# 3分钟英语演讲稿范文【三篇】

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*演讲稿也叫演讲词，它是在较为隆重的仪式上和某些公众场合发表的讲话文稿。整理的范文“3分钟英语演讲稿范文【三篇】”，供大家阅读参考。查看更多相关内容 ，请访问演讲稿频道。 篇一 Good afternoon everybody! It\'s m...*

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I have always admired the long healthy life my grandparents have. They are older than 80 years of age and they are still alive and kicking! How do they do that!? My grandparents plant vegetables and grow rice themselves; even in their old age they still make food for themselves! I guess that is why they can remain healthy. More importantly they remain humble and never ask for too much from life. Perhaps that makes them common, but they live a happy life. My grandmother once told me this:” I do not want to live long, only long enough for some grand children to be running around in my house”. I want to live a long, healthy and happy life just as they have.

Since my graduation from primary school, until now, every time on my birthday I make the same wish. I wish my parents will not fight anymore. I am not complaining that they gave me a bad childhood, they just fight so much! I am unhappy but that does not mean they do not love me. They do! They love me with all their heart. I love my parents also; I want them to live a happy life as well.

I want to travel this great country of ours. I want to see the beauty of our country. I want to see the miracles that made this country great! I want to go from the east to west, from the north all the way down to the south! I have a dream, that one day I can travel and see my country with my family and friends! If that is not possible, seeing my country on my own is good enough also. If I can fulfill all three of my dreams in life, then God can take me away. I would be happy, and l would have lived a full and prosperous life.

Thank you everyone for listening to my dreams.

I thank you! 篇二 Good afternoon ，ladies and gentlemen！

I’m very honored to stand here and give you a short speech! my topic is Opportunities and Challenges.

First, I would like to know, what does your destiny offer you? Happiness, wisdom, a strong body or something else. If I had asked this question to president Nixon, he would probably had said,”Our destiny offers not the cup of despair, but the chalice of opportunity.”

Needless to say, one of the biggest opportunities given to China is the 202\_ Olympic Games. Till now, we have used two sevenths of the preparation time. How much changes have you seen? New roads, new subway lines, public-exercising equipments with beautiful colors, large blocks of grass fields, and also lots of modern gyms which are under construction.

Other than those, there are even more good effects brought to us by the Olympic Games that cannot be seen directly. For example, more and more people will get to know China. I’m sure the mysterious Chinese culture will attract them strongly. And the games will also do good to the economy and environment, for it is gaining the attention of foreign investors and the awareness of environmental protection is being strengthened. What is more, Olympic Games give a unique opportunity to inspire and educate a new generation of Chinese youth with the Olympic values and the Olympic spirit. Now that we have seen so many advances, could you even imagine us losing the holding rights?

I’ve already said a lot about the Olympics and China. But I think everyone should use some time to think of this question, ”Does the Olympic Games have any special meaning to you?”

For us, I mean the Chinese youth, 202\_ Olympic Games is a tremendous gift. Because what we are waiting for is to do something significant as repaying the love given to us .The society is just like a ship, and in our dreams the captain is waving his hand and saying ”Hey! Come here and take the helm! ”How charming his voice is, but we have never heard of it in our true life. This morning, however, when we wake up, we will see the Olympic Games waving its hand. After chewing, most of us will have at least one plan about what to do for the Olympic Games. And mine is to be a “comforter” ----that is someone who will give comfort to others.

At the end of my speech, I hope all the preparation will go well, and everyone will show their ability to the world. Let us seize opportunities and give a big smile to challenges. 篇三 Good afternoon ，ladies and gentlemen！

I’m very honored to stand here and give you a short speech! To begin with ,I want to ask a question .Does everybody dream a good dream last night? Actually ,today I want to talk about dream with you. Of course, What I want to talk is not a dream you have last night,but a dream—— about life.

Everyone has dreams about life, different dreams at different life stage,and we need dreams to support us. Dreams are like the stars we never reach in the sky,but like most mariners（水手）,we can chart our course by them. With the dream,we have a direction,with a direction, we were no longer confused.With the dream, there is hope,With hope, we have the strength to fight.

But I know，life is tough,and there are always ups and downs, maybe we fail in the way to our aims,and we may feel depressed ,whenever at this time, the dream in our heart can always comfort us, encourage us ,and support us to move ahead.

Young!Fortunately, I am young now. Just due to it, I know that nothing is impossible.I firmly believe that nothing can stand in my way.

I can\'t realize my dream,it result from that I haven\'t work harder enough and I won\'t find other excuses. If no people believe you, you can make it to prove that you are right. If you think the god haven\'t blessed you and there is no truth here, you can become the god and create the truth.

\"My breath swallows the sky and make the yellow river overflow, my sword is famous in Kyushu and it can collapse the five sacred mountains.\" At some time in the past I also had am bitious words and I had some achievements. Each achievement results from my hard work. I always believe that \"If you want to have more achievements than others, you must work harder.\"

In some extent, the dream is the hope. If you can insist on doing something, the victory will come.

Hold fast to dreams, for if dreams die, life is a broken-winged bird that cannot fly. Hold fast to dreams, for when dreams go, life is a barren field frozen with snow. So my dear friends,think of your old and maybe dead dreams. Whatever it is, pick it up and make it alive from today. Let\'s---move---out!

Thank you for your listening!

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