# 英语演讲稿范文【五篇】

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*演讲者根据几条原则性的提纲进行演讲，比较灵活，便于临场发挥，真实感强，又具有照读式演讲和背诵式演讲的长处。以下是为大家整理的英语演讲稿范文【五篇】，希望对您有所帮助。>【篇一】英语演讲稿范文　　good evening , ladies a...*

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>【篇一】英语演讲稿范文

　　good evening , ladies and gentlemen . i am joy and glad to give you a speech about stress , yes , just the topic you see on the screen.

　　psychologist tell us that stress is a state of worry caused by the problem of living , such as too much work or study , heavy responsibilities , and quickened pace of life .

　　statistics show that stress comes from every detail in our life . financial problems , poor health , being laid off may be the stress that most adults now suffering . as students in the university , we are also under our special stress . while study , having to take various tests and submit a project against a deadline may put a great pressure on us . and the things make us felt stressed may be our parents’s greater expectations on us than we could reach . later , when we are likely to graduate , some other problems will also annoy us . i think we will worry a lot about our ability to compete in the job market and how we can best use what we’ve learned at college in our future job .

　　the chief problem we should face to is our atitude towards stress .people usually say they can not live in the sun except they escape from stress . it’s unwelcome ! yes , however , very necessary . just image a world where stress does not exist and people lead their life in a very comfortable way . but is this kind of living condition as perfect as we hope ? without stress , they may feel very satisfied with the current life but lack of power to discover new things . too much satisfaction result in nothing except a countermarch of the society . no stress , no development . so a certain amount of stress is good . it can stimulate us and increase our level of alertness .

　　and our answer to stress is another vital problem . how to do with ourselves when stress suddenly break into our life ? to wave the white flag and admit our unability , to give up to our ideality , or worstly , just to suicide as to put an end to everything … of cause not . the principle is to tackle with stress gentlely and harmoniously. we should try our best to release ourselves . such as to do some exercise , to linsen to traditional chinese music or classical music to ease our minds and to learn to view these changes of life as challenges .it’s no use crying over spilt milk . only to accept what has happened can solve the problem .

　　ok , i think i was under large stress 3 minutes before , but now i am here and have finished my speech . here is the last thing i want to add to my topic ,face to it and overcome it ,stress is also a piece of cake.

>【篇二】英语演讲稿范文

　　istinguished judges, teachers, dear friends:

　　Hello, everyone! My name is cheng xiang yan , I am a junior student come from life science institution .Today, I am very glad to stand here and share with you my most sincere speech‘Flying youth, master our future!’

　　Life is a process of growing up. Saying goodbye to childhood, we step into another important time of life in the pace of young, facing new situations, dealing with different problems.....

　　However, who can really say what the youth is ? A period of time? A belief?An attitude to life? Or anything else? actually, everyone has his ownunderstanding of young, it is a period of time of beauty and wonders, only after you have experienced the sour , sweet ,bitter and salty, can you really become a person of significance.

　　Just like A famous poet said ‘ youth is a lovely song ,where nothing is impossible ,youth is a meaningful book, you’ll be never bored of it ;youth is a rapid river ,it keeps on flowing day and night ;youth is a cup of tea ,it shows you different kinds of tastes in your life.

　　As youth is so precious, of course, we must treasure it .Don’t let the limited time pass by, grasping the young will means a better time is waiting for you in the near future.

　　So,It’s necessary for us to prepare ourselves well for the future to come. having a view on those great men in the history of hunman being, they all made full use of their youth time to do things that are useful to society, to the whole mankind, and as a consequence ,they are remembered by later generations, admired by everyone. so do something in the time of young, although you may not get achievements as these greatmen did ,though not for the whole world, just for youeself, for those around! So, what should we do when we are young? Here,I’ll point out some tips to help equip ourselves.

　　First of all,think of what you’d like to be some day. A teacher ? A doctor ? A writer? Don’t afraid of dreaming of big and great .Since you are young , you can dream of doing anything and becoming anyone in the future. What’s more , never ignore the power of knowledge. Read more books and travel around. For one thing, it can increase your knowledge, for another, it’ll broaden your horizon.

　　Last but not the least , stick to your dream. It easier said than done. After all, future is not all roses. young is just like blooming flowers, they are so beautiful when blooming, which make people feel happy, but with time passing by, after they withers ,most people think they are ugly. and so it is the same with young, we are enthusiastic when we are young, then we may lose our passion when getting older and older. So we should have enough courage and determination to overcome all the difficulties in struggling on the road.

　　I firmly believe one sentence that‘If you think you can, of course you can!’Just believe we can make it! Keep on walking towards our dream. Flying youth , master our future. From today, from now on , are you Ready ? That’s all. Thank you so much for your attention !

>【篇三】英语演讲稿范文

　　Ladies and Gentlemen, Good afternoon!

　　I’m very glad to stand here and give you a short speech. Today my topic is “youth”. I hope you will like it, and found the importance in your youth so that more cherish it.

　　First I want to ask you some questions:

　　1、Do you know what is youth? 2、How do you master your youth?

　　Youth

　　Youth is not a time of life, it is a state of mind; it is not rosy cheeks , red lips and supple knees, it is a matter of the emotions : it is the freshness ; it is the freshness of the deep springs of life .

　　Youth means a temperamental predominance of courage over timidity of the appetite, for adventure over the love of ease. This often exists in a man of 60 more than a boy of 20 . Nobody grows old merely by a number of years. We grow old by deserting our ideals.

　　Years wrinkle the skin, but to give up enthusiasm wrinkles the soul. Worry, fear, self –distrust bows the heart and turns the spirit back to dust.

　　Whether 60 of 16, there is in every human being ‘s heart the lure of wonders, the unfailing childlike appetite of what’s next and the joy of the game of living . In the center of your heart and my heart there’s a wireless station: so long as it receives messages of beauty, hope ,cheer, courage and power from men and from the infinite, so long as you are young .

　　When the aerials are down, and your spirit is covered with snows of cynicism and the ice of pessimism, then you are grown old ,even at 20 , but as long as your aerials are up ,to catch waves of optimism , there is hope you may die young at 80.

　　Thank you!

>【篇四】英语演讲稿范文

　　Honorable Judges, fellow students:

　　Good afternoon!

　　Recently, ther is a heated debate in our society. The college students are the beneficiaries of a rare privilege, who receive exceptional education at extraordinary places. But will we be able to face the challenge and support ourselves against all odds? Will we be able to better the lives of others? Will we be able to accept the responsibility of building the future of our country?

　　The cynics say the college students are the pampered lost generation, which would cringe at the slightest discomfort. But the cynics are wrong. The college students I see are eagerly learning about how to live independently. We help each other clean the dormitory, go shopping and bargain together, and take part time s to supplement our pocket money.

　　The cynics say we care for nothing other than grades; and we neglect the need for character cultivation. But again, the cynics are wrong. We care deeply for each other, we cherish freedom, we treasure justice, and we seek truth. Last week, thousands of my fellow students had their blood type tested in order to make a contribution for the children who suffer from blood cancer.

　　As college students, we are adolescents at the critical turning point in our lives. We all face a fundamental choice: cynicism or faith, each will profoundly impact our future, or even the future of our country. I believe in all my fellow classmates. Though we are still inexperienced and even a little bit childish. I believe that we have the courage and faith to meet any challenge and take on our responsibilities. We are preparing to assume new responsibilities and tasks, and to use the education we have received to make our world a better place. I believe in our future.

>【篇五】英语演讲稿范文

　　ladies and gentlemen,

　　i have had a lot of teachers in my school who have given me much help in my study. for their help i will never forget them. but today i am going to talk about a special teacher of mine. this teacher is not a human being and its name is“computer”. it has been teaching me a lot of knowledge and i appreciate it very much.

　　with the development of modern science and technology, computers are widely used in every teritories including education. how can a computer be my teacher? how does a computer teach me? multimedia(多媒体)helps a lot in this aspect in recent years, and computer-based training (cbt) has become a popular educational medium (手段). even before the multimedia come up, many different learning systems appeared, using the components and techniques we now associate with the term “multimedia”. multimedia components, such as graphics (动画) , animations , sound and video, make the learning process easier through visualization. animations can present many complex subjects dynamically, but human teachers can not do this on blackboards. multimedia makes our study more lively and interesting. for example, a cd-rom disk named “encarta encyclopedia” contains 650 mb information including images, graphics, music clips, video clips, animations , texts, hotwords, and database search functions. fields involved includes physical

　　sciences, performance arts, social sciences, politics, military, education and so on. when pressing a button, i can hear american president clinton\'s speech clip. i may enjoy playing all kinds of musical instruments in the world. i can also see the animation of many physical phenomena. this makes physical concept to be understood deeply. the audio features of multimedia can greatly help me learning foreign languages. with its speech output capabilities, i\'m no longer dependent on an instructor for proper pronunciation.

　　how can i interact with a computer? there are many ways, including keyboard, mouse pointer, and touch screen. i often use a keyboard. when i press right keys, i can see and hear whatever i want. information world is at my fingertip. i wish that true speech input-output system would be invented one day.

　　as teachers, computers have a lot of virtues： they are positive, they have good memories and never lose any information stored in them. they have much knowledge in every field. they can let out all kinds of sounds, and can also improve the efficiency of our study. for example, if i want to, i can skip some chapters so that i can study at my own pace.

　　although computers will never take the place of human teachers, they are welcomed by more and more learners. computers will continue to evolve(发展)with the aid of modern technologies. computers are so powerful, helpful and important that everybody needs it, especially in the future! i love my computer teacher!

　　thank you.

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