# 英语演讲稿10分钟励志

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*英语演讲稿10分钟励志(精选18篇)英语演讲稿10分钟励志要怎么写，才更标准规范？根据多年的文秘写作经验，参考优秀的英语演讲稿10分钟励志样本能让你事半功倍，下面分享【英语演讲稿10分钟励志(精选18篇)】，供你选择借鉴。>英语演讲稿10分...*

英语演讲稿10分钟励志(精选18篇)

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>英语演讲稿10分钟励志篇1

the importance of time good morning,dear teacher and my friends!

my name is ----.i’m a student of great 7 from --xmiddle school. i ’m very glad to stand here and give you a short speech today. my topic is “the importance of time”.

someone says: “time is money!” but i think time is even more important than money. why? because when money is spent, we can get it back. however, when time is gone,it will never return no matter how rich you are.

but it is a pity that there are a lot of people who do not know the importance of time . they spend all day on smorking, drinking and playing.they do not know that wasting time means wasting life.

as to us, a middle schoole student, school time is a very important period for our growing up. we should make full use of it to do something usefull, just like learning different kinds of knowledge , taking exercise for a good health and so on.

in a word , we should save time.time is limited and so，very precious. it will not return any more when it is gone.

that’s all for my speech.thank you!(或者 thanks for your listening!)

>英语演讲稿10分钟励志篇2

Surrounding you are angels, they are there to guide your path. If weakness overcomes you, they’ll give you strength if you will ask. They are your protection when life seems too hard to bear, and though you feel alone at times, the angels, they are there…

Their faces may be hidden, and their voices you might not hear, but they are always with you through your laughter or your tears.

They’ll walk along beside you, they’ll guide your steps along the way, they’ll comfort you and hold you, protect you night and day. They’ll hold to your hand tightly, and will not ever let it go, and they’ll gently lead you forward, taking each step very slow.

When life is overwhelming, and your spirit has grown tired, know that they’ll be there for you to uplift and to inspire. And when you’re torn and lonely, and you see no hope ahead, know that they will nourish you, and your spirit will be fed.

For even in the darkest hour, when all of hope seems gone, they’ll give you strength to live your life, and desire to go on. And if your faith in Heaven should ever fade away, they’ll help renew your spirit, and help you find your way.

Angles are always there; and upon their strength and guidance, you always may rely.

围绕在你身边的是天使，她们一直在那里指引着你的道路。如果软弱正吞噬着你，去请求力量吧，她们会赐予你力量。她们是你的护身符，当生活看上去非常艰难，当你有时觉得很孤独时，你的天使，她们一直就在那里……

你可能看不见她们的脸，听不见她们的声音，但她们一直都在那里，伴随着你的欢笑和泪水陪你前行。

在人生的旅途中，她们指引你前行，安慰你，拥抱你，日夜保护着你，她们永远都将紧紧握着你的手，轻柔地引导你前行，慢慢地帮助你走出每一步。

当生活变得很无奈，你的灵魂开始疲惫，你知道她们一直在那里陪着你给你重新振作起来的勇气。当你身心疲惫，感觉孤独，看不到前方是否有希望时，你知道他们会滋润你的心灵，充实你的灵魂。

即使在最黑暗的日子里，当所有的希望似乎都变得渺茫，天使会赋予你生活的力量和继续前进和动力。英语励志短文如果你所坚信的美好在现实面前有些褪色，她们会再次激励你，并帮助你找到自己的方向。

天使一直就在我们身边;有了天使赐予我们的力量和指引，你可以勇往直前。

>英语演讲稿10分钟励志篇3

a poet leads me to a branch road: on one side, there are lots of sweet apples, lovely and charming; on the other, there is a patch of thorn, what hides behind the success of struggling against the thorn is a splendid palace. i deeply know that if i choose the apples, i will give up a precious opportunity of becoming a queen; while if i choose to challenge, i have to say farewell to the apples. which one should i choose?

just like the branch road, we have to make a lot of choices during our lifetime. it is usually considered that we are choosing what to gain, to own, but in my opinion, we are just choosing to give up.

choosing to be a teacher means giving up the life as rich as a business man;

choosing to be a top student means giving up much leisure time in front of the tv.

sure, it\'s a torture, but we must judge carefully what is more important, then give up the others. don\'t think of them any more, just focus all your spirit on what you are doing.

i myself, who is standing here, have already chosen to challenge in such a great competition, so i have to give up ten days of normal classes in school and relaxation without pressure. but i am still pleased, because giving up properly makes me stick to my choice.

let\'s return to our branch road, which one will your choose? i choose to challenge here!

>英语演讲稿10分钟励志篇4

good evening， honorable judges， ladies and gentlemen。

it’s my great pleasure to stand here to present my speech—change the world， change ourselves。

it’s noticable that western holidays are becoming increasingly popular day by day， while chinese traditional festivals are being somewhat neglected。 not long before about 10 doctors in beijing university and qinghua unversity announced that we should reject the invasion of western holidays ，because they regard western holidays as an challenge against our traditional festivals and culture。

frankly speaking， i don’t quite agree with them。indeed， we should never neglect or even discard our traditonal festivals as china boasts a brilliant history and splendid traditions。 (examples)。but why can’t we absorb the meaningful western holidays and culture。

there are obvious reasons why some western holidays are so popular in china。 on the one hand， some of the western holidays which we chinese don’t have are reasonable and meaningful， such as father’s day and april fool’s day etc。 on the other hand，the prevalence of globalization enables western culture to prevail in china。 overwhelmed by such a trend，chinese unconsiciously get involved in western holidays and culture。

with the further development of the whole world， the cultural communication between different countries and nations becomes faster and more and more important。 we are indeed from different nations， but we are the citizens of the same world， so the outstanding culture of different nations is the commom wealth of everyone on the earth。the only way for us to protect our traditional culture is to reject the foreign culture? the answer is definitely no。 what we ought to do is to spare no effort to educate chinese to get to know and treasure our splendid traditions instead of rejecting foreign culture。 only by educating can we set our confidence and belief towards our culture。 only by educating can we preserve and promote the wealth that our ancesters left for us。

at last i’d like to share a famouse saying of gandhi with all of you ，that is:if you want to change the world， then you must change yourself first。”

>英语演讲稿10分钟励志篇5

The first time in life? Then grasp your chance with your perfect performance on the dating night, by learning the following principle in heart.

Dress properly. While everyone wants to give an impressive debut on the first date, you should avoid wearing something too bizarre to be accepted. If you are still in school, a sportswear can fulfill your purpose. For businessman or grownups, casual clothes are recommended. Never put up your working uniforms,no matter how well you like that Armani suit. It is no work. A few accessories such as a pair of sunglasses or silver loops on the wrist can add up to the romance sphere.

Take a bath before dating. And if you like, spray a little perfume, but unless you\'re sure that he or she likes the smell,don\'t use ones that are too strong.

Watch your manner. You\'re no prince of the Scotland nor Cinderella in the legend. Proper manners will ensure a lasting relationship while bad ones scare away your sweetheart. And do make sure you do not boast about your fortune, for, not everyone are green addicts. And your way of smiling, or your greatestoath, should neither be \"coy\" nor \"by St. Loy!\" after the nun in Chaucer.

Be a little sensitive than merely innocent. Do make sure you do not intrude his or her privacy on the first date. For there maybe something deeply concealed within the inner core of every heart, of which the owner doesn\'t share often with anyone but his intimacy.

Finally, wish you good luck. May you get your hearts combined and start a new journey in the miracle of life and love. Stay tuned till a borderline is reached, and keep on through out the whole way.

简评 看来第一次约会真是令人兴奋并紧张期待的。为第一次约会所提出的建议也是仁者见仁、智者见智。王永同学用词简单、结构精炼，读起来节奏快，例如：“Dress Properly....If you are still in school，a sportswear can fulfill your purpose.For businessman Orgrowmups，casual clothes are recommended.”这样的文章结构像是在提醒我们时不我待，要抓住机会，抓紧时间。

>英语演讲稿10分钟励志篇6

I have a dream that one day this nation will rise up and live out the true meaning of its creed-we hold theses truths to be self-Oevident, that all men are created equal. I have a dream that one day on the red hills of Georgia, sons of former slaves and sons of former slave owners will be able to sit together at the table of brotherhood. I have a dream my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character. i have a dream today!

When we allow freedom to ring, when we let it ring from every village and hamlet, from every state and city, we will be able to speed up that day when all of God’s children-black men and white men , jews and Gentiles, Catholics and Protestants-will be able to join hands and to sing in the words of the old Negro spiritual, “free at least ,free at last . Thank God Almighty, we are free at last.”

我有一个梦：有一天，这个国家将站起来，并实现他的信条的真正含义：我们将捍卫这些不言而喻的真理，即所有人生来平等。我有一个梦：有一天在乔治亚洲红色的山丘上，从前的奴隶的子孙们能和奴隶主的子孙们像兄弟一样坐在同一张桌旁;我有一个梦我的四个孩子有一天将生活在这样一个国度，在那里，人们不以肤色，而是以品格来评价他们。

当自由的钟声响起的时候，当我们让它从每一个村庄，每一个州，每一个城市响起的时候，我们将能够加速这一天的到来。那是，上帝所有的孩子，无论黑人白人还是犹太人，异教徒。天主教徒，还是新教徒，他们都能够手挽手歌唱那古老的黑人圣歌：“终于自由了，终于自由了，感谢上帝，我们终于自由了!”

>英语演讲稿10分钟励志篇7

Compared with the forty year old shabby dormitory I am living in now, the one I lived in for three years in high school was heaven: three students shared one brand new suite with air conditioners and a bathroom.

In three years time we changed it thoroughly:the color of the floor turned from bright pink into muddy gray, and the closet a hive of insects proliferating among piles of rotten fruit.And our masterpiece was the bathroom, a never drying swamp which served as the habitat of various kinds of mold, and even rodents, rats would occasionally take the trouble to pay us a visit, and.., all three of us felt like sobbing when we at last had to say good bye to our lovely filthy dormitory. Maybe it is because that the dormitory had changed us as well as we\'d changed it.

The first lesson our dormitory taught us was to look after ourselves. Frankly speaking, we were not good students at all. I still remember the underwear that was soaked in soapy water for one and a half years before it was finally thrown away. Almost each of the boys\' dormitories had gradually developed its own unique \"fragrance\" usually a mixture of rotten fruit, unwashed socks, stunk towels and some junk food. We could tell one dormitory from another by sniffing instead of looking. Our tolerance towards untidiness was amazing.

However, in spite of all this, we really did make some progress. Bit by bit, we started to wash dirty clothes before they stunk, cleaned the garbage bin when it could hold no more trash, we even used brushes in a not-sc-successful attempt to refurbish the floor. The point was that we were not obeying any order, we did every bit of the cleaning for ourselves, because we wanted to live in a better place. Though nothing we did could be called an achievement, it was the first time we fully bore the consequences of our behavior, and took the responsibility.

Thus it was not surprising that I often found myself the only one to clean up my university dormitory which looked no better than a garbage bin when my roommates felt normal of it.

When talking about our dormitory life, and probably all the dormitory life, we should never leave out one thing. This was what we called \"bed talks\". Though it was considered \"illegal,\"there was nothing to stop us from deliberately starting a heated discussion right after lights were out. It was our favorite and the only way of ending our day, and we were as punctual for it as our parents are for work. What was the most common topic?Girls, of course! What other topics were there for three energetic adolescent males lying comfortably in bed? We judged them,ranked them, argued over them night after night without feeling the slightest sense of boredom for three whole years. Were we

maniacs? Who is not a maniac at eighteen?

>英语演讲稿10分钟励志篇8

Franklin’s life full of charming stories which all young men should know —how he sold books in Boston， and became the guest of kings in Europe; how he was made Major General Franklin， only to quit1 because， as he said， he was no soldier， and yet helped to organize the army that stood before the trained troops of England and Germany。

富兰克林的一生充满了迷人的传奇故事， 年轻人都应当明白:他如何在波士顿大街上兜售图书，而之后又怎样成为了欧洲各国君主的座上客;他如何被授予少将军衔，但他却辞职不干，因为他说他没有军人气度，然而正是他帮忙组建了同训练有素的英德联军相抗衡的联邦。

Th poor Boston boy， without a day’s schooling， became master of six languages and never stopped studying; th neglected apprentice conquered the lightning， made h name famous， received degrees and diplomas from many colleges， duanwenw。 and became forever remembered as \"Doctor Franklin\"， philosopher， scientt and political leader。

这个波士顿穷孩子几乎没有上过一天学，之后却掌握了六种语言，并且他终身都在锲而不舍地学习。这个不受人重视的学徒制服了闪电，扬名天下，获得了很多学位和证书，成为了流芳百世的\"富兰克林博士\"、哲学家、科学家和政治家。

Self-made， self-taught， the candle maker’s son gave light to all the world; the street bookseller set all men singing of liberty; the apprentice became the most sought after man across the world， and brought h native land to prae and honor him。

这个蜡烛制造商的儿子自我奋斗、自学成才，给全世界带来了光明;这个街头叫卖者让全人类唱起了自由之歌;这个学徒成了全世界的人们都仰慕的人物，使他的祖国对他赞美不绝、崇敬备至。

He built America， for what our nation today largely due to the management， the forethought， the wdom， and the ability of Benjamin Franklin。 duanwenw。 He belongs to the world， but especially he belongs to America。 The people around the world honored him while he was living; he still regarded as the loftiest man by the mon people today after h death。 And he will live in people’s hearts forever。

他缔造了美国，因为我们的国家能有今日，在很大程度上归功于本杰明·富兰克林的治国之术、远见卓识、大睿大智和精明能干。他属于全世界，但他更属于美国。他在世时，各国民众尊敬他;他去世后，仍然是普通百姓心中最高尚的人。他将永远活在人们的心中。

>英语演讲稿10分钟励志篇9

today i am very glad to be here to share with you my ideas of success. what is success? it is what everyone is longing for.sometimes success would be rather simple. winning a game is success; getting a high grade in the exam is success; making a new friend is success; even now i am standing here giving my speech is somehow also success.

however, as a person\'s whole life is concerned, success becomes very complicated. is fortune success? is fame success? is high social status success? no, i don’t think so. i believe success is the realization of people\'s hopes and ideals.nowadays, in the modern society there are many people who are regarded as the successful. and the most obvious characteristics of them are money, high position and luxurious life. so most people believe that s success and all that they do is for this purpose. but the problem is wether it is real success. we all know there are always more money, higher position and better condition in front of us. if we keep chasing them, where is the end? what will satisfy us at last? therefore, we can see, to get the real success we must need something inside, which is the realization of people\'s hopes and ideals.

different people have different ideas about success; cause people\'s hopes and ideas vary from one another. but i am sure every success is dear to everybody, cause it is not easy to come by, cause in the process of our striving for success, we got both our body and soul tempted, meanwhile we are enlightened by the most valuable qualities of human beings: love, patient, courage and sense of responsibility. these are the best treasures. so now i am very proud that i have this opportunity to stand here speaking to all of you. it is my success, cause i raise up to challenge my hope.

what is success? everyone has his own interpretation as i do. but i am sure every success leads to an ever-brighter future. so ladies and gentlemen, believe in our hopes, believe in ourselves, we, every one of us, can make a successful life!

wish you all good success!

>英语演讲稿10分钟励志篇10

Disabled people are normal people, except that they can not see as much as we can, or they can not walk as fast as we can. Since they can not see as much, or they can not walk as fast, they need our help.

We can immediately do a long list of ways in which we can help them, for instance, Each student finds some one to help, in the neighborhood or the community. You can help them to cross the road. You can help pushing their wheel chairs. l Set up kind of organization. Collect some money. Use this money to help them, to buy them daily necessities, to help their children finish school. As they are disabled, it is more difficult for them to earn as much as normal people do. That’s why they usually need help in physical things. As they are disabled, they feel lonely. They think they are not as good as normal people. They easily become lonely, sad, disappointed. They easily lose hope of life. They need help more in spiritual things. They need people to chat with. They need people to encourage them to continue their lives. They need people to get rid of prejudices over them. Now, I would suggest, do whatever we can to help them. We can donate our pocket money. We can walk up to help the disabled to cross the street. We can make friends with the disabled by visiting them, by calling them, by emailing them, by whatever means. However, don’t always think we are better than the disabled. As normal people, we always make normal mistakes.

We take it for granted that we can see things while the blind can not. If you know the story about Helen Keller, you will understand why you are wrong. The blind can not see with their bare eyes, but they can see better with their ears. They can see better with their hands. So, help the disabled while you treat them like normal people. And they are normal people!

>英语演讲稿10分钟励志篇11

A son and his father were walking on the mountains. Suddenly, the son falls, hurts himself and screams, \"AAAhhhh!!!\"To his surprise, he hears the voice repeating, somewhere in the mountain,\" AAAhhhh!\" Curious, he yells,\" Who are you?\" He receives the answer,\"Who are you?\" Angered at the response, he scream,\"Coward!\" He receives the answer,\"Coward!\"

He looks to his father and asks,\"What\'s going on?\" The father smiles and says,\"My son, pay attention.\" And then he screams to the mountain, \"I admire you!\" The voice answers,\" I admire you!\" Again the man screams,\"You are a champion!\" The voice answers,\"You are a champion!\" The boy is surprised, but does not understand.

Then the father explains,\"People call this ECHO, but really this is LIFE. It gives you back everything you say or do. Our life is simply a reflection of our actions. If you want more love in the world, create more love in your heart. If you want more competence in you team, improve your competence. This relationship applies to everything, in all aspects of life. Life will give you back everything you have given to it.\"

有一个小男孩和他的父亲走在山中。突然，孩子不小心跌倒了，痛得大叫了一声：“哎呀……”但是令他吃惊的是，他听到了一个声音从山中的某处传出来，重复着他的喊声：“哎呀……”他很好奇，大声喊道：“你是谁?”结果他得到的回答也是：“你是谁?”小男孩听了很生气，大声喊道：“胆小鬼!”结果他得到的回答也是：“胆小鬼!”他看着父亲问道：“到底是怎么回事?”父亲笑着说：“儿子，注意听。”父亲对着山大喊了一声：“我佩服你!”结果传回来的声音也是：“我佩服你!”父亲再一次大声地喊：“你是冠军!”那个声音也回答道：“你是冠军!”小孩子很惊讶，但是不明白其中的原因。

这时父亲解释说：“人们称这为‘回音’，但实际上这就是‘人生’。你说的每一句话，做的每一件事都会回应到你身上。我们的人生只不过是我们所作所为的反映。如果你要这个世界有更多的爱，那么你就要在你的心中创造更多的爱;如果你想让你的团队更优秀，那么先让你自己更优秀。这种关系对任何事情都是适用的，它适用于人生的方方面面。你给予人生的一切它都会回应给你。”

>英语演讲稿10分钟励志篇12

Last night, I watched a tennis game, it was the US open, because there was a Chinese female player came to the semi-final, so I stayed up to watched the game. Unluckily, she was injured twice, though she still wanted to finish the game, her body situation did not allow her to do so. Her insistence moved so many audience, they gave her the biggest applause.

The power of insistence is great, it will help you set free your potential and keep move on. Just for the players, they will face all kinds of incidences now and then, but the will to insist will make them finish the game. Sometimes, people win the game not because of their excellent skills, but their strong will. Those who can stick on to the final line will win people’s applause.

What’s more, when people insist to finish the game, it is the respect that they show to their opponents. Their spirit deserves people’s applause. Insistence is a merit, we should keep it, no matter what we do, we must remember to insist.

昨晚，我看了一场网球比赛，那是美国网球公开赛，因为有中国女选手来到了半决赛，所以我熬夜看了比赛。很不幸地，她两次受伤，虽然她仍然想要完成比赛，但是她的身体状况不允许她坚持下去。她的坚持感动了很多观众，他们给予了她最大的掌声。

坚持的力量是很伟大的，它能让你发挥你的潜力，并且一直走下去。对于运动员，他们会时而不时地面对各种各样的意外，但是坚持比赛的意志会让他们完成比赛。有时候，人们赢得比赛并不是因为他们出色的技巧，而是他们坚强的意志。那些能坚持到终点的人会赢得人们的掌声。

而且，当人们坚持完成比赛，也是对对手的一种尊重。他们的精神值得人们鼓掌。坚持是一种美德，我们应该保持，无论做什么，我们都要记得坚持。

>英语演讲稿10分钟励志篇13

In the State of Zheng. There was a man who wanted to go into town to buy a pair of new shoes.

郑国，有个人想去城里买一双新鞋子。

Before leaving home, he measured his foot with a piece of straw for size. After he arrived at the town and entered a shoe shop, he put his hand into his pocket only to find that in his haste he had left the measurement at home. Thereupon, he turned round and started for home. But when he rushed back to the shoeshop with the measurement, the shop had closed. As a result, he had suanwenw busied himself for nothing.

他离家前先用一根稻草量了自己的脚，把他当作尺码。他到了城里，走进鞋店，伸手摸口袋，从发现因为急着赶路，把尺码忘在家里了。于是，他转身就往家里跑。可是等他拿着尺码赶回鞋店的时候，店已经关门了。结果，他白忙了一阵子，还是没有买到鞋子。

Later, someone asked him:” Were you buying shoes for yourself or for others? ”

后来，有人问他：“你是给自己买鞋，还是给别人买鞋?”

He answered:” For myself.”

他回答说：“是给我自己。

Someone else asked him:” Don’t you have your feet on yourself? You need only to Try on shoes with your feet to get the right size. Why did you go back home to fetch the measurement? “

别人又问他：“脚不是长在你自己身上吗?英语小短文只要用你的脚去试试鞋子的大小，不就可以了吗?为什么还要回家去拿尺码呢?“

The man of Zheng insisted:” I would rather trust the measurement than my own feet.”

那个郑国人坚持说：“我宁愿相信尺码，也不相信自己的脚。“

>英语演讲稿10分钟励志篇14

This is a multiple choice questions, could you tell me: senior year, I use the attitude of how to grow? Answer: happy, pessimistic, make public, positive, rebellious, forbear, stick to, give up and shake of hardship and struggle... You may meet the challenge in the storm, can also learn to strong and enduring in failure. No matter what your choice is, three high, this is the growth of a struggle process.

Mr Yu has been in the \"win in China\" issued a theory of the grass tree: \"there are two kinds of people\'s way of life, the first is like grass alive: growing up again, you still grow up, people can tread you, won\'t produce the pain, because people itself didn\'t see you, so every one of us should grow like a tree. Even if we now are nothing, but as long as you have the tree seed, even if you are stepped on earth the middle, you still can absorb soil nutrients. You maybe two years three older is not big, but a decade eight years twenty years you can grow into towering trees. Tree, alive is a beautiful scenery, dead still is pillars just. Living dead are useful.\" In three of this article is a bit bumpy road, we should all in everyone\'s heart with the seed of a tree. Regardless of wind and rain wet eyes or wind broken skin, should be stalked a steadfast head high to meet belong to high in the thorns. Then, we slowly have a tree trunk, forceful and vigorous. Although there are some see rough arm scar, but was poured with envious eyes.

Perhaps, three journey, we can not long be great trees like Mr Yu said, but, as long as we always have the dream of tree species, we will be able to wait until that day, the sun is shining, shining on us on the green leaves of flashing bright green light.

>英语演讲稿10分钟励志篇15

hello,everyone!

my name is --x, at 200 - years - joined the -- school of information management department of economic information study, and in 200 - years - months before graduation.

succeeded under eat bitter, i come out from the rural areas, have realized that the school career is not easy. in school, systematic study of the economic information management knowledge, while taking advantage of spare time out to do part-time. he was a clerk and the two companies did business and so on. accumulated some experience in social practice, to 200 - years - months - months, has been yishion clothing store clerk and business sales and so on. work in six months time, i have made some achievements, the company completed the sale of the development tasks, in addition to the other branch colleagues to help sell some clothes. in my work, i had successes and failures, but regardless of success or failure, all of my accumulated experience and lessons, work through these six months, i not only personal ability, professional knowledge had improved, he has learned team spirit , the importance of team spirit. i believe that with six months work experience, i more clearly what they have to, what to do, what to do, how to do a good job. i believe that this experience will be my next life, a good start.

thank you!

>英语演讲稿10分钟励志篇16

you will live every single day of your life with absolute passion, and you will show your passion through the words you speak and the actions you take.

you will focus all your time and effort on the most important goals of your life. you will never succumb to challenges of hardships.

you will never waver in your pursuit of excellence. after all,you are the best, and you deserve the best! 　as your coach and friend, i can assure you the door to all the best things in the world will open to you, but the key to that door is in your hand. you must do your part, you must faithfully follow the plans you make and take the actions you plan, you must never quit, you must never fear. i know you must do it, you can do it, you will do it, and you will succeed!

now stand firm and tall, make a fist, get excited, and yell it out:

i must do it! i can do it! i will do it! i will succeed!

>英语演讲稿10分钟励志篇17

When someone looks into your eyes they should see something alive within you. Having a dream is like owning a lighthouse1 which directs you on your journey.

At every turn we come across its mystery. At each new level we become more of the person we were meant to become. In lonely times, when we pass through a storm of disappointment, we find our faith is unshaken, our strength still strong.

Believe in your faith. Set the vision before your eyes. Write down your most sincere dreams and when the opportunity comes, step into your dream. It may take one season or more, but the result is the same. Make big dreams and then go out and make them realities. The highest hopes of the dreamer are revealed with every step taken in their journey to the impossible. For a season we must protect the dream so that it can grow quietly on the inside. But if we tenderly care for our deepest expectations, slowly but surely the dream will become new life.

Dreaming is an act of faith. The light of your expectations will cast off the shadows of a disbelieving world. God has given us the dreamer as a gift to light an unbelieving world.

Find your treasure within and cherish2 it. Tomorrow is waiting for you to take the first step.

别人看你的眼睛时,他应当体会到你内心的活力。怀揣梦想就像是拥有一座引领你前行的灯塔。

每个转折关头,它给我们带来奇迹。每个新的起点,我们脱胎换骨,焕然一新。孤独中我们挺过失望的阴霾,发现我们的信念不曾动摇,我们的力量依然强大。

秉持信念,期盼未来。许下你最真诚的梦想,一旦机会来临,就为之拼搏。也许要花一季甚或更多的时间,但结局不会改变。立大志,倾全力,成现实。前途未卜,唯有一步一个脚印,梦想者的至高希冀才会实现。我们必须珍存梦想,给它一季的保护,让它在内心悄然生发。然而我们还得温柔呵护我们内心至深的期许,慢慢地梦想必将成就新的生命。

梦想是实现信仰的第一步。你的期待熠熠光辉,它会驱逐不信的阴影。上帝赋予我们梦想的天资,去点亮不曾确信的世界。让梦想的财富寄于心中,珍爱它,明天正等着你跨出第一步。

>英语演讲稿10分钟励志篇18

It is the road you take that decides your destiny but not your destiny that decides the road you take.

The question is: Are you satisfied with who you are? Are you doing what you are capable of doing? Do you get excited about what you are going to do when you get up in the morning? It is high time you asked these questions that reflect the truth about your life. More often than not we have the ability to achieve much greater things, but we get caught in the average things in life and waste our potential. Each one of us has immense ability. But most of us fail to use it. Why?

1. There is no exact purpose for your life.

2. You underestimate yourself.

3. You are too busy to think about any-thing.

4. You are in a comfortable zone.

5. You fear failure.

Ask yourself, what difference am I making in the lives of others? Would you be happy and satisfied with what you have achieved? Are you following your passion? You must find what you love and what gives you fulfillment.

Don’t be afraid to make a new beginning. Go deep and explore the possibilities. As you go deeper and deeper, you begin to add meaning to your life.

你所走的路决定你的命运,而不是你的命运决定你应该走什么样的路。

问题来了,你满足于你的现状吗?你正在做自己力所能及的事吗?每天起床后,你会对自己要去做的事感到兴奋吗?英语短文是时候问问这些能反映自己真实情况的问题了。我们总是有机会获得更大的成功的,但是却又常常被日常琐事所累,从而白白浪费了自己的潜力。每个人的能力都很强,但是我们却常常无法正确利用它。为什么呢?

1. 生活没有明确的目标

2. 低估自己

3. 忙到没时间思考

4. 安于现状。

5. 害怕失败。

自问一下,我给别人的生活带来了什么改变吗?你对自己的成就感到快乐和满意吗?你正充满激情吗?你必须找到你所爱的和能给你带来满足感的事物。

不要害怕重新起跑。更深入地去发现可能性。当你对生活理解加深的时候,你就给生活增添了意义。

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