# 初中7年级英语演讲作文5篇范文

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*首先，写出首稿，不必理会字数是多少。一旦初稿完成，就要浓缩它。在演讲时，在任何适当的时机重复你的演讲主题三遍以上，但是，你一定要在演讲的开始，中段，尤其要在末尾提及到演讲主题。下面给大家分享一些关于初中7年级英语演讲作文5篇，供大家参考。初...*

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初[\_TAG\_h2]中7年级英语演讲作文(1)

One night， I plained to my mom about the lack of time。 Finally shesaid，\"you are short of time just because you waste precious minutes on plaintsand anxiety。 The point is， no matter how full your schedule is， if you tryreally hard， you can always fit in some thing more。\"

It is the same with filling the jar。 Even if you place a dozen fist-sizedrocks and a bucket of gravel into the jar， there is still space for sand andwater between the rocks and gravel。

The lack of time is just the excuse for my negligence of every singleminute。 I believe that the great piding line between success and failure canbe expressed in six words，\"I did not have enough time。\"The fact is I do haveexactly the same number of hours per day that were given to Helen Keller，Pasteur， Thomas Jefferson， and Albert Einstein。 The point is I have nevertouched upon the real meaning of life which lies in snatching， seizing andenjoying every minute of it。 No idleness， no delay， no procrastination， noplaint! It is during my moments of plaining or hesitation that my destiny isshaped。 Once I make full use of every moment， I believe that， my worries will begradually cut down to nothing。

Time is the most valuable of all our possessions， but the most perishableas well。 As Henry David Thoreau said，\"You must live in the present， launchyourself on every wave， find your eternity in each moment。\"

Whenever I fell the lack of time in the future， I will tell myself \"Carpediem ， seize the day， make every moment count。\"

**初中7年级英语演讲作文(2)**

What is nature? It\'s everything that exists in the world independently ofpeople, such as pants and animals, earth and rocks, and the weather.

Now more and more people are focusing on the nature. It is no doubt thatthe nature is important to every human being. No nature, no life. Because of thesupplies of the nature, we have lived happily for a long time. And we started togain every thing available from the nature. And this lasted so long a time.Today, people have discovered that the nature around is getting worse andworse.

What is threatening the nature? Air and water pollution, overharvesting ofplant and animal species, overpopulation and so on. Overpopulation is thebiggest source of pollution. Let\'s take overpopulation as an example.

What does overpopulation feel like? When we move slowly through the city ina tazi. When we enter a crowded slum district. When the temperature is high andwhen the air is thick with dust and smoke. The streets are crowded with people.The streets seem alive with people. People eating. People washing. Peopletalking. People sleeping. People visiting each other, arguing and screaming.People relieving themselves. People pushing their hands through the taxiwindows, begging. People leading animals. People, people, people, people. As wedrive slowly through the crowd, sounding the taxi\'s horn, the dust, heat, noiseand cooking fires made it like a scene from hell! I admit, frightening.

To the nature, overpopulation is a big problem. More people, morepollution. And the big population is threatening the nature every second.

The rapid rise in world population is not creating problems only for thedeveloping countries. The whole world faces the problem that raw materials arebeing used up at an increasing rate and food production can not keep up with thepopulation increase. People in rich countries make the heaviest demands on theworld\'s resources, its food, fuel and land, and cause the most pollution. A babyborn in the United States will use in his lifetime 30 times more of the world\'sresources than a baby born in India. Unless all the countries of the world takeunited action to deal with the population explosion there will be more and morepeople fighting for a share of less and less land, food and fuel, and the futurewill bring poverty, misery and war to us all.

For most of the developing countries, it is a good idea to control thepopulation growth. For example, China has carried out birth control for years.And this plan has a great effect on the world population.

If the population continues to increase, if the air and water continue tobe polluted, if we don\'t do something to protect wild-plant and wildlife specieswill be declining. Species and biological communities have difficulty adaptingto change. Economic opportunities and the quality of life of future generationsare also put at risk. By protecting nature, we protect ourselves.

Let\'s unite together, hand in hand we stand all across the land.

We can make this world in which to live. Hand in hand. Control thepopulation growth. Take good care of our nature.

**初中7年级英语演讲作文(3)**

Good afternoon, my honorable judges, ladies and gentlemen and fellowcontestants：

I feel so happy to have the chance to make a speech. The title of my speechis Protect the Environment, Protect Ourselves. I hope you will like it.

Everybody knows waste paper and used coke cans are discarded everywhere.You might have seen plastic bags flying in the sky and getting caught in thetrees when the wind blows or maybe you have seen old cans floating in the riversand polluting the water. Our environment is the place in which we live, but itis being ruined by us.

There is a story about house and trees. It is said that a man’s house wassurrounded by a lot of trees. Though the wind was strong, that man could have agood rest under the trees. How comfortable the life was! One day, that manwanted to enlarge his house, so he cut down all the trees. Then the autumn camewithout the protection. The strong wind blew the roof of the house into the sky.The whole house was gone with the wind. What a pity! But that’s the price peoplehave to pay for destroying in the ecology balance. People shouldn’t beshort-sighted. Protecting the environment is everyone’s task.

As you know, there are four kinds of pollution. They are air pollution,water pollution, waste pollution and noise pollution. But what can we do tosolve the pollution? I think, firstly, we can make cars that don’t pollute theenvironment. We can ask companies to use modern clean technology. In some bigcities, we can limit the number of cars. Secondly, we can try to use less waterand make sure that we do not pollute the water. We can tell factories that theyare not allowed to pour waste water into the lakes and rivers. Thirdly, weshould not throw rubbish in parks and cities. We can pick up rubbish if we seeit. We can put more rubbish bins in our parks and cities. Fourthly, we can livefar from the noise and make the laws to limit the noise.

The air, water and the whole atmosphere directly influenced our lives, suchas the air, people may cough and it will lead to cancer. So we must try our bestto keep the world clean and tidy. To reach it, I want to put forward threepoints to everybody---Point 1： don’t spit and liter; Point 2： don’t draw on thewall; Point 3： clean the streets every day.

In order to make the environment clean, let’s join our hands together tomake the world better.

Thank you!

**初中7年级英语演讲作文(4)**

Good morning，ladies and gentlemen，today i am so happy to stand here to giveyou a speech。Or rather， a real story of mine。

Though with time going by，i can still remember what you once told me。Youshould be a brave girl。Smiling，you looked into my eyes。Year in，year out，nearlymost of my memories are fading little by little。But only this simple sentenceremained，without being forgotten in my life。

Again and again，i can not stop myself from thinking about it。Soordinary，but so impressive，so moving，just like the brightest sunshine，it helpsme go through the darkest night。I am such a sensitive girl in your heart。Yousaid，my sorroful facial expression made feel so distersssed。However，there is onething i never tell you，that is ，i am being a big girl gradually with your wordsand smiles。I never tell you about it，for i believe oneday，you can see the greatchanges of mine for yourself。That is what i want to do in return。As i know，thatwill be the best gift for you。

I suddenly think of a song named MY HEART WILL GO ON。There is a beautifulsentence going like this。You are safe in my heart。More than once，i was moved totears by it。I know ，i am also safe in your heart。i have already forgotten when itold you i was going to leave for Australia this summer holiday。You just smiledas usual，gently speaking。Whatever you decide to do，i will be in favor of it，but，just onething，remember，when you fell lonely abroad，do not forget we are here，praying for you。We are all around you，far across the distance and space betweenus。i closed my eyes，the flashback started。The memories we had together，once weplayed games on the palyground，we played jokes on each other，you always wrote alot of sentences on my articles to encourage me。And the most unforgetablething，you told me，you believed m i could be a big girl。Sooner or later。

At that specific moment，i suddenly understood the meaning of this sentencetotally。So on that day，i smiled as you used to，looking at you。The last words isaid were，keep walking in sunshine。

Yes，keep walking in sunshine。I said to you ，also to myself。I know i am notalone wiht your pany，and we can keep walking in sunshine till the last minute ofour days。

I promise，i will be a big girl。

I promise，i will be a brave girl。

I promise，i will keep walking in sunshine。

That is my speech，thank you!

**初中7年级英语演讲作文(5)**

Hello， ladies and gentlemen! It is my honor to share my topic with youhere。 And my topic is Time Is Valuable。?? Time flies。 The article cong cong ofZhu Ziqing also tells us time is rare。 We all know that ：Time is life， at homewe have parents advisement， at school we have teachers advisement。 But whotreasures time as life?

Now let’s enjoy a story： One day a young man visited great educatorBanjieming。 When Banjieming opened the door， to the young man’s great surprise。：his house was very dirty。 “I’m sorry， It’s too dirty。 Wait a minute please。Banjieming said and closed the door。

One minute later， Banjieming opened the door again and said： e in please 。This time what the young man saw was a clean and clear sitting room。

“OK， You may go now。 Banjieming said ， “But I ， I havn’t remit to you”。 Theyoung man asked。 “Isn’t it enough? Looking at the room， “ Banjieming said。 “Youhave been here for one minute。” “One minute? One minute， Oh I know。 You tell mea truth： We can do many things in a minute。” The young man left withsatisfaction。

The story is short but meaningful。 Just like the story says：

one minute isn’t long。 But our life is made of such minutes。 In fact onlytreasure time ， will you succeed， only treasure time， will you realize yourideal。 Only treasure time will you achieve what you want。

We should make good use of time to study hard or to do something meaningfulfor yourself。 So， we should plan the time to study and relax，especially at usewe have more free time at home，so that we can use that time to do a lot ofthings。

However，how can we plan the time? There are different ways for differentexample， somebody like to study in the morning， and relax in the the contrary，somebody like to relax in the morning， and study in the body even think the besttime to study is in the erent ways for different all the ways have one thing inmon。

That is the need for practical action。 If you want to change a difficultsituation， if you want to change yourself， if you want to make good use of timeto study， you must put into not， your plan will be not meaningful。

So dear fiends， please treasure every minutes of your life。 Only like thiswill you have an excellent future。 Thank you very much。

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