# 女鞋的穿着礼仪

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*女鞋的穿着礼仪（精选5篇）女鞋的穿着礼仪 篇1 基本女鞋穿着总结 夹脚凉拖连续穿着时间不宜过长，最好穿一天休息一天。要注意前掌夹趾材料的选择，尽量选择比较柔软、不刺激皮肤的材料。 超高高跟鞋穿着超高高跟鞋，应该在鞋的内部添加一些缓解压力的内...*

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女鞋的穿着礼仪 篇1

基本女鞋穿着总结

夹脚凉拖连续穿着时间不宜过长，最好穿一天休息一天。要注意前掌夹趾材料的选择，尽量选择比较柔软、不刺激皮肤的材料。

超高高跟鞋穿着超高高跟鞋，应该在鞋的内部添加一些缓解压力的内垫，比如硅胶垫片，能够缓解前脚掌的压力。

尖头皮鞋处在生长发育期的青少年，脚在不断地发育、长大，不适合穿窄小的尖头鞋子

超薄平底鞋建议鞋跟将鞋高度控制在3~5cm左右

松糕鞋选择松糕鞋尽量选鞋底面积较大较平的，这样可以增加稳定性，能够预防跌倒，同时鞋的高度最好不要超过5cm。

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1.遇到新鞋不易穿时不要勉强

2.应使用鞋拔，拖鞋时不要踩着后跟，以免出现堆跟现象

3.皮鞋不能受潮，雨浸，水刷，暴晒及火烤，应尽快以干布擦净并用纸撑起，放通风干燥处晾干。

4 真皮底勿踩水、碎石及硬物，建议打上橡胶底，以延长寿命。

5 穿着时定期查看掌面(鞋跟着地面的添加层)，发现有深度磨损应及时更换。

6 由于人的脚汗作用，真皮鞋里会出现脱色，属于正常现象。

7 钻石、金属饰扣为手工镶嵌，穿着或至于潮湿处会出现氧化脱落或掉色，属于正常现象。

8 鞋子不宜连续穿着超过两天，以便让皮革有喘息的机会。

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Fashion is the style and custom popular at a certain period, and is most commonly used to describe the popular clothing style. There are so many fashions promoted every year, even every season. Therefore, it s difficult for the general people to follow all the time. In my opinion, we can pursueof fashion, but it should be followed with appropriate means.

First of all, people always try their best to look good, and the standards of beauty are different in various periods. People pursueof fashions can make them look better and well accepted by others. With the pursuit of fashions, people may try new activities and experience new products, which have enormously beneficial effects on social civilization and the development of science and technology.

However, the pursuit of fashion should be reasonable and practical. When we blindly follow the trend only to show off, the pursuit of fashion will become the pursuit of luxury and waste. It s easy for the fashion followers to be sucked into commercial traps and lead them far away from their original objectives and values. The meaningless fashions may cause great wastes of our social resources. Besides, some people think that the pursuit of fashion is the pursuit of expensive things. It s a wrong understanding of fashion, and it will do harm to the fashion itself.

Fashion is a good thing if we pursuit in appropriate means. It will help us to make a good image and build confidence. But we must remember that what suits ourselves best is unique for everyone and will never be out of date.

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The European idea of fashion as a personal statement rather than a cultural expression begins in the 16th century: ten portraits of German or Italian gentlemen may show ten entirely different hats. But the local culture still set the bounds, as Albrecht D rer recorded in his actual or composite contrast of Nuremberg and Venetian fashions at the close of the 15th century (illustration, right).

Fashions among upper-class Europeans began to move in synchronicity in the 18th century; though colors and patterns of textiles changed from year to year, (Thornton), the cut of a gentleman s coat and the length of his waistcoat, or the pattern to which a lady s dress was cut changed more slowly. Men s fashions derived from military models, and changes in a European male silhouette are galvanized in theatres of European war, where gentleman officers had opportunities to make notes of foreign styles: an example is the Steinkirk cravat (a necktie) (see Cravat). The pace of change picked up in the 1780s with the publication of French engravings that showed the latest Paris styles. By 1800, all Western Europeans were dressing alike: local variation became first a sign of provincial culture, and then a badge of the conservative peasant (James Laver; Fernand Braudel). Fashion in clothes has allowed wearers to express emotion or solidarity with other people for millennia.

Modern Westerners have a wide choice available in the selection of their clothes. What a person chooses to wear can reflect that person s personality or llikes. When people who have cultural status start to wear new or different clothes a fashion trend may start. People who like or respect them may start to wear clothes of a similar style. Fashions may vary significantly within a society according to age, social class, generation, occupation and geography as well as over time. If, for example, an older person dresses according to the fashion of young people, he or she may look ridiculous in the eyes of both young and older people. The term fashion victim refers to someone who slavishly follows the current fashions (implementations of fashion).

One can regard the system of sporting various fashions as a fashion language incorporating various fashion statements using a grammar of fashion. (Compare some of the work of Roland Barthes.) Thornton, Peter. Baroque and Rococo Silks. This is an example list of some of the fads and trends of the 21st century: Capri pants, handbags, sport suits and sports jackets, ripped jeans, designer jeans, blazer jackets, and high-heeled shoes.

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Fashion is the style and custom prevalent at a given time, and is most commonly used to describe the popular clothing style. For the purpose of beauty, people like to chase fashion, we can find the company promote different styles in different season. On my opinion, the pursuit of fashion has positive significance, while we should not over the limitation.

On the one hand, fashion promotes the development of economy. When the company promotes the new style, people will be longing for the products, so they are willing to spend money on them. This also gives the company motivation to develop the new products.

On the other hand, the pursuit of the fashion should be controlled in the certain limitation. Some people pursue the fashion just for the purpose of showing off, so they buy the newly products as more as possible. It is known to all that the newly style is very expensive, not everyone can afford them. Some even borrow money to buy the products. These are unwise consumption.

Chasing the fashion is acceptable, everyone wants to look beautiful, but we should spend money at the certain level.

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