 times per day.have you ever wondered why being around children who smile so frequently makes you smile very often? a recent study at uppsala university in sweden found that its very difficult to frown when looking at someone who smiles.

you ask, why? because smiling is evolutionarily contagious, and it suppresses the control we usually have on our facial muscles. mimicking a smile and experiencing it physically help us understand whether our smile is fake or real, so we can understand the emotional state of the smiler.

**英语演讲稿5分钟（精选篇3）**

Everyone has a mother. Mother brings us to the world. They give us life and love. When we are little, they take good care of us. They give much but give themselves little. They prefer to give us the best rather than let us feel hungry.

When we are ill, they take us to the hospital and look after us day and night. When we smile, they smile. When we cry, they cry. Once I hear a story about mother.

The story happened at the earthquake in 20\_\_. When people found a mother, they were surprised to find that there was a baby in her arms and there was a mobile phone near the baby. In the mobile phone there was a text message, saying\" My lovely baby, I love you forever.\" The mother used her body to save her child. How great the mother is! Mothers will do everything for their children.

So we should love our mothers and take good care of them when they need us. We shouldn\'t be angry with our mothers when they punish us, because what they do is for our good.

**英语演讲稿5分钟（精选篇4）**

Parents love, is the light in the dark, let my heart no longer lonely.

Parents love, is a can be sprinkled in my heart drizzle, moisten my dry heart.

Parents love, is the gas station in life, let me have the courage to accept the challenge.

The old saying says: \"the sheep has kneel down the milk of the grace, the crow has the sense of feeding back.\" Every bit of our growth is inseparable from the help of parents, water when yongquan phase reported, therefore, we should know how to Thanksgiving, know how to thank parents.

Students, let us Thanksgiving parents! With a grateful heart to treat parents, with a sincere heart and parents exchange. They are great enough to bring us into this beautiful world, and they raise us as adults, giving us nothing in return. Be grateful for what your parents have given you.

Thank you!

**英语演讲稿5分钟（精选篇5）**

today smoking is a widespread habit ali over the world. not only the old, the youth, but also middle school students have been engaged in smoking. many of them think that smoking is a smart symbol.

however, smoking is harmful to one’s ,health. it contributes a lot of lung cancer, from which many people have died in the past years. it can also cause many other diseases.

in a word, if you smoke, you do have a much greater chance of losing your health. furthermore, scientific research shows that smoking is not only harmful to smokers themselves, but also a threat to public health, especially to women and children. therefore, many countries have made laws forbidding smokers to smoke m public places such as cinemas, stations, hospitals, and so on giveup smoking! if you don’t smoke, don’t start. give upsmoking for the sake of your health, for the sake of your family, and for the sake of the whole world.

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