# 3分钟英文即兴演讲话题5篇范文

来源：网络 作者：烟雨迷离 更新时间：2024-06-29

*演讲技巧的提升，需要重复大量的训练和复习才会不断将技术性的力量提升到艺术性。所以，演讲技巧，是演讲爱好者们必须学习和锤炼的技能，美国著名演讲家罗杰斯说过，演讲技巧是一切演讲的伴侣。下面给大家分享一些关于3分钟英文即兴演讲话题5篇，供大家参考...*

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**3分钟英文即兴演讲话题(1)**

Teachers， students：

Good morning， everyone!

Thanksgiving， is ubiquitous. What is the reason that I stand here? Isgratitude. Thanks to the support of my teachers and classmates love， thanks tothe school to give the opportunity to thank for a mother for the cultivation ofthanks to my own effort. Because thanks to these， I will stand here today

I know， we should be thankful， grateful to our parents of fertility andgratefulness. Parents to our care and love， parents of selfless dedication tous， we should feel very satisfied and happy.

I know， we should be thankful， grateful to our training school， she gave usa good learning environment， provide us with a lot of opportunities， she can letus stand on the stage of this sacred in the great hall of the people， this makesme unforgettable. The dictionary composition nets：

I know， we should be thankful， grateful to our teachers every， is he (she)brings us from the first grade of ignorance; The innocence of second grade;Grade three naughty; In fourth grade restlessness; The growth of grade five，into today -- a graduating sixth graders. He (she) are among this shed too muchsweat and hard work.

I know， we should be thankful， grateful to give us the gift of nature， theblue sky white clouds， lakes， sea， sunshine， fresh air， flowers and green grass，full of boundless universe.

Gratitude is not only a kind of etiquette， but also a healthy mind. Leteach of us with a grateful heart.

Thank you all!

**3分钟英文即兴演讲话题(2)**

good morning/evening/afternoon， ladies and gentlemen ：

today， my speech is about talents，in my opionion， talents are indispensablein nowadays society. as is known to all that the fight among countries isactually the fight among talents.

first， i\'d like to define the word\"talent\" in my idea， a talent is oneperson who is good at or expertised in some or multiple areas. nowadays， as theworld developing goes on ， if one country want to rank top or do a good job inthe world， the country must have many example， china， the biggest developingcountry in the world， in the past 100 years， is always invaded by othercountries， why ，the reason is that china at that time had not so many talents.if they had anti-intrusion leader talents in the war， needleto say，they wouldhave beat those big they had talents in weapons manufacturing， nodody dares toprovoke ver， nowadays， it\'s a totally different situation， china has becomepowerfulin all over the world， why ? because there are many talents serving thecountry， the civilians become more and more and more people go touniversity，more and more people come to receive further education. so what isthat in return，talents in army protect our country from invasion， talents incommerce help make our economy keep in improving， talents

in aerospace make the world see chinese manned spacecraft flying. talentsin sports make china rank the first in the olympic games......

to sum up， talents will play a more and more impoetant role in the world，if one country intends to flourish， he must foster talents as many as they can，that\'s all。

thank you!

**3分钟英文即兴演讲话题(3)**

Youth is not a time of life; it is a state of mind; it is not a matter ofrosy cheeks， red lips and supple knees; it is a matter of the will， a quality ofthe imagination， a vigor of the emotions; it is the freshness of the deepsprings of life。

Youth means a temperamental predominance of courage over timidity， of theappetite for adventure over the love of ease。 This often exists in a man of 60more than a boy of 20。 Nobody grows old merely by a number of years。 We grow oldby deserting our ideals。

Years may wrinkle the skin， but to give up enthusiasm wrinkles the soul。Worry， fear， self-distrust bows the heart and turns the spring back to dust。

Whether 60 or 16， there is in every human being\'s heart the lure of wonder，the unfailing childlike appetite of what\'s next and the joy of the game ofliving。 In the center of your heart and my heart there is a wireless station： solong as it receives messages of beauty， hope， cheer， courage and power from menand from the Infinite， so long are you young。

When the aerials are down， and your spirit is covered with snows ofcynicism and the ice of pessimism， then you are grown old， even at 20， but aslong as your aerials are up， to catch waves of optimism， there is hope you maydie young at 80。

**3分钟英文即兴演讲话题(4)**

Honourable judges， ladies and gentlemen，

Good afternoon! Today I would like to talk about the importance of keepingoptimistic。 When we encounter difficulties in life， we notice that some of uschoose to bury their heads in the sand。 Unfortunately， however， this attitudewill do you no good， because if you will have no courage even to face them， howcan you conquer them? Thus， be optimistic， ladies and gentlemen， as it can giveyou confidence and help you see yourself through the hard times， just as WinstonChurchill once said， “An optimist sees an opportunity in every calamity; apessimist sees a calamity in every opportunity。”

Ladies and Gentlemen， keeping optimistic， you will be able to realize， inspite of some hardship， there’s always hope waiting for you， which will lead youto the ultimate success。 Historically as well as currently， there are too manyoptimists of this kind to enumerate。 You see， Thomas Edison is optimistic; ifnot， the light of hope in his heart could not illuminate the whole world。 AlfredNobel is optimistic; if not， the explosives and the prestigious Nobel Prizewould not have e into being。 And Lance Armstrong is also optimistic; if not， thedevil of cancer would have devoured his life and the world would not see a5-time winner of the Tour De France。

A rose may be beautiful， or maybe not; that depends on your attitude only，and so does success， so does life。 Hindrances and difficulties do exist， but ifyou are optimistic， then they are only episodes on your long way to the throneof success; they are more bridges than obstacles! Now I prefer to end my speechwith the great British poet Shelley’s lines: “If winter es， can spring be farbehind?” Thank you!

**3分钟英文即兴演讲话题(5)**

Good afternoon ，ladies and gentlemen!

I’m very honored to stand here and give you a short speech! my topic isOpportunities and Challenges。

First， I would like to know， what does your destiny offer you? Happiness，wisdom， a strong body or something else。 If I had asked this question topresident Nixon， he would probably had said，”Our destiny offers not the cup ofdespair， but the chalice of opportunity。”

Needless to say， one of the biggest opportunities given to China is the20\_ Olympic Games。 Till now， we have used two sevenths of the preparation time。How much changes have you seen? New roads， new subway lines， public-exercisingequipments with beautiful colors， large blocks of grass fields， and also lots ofmodern gyms which are under construction。

Other than those， there are even more good effects brought to us by theOlympic Games that cannot be seen directly。 For example， more and more peoplewill get to know China。 I’m sure the mysterious Chinese culture will attractthem strongly。 And the games will also do good to the economy and environment，for it is gaining the attention of foreign investors and the awareness ofenvironmental protection is being strengthened。 What is more， Olympic Games givea unique opportunity to inspire and educate a new generation of Chinese youthwith the Olympic values and the Olympic spirit。 Now that we have seen so manyadvances， could you even imagine us losing the holding rights?

I’ve already said a lot about the Olympics and China。 But I think everyoneshould use some time to think of this question， ”Does the Olympic Games have anyspecial meaning to you?”

For us， I mean the Chinese youth， 20\_ Olympic Games is a tremendous gift。Because what we are waiting for is to do something significant as repaying thelove given to us 。The society is just like a ship， and in our dreams the captainis waving his hand and saying ”Hey! Come here and take the helm! ”How charminghis voice is， but we have never heard of it in our true life。 This morning，however， when we wake up， we will see the Olympic Games waving its hand。 Afterchewing， most of us will have at least one plan about what to do for the OlympicGames。 And mine is to be a “forter” ----that is someone who will give fort toothers。

At the end of my speech， I hope all the preparation will go well， andeveryone will show their ability to the world。 Let us seize opportunities andgive a big smile to challenges。

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