# 3分钟的英语演讲主题5篇范文

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**3分钟的英语演讲主题(1)**

as we know, you have to learn how to fly much more independently instead ofunder your parents’ considerate protection when you get into college, which alsomeans you will come across enormous questions that should be solved by yourself.from my point of view, those main problems can fall into three parts.

first of all, the complicated relationship. for one thing, you have to knowhow cultural differences function in your relationship and respect them. inaddition, college students spend less time studying together owing to differentcourses’ choosing, which requires us to devote more energy to buildingrelationship. for the other thing, it is also vital to communicate with yourparents often by using mobile phones or other tools.

secondly, the temptations. the college serves us a more relaxed environmentmixed with other temptations such as the internet, alcohols and so on. what’smore, the college teachers won’t compel you to study like before, you doze offor play cell phone in class, and you flee up the morning class because you getup too late. such too frequent behaviors will cripple your passion andenthusiasm towards life, so it is essential for us to resist these temptationsand insist pursuing our own goals.

thirdly, the balance between study and work. most of us will choose to takea part time job to earn the extra money or just to exercise ourselves. but it issignificant to keep a relatively balanced relationship between them since ialways regard the study as our main task, so my principle is adjusting work tofollow the schedule of study.

in conclusion, whatever issues we meet or miseries we suffer from, confrontthe hash reality head on, what we can do is remembering the past, living in thepresent and looking forward to the future.

**3分钟的英语演讲主题(2)**

good morning teachers and fellow students. today we would like to introducea few favorite books to you.

my favorite book is (italian: cuore). this is a diary written by an italianboy enrico. the diary is about his life and study. it included various touchingstories that happened around enrico, the mottos taught by his parents, as wellas the wonderful ten \"monthly\" stories told by his teacher during the class.every word in the chapter describes the word \"love\". from patriotism tofriendship, and to the love between parents and child -- really touching.

this novel taught me how to love, and how to learn from love. i really likethis book very much. how about you? what is your favorite book?

my favorite book is . have you read it before?

oh, i haven’t read this book before. what is it about?

well, it is a story of a rich girl who maintained her noble character afterthe bankruptcy of her father. the story is happy ending.

can you tell us why you love this book so much?

sure. it is because the story taught us to be brave and to face thechallenges and difficulties with courage. i am deeply impressed by the strengthand perseverance of the little princein the story. i have decided to learn fromher from now on.

oh i see, the story sounds very good. i cannot wait to read this book aswell.

**3分钟的英语演讲主题(3)**

Hello， ladies and gentlemen! It is my honor to share my topic with youhere。 And my topic is Time Is Valuable。?? Time flies。 The article cong cong ofZhu Ziqing also tells us time is rare。 We all know that ：Time is life， at homewe have parents advisement， at school we have teachers advisement。 But whotreasures time as life?

Now let’s enjoy a story： One day a young man visited great educatorBanjieming。 When Banjieming opened the door， to the young man’s great surprise。：his house was very dirty。 “I’m sorry， It’s too dirty。 Wait a minute please。Banjieming said and closed the door。

One minute later， Banjieming opened the door again and said： e in please 。This time what the young man saw was a clean and clear sitting room。

“OK， You may go now。 Banjieming said ， “But I ， I havn’t remit to you”。 Theyoung man asked。 “Isn’t it enough? Looking at the room， “ Banjieming said。 “Youhave been here for one minute。” “One minute? One minute， Oh I know。 You tell mea truth： We can do many things in a minute。” The young man left withsatisfaction。

The story is short but meaningful。 Just like the story says：

one minute isn’t long。 But our life is made of such minutes。 In fact onlytreasure time ， will you succeed， only treasure time， will you realize yourideal。 Only treasure time will you achieve what you want。

We should make good use of time to study hard or to do something meaningfulfor yourself。 So， we should plan the time to study and relax，especially at usewe have more free time at home，so that we can use that time to do a lot ofthings。

However，how can we plan the time? There are different ways for differentexample， somebody like to study in the morning， and relax in the the contrary，somebody like to relax in the morning， and study in the body even think the besttime to study is in the erent ways for different all the ways have one thing inmon。

That is the need for practical action。 If you want to change a difficultsituation， if you want to change yourself， if you want to make good use of timeto study， you must put into not， your plan will be not meaningful。

So dear fiends， please treasure every minutes of your life。 Only like thiswill you have an excellent future。 Thank you very much。

**3分钟的英语演讲主题(4)**

One night， I plained to my mom about the lack of time。 Finally shesaid，\"you are short of time just because you waste precious minutes on plaintsand anxiety。 The point is， no matter how full your schedule is， if you tryreally hard， you can always fit in some thing more。\"

It is the same with filling the jar。 Even if you place a dozen fist-sizedrocks and a bucket of gravel into the jar， there is still space for sand andwater between the rocks and gravel。

The lack of time is just the excuse for my negligence of every singleminute。 I believe that the great piding line between success and failure canbe expressed in six words，\"I did not have enough time。\"The fact is I do haveexactly the same number of hours per day that were given to Helen Keller，Pasteur， Thomas Jefferson， and Albert Einstein。 The point is I have nevertouched upon the real meaning of life which lies in snatching， seizing andenjoying every minute of it。 No idleness， no delay， no procrastination， noplaint! It is during my moments of plaining or hesitation that my destiny isshaped。 Once I make full use of every moment， I believe that， my worries will begradually cut down to nothing。

Time is the most valuable of all our possessions， but the most perishableas well。 As Henry David Thoreau said，\"You must live in the present， launchyourself on every wave， find your eternity in each moment。\"

Whenever I fell the lack of time in the future， I will tell myself \"Carpediem ， seize the day， make every moment count。\"

**3分钟的英语演讲主题(5)**

Good morning，ladies and gentlemen，today i am so happy to stand here to giveyou a speech。Or rather， a real story of mine。

Though with time going by，i can still remember what you once told me。Youshould be a brave girl。Smiling，you looked into my eyes。Year in，year out，nearlymost of my memories are fading little by little。But only this simple sentenceremained，without being forgotten in my life。

Again and again，i can not stop myself from thinking about it。Soordinary，but so impressive，so moving，just like the brightest sunshine，it helpsme go through the darkest night。I am such a sensitive girl in your heart。Yousaid，my sorroful facial expression made feel so distersssed。However，there is onething i never tell you，that is ，i am being a big girl gradually with your wordsand smiles。I never tell you about it，for i believe oneday，you can see the greatchanges of mine for yourself。That is what i want to do in return。As i know，thatwill be the best gift for you。

I suddenly think of a song named MY HEART WILL GO ON。There is a beautifulsentence going like this。You are safe in my heart。More than once，i was moved totears by it。I know ，i am also safe in your heart。i have already forgotten when itold you i was going to leave for Australia this summer holiday。You just smiledas usual，gently speaking。Whatever you decide to do，i will be in favor of it，but，just onething，remember，when you fell lonely abroad，do not forget we are here，praying for you。We are all around you，far across the distance and space betweenus。i closed my eyes，the flashback started。The memories we had together，once weplayed games on the palyground，we played jokes on each other，you always wrote alot of sentences on my articles to encourage me。And the most unforgetablething，you told me，you believed m i could be a big girl。Sooner or later。

At that specific moment，i suddenly understood the meaning of this sentencetotally。So on that day，i smiled as you used to，looking at you。The last words isaid were，keep walking in sunshine。

Yes，keep walking in sunshine。I said to you ，also to myself。I know i am notalone wiht your pany，and we can keep walking in sunshine till the last minute ofour days。

I promise，i will be a big girl。

I promise，i will be a brave girl。

I promise，i will keep walking in sunshine。

That is my speech，thank you!

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